

# HEALING ENERGY AND WATER

By Steve Gamble IGPP

1

Like many people today, I cannot understand why our society is getting worse, why violence is on the increase and why we are increasingly interfering with Nature and repeatedly raping Mother Earth by destroying her rainforests, polluting her atmosphere, her rivers and oceans. I cannot understand why we are producing more and more toxic chemicals, GM foods, irradiated foods, cloning of animals and humans, especially, as a collective society, we are supposed to be turning more to spirituality than materialism and our awareness of alternative and natural treatments for illness and disease is on the increase. Yet we are also witnessing more and more new and strange illnesses and diseases today.

Throughout all my inner searching for clarity and some form of understanding of these obvious problems we face today and as to the possible reasons or causes for them, one question remained prominent in my heart. If human beings were not on this planet would the Earth be in such a mess as it is today? The disturbing and recurring answer I came to was a resounding NO.

Through contemplation and meditation and spending time in Nature and observing how nature worked, I began to appreciate and understand how everything in Nature on an energy level worked in the same simple way to maintain equilibrium - we humans included. However, on a physical or intellectual level it appears we humans are working almost exactly opposite to the natural way we should be, and this is affecting the balance and health of our energy fields and our consciousness and also the natural environment of the Earth.

Nature and all living things, humans included, works in a very simple way to maintain balance or equilibrium. Gradually, watching and learning from the way these energies worked, it became clear how we could all work towards bringing the body back into balance and how we could Space Clear or balance energies in a room or building and how we could help, not only ourselves, but the environment and the Earth, and ultimately all living things. Simply by working *in accordance with Nature* and in keeping with the way in which we are designed to work - and not against it. I soon began to realise that everything from a cell to a planet, humans included, worked in this same simple way, yet the intellect, the mind and the ego would have us believe otherwise.

Nature works from **IN to OUT**, from the centre expanding outwards. It is similar to a droplet in the centre of a pond sending ripples outwards away from its source. Likewise, we do not plant a giant oak tree and watch it turn into a seed. We plant the seed and admire how it grows and expands into the magnificence of the oak tree. This is how creation works, from in to out or small to bigger, we included. If the tree were to find out about its origins where would it look? Would it look externally, outside of itself for the answers, or would it look internally to the seed that gave it life? It is the same with the ripple in the pond. To discover where it originated from would it look back towards the centre of the pond or would it climb out of the pond and search in the wrong direction?

Today, we humans are like the ripple that has climbed out of the pond searching externally for the answers to our origins and well-being. Today, we have been conditioned to look externally for the answers instead of within us to the source of our creation and the energy which gives us life. This inner journey is how many shamans of the past, and some indigenous tribes today, procured their knowledge of the biochemistry of hundreds of tropical plants without any education or scientific knowledge. In fact, in the so-called superior intellectual capacity of the western world we look upon these remarkable people as 'stone-age barbarians'.

It would appear we have stopped listening to our intuition and today; instead, we rely upon our mind and our intellect to guide us and advise us. Could this be a mistake? The word **intuition** comes from – **INNER TUITION**. By looking within, back towards the source that gave us life and continues to feed us today, we are able to learn many things the intellect and the ego would otherwise deny us.

We do, as all living things do, interact naturally with everything around us on an energy/consciousness level. But we do so on a subconscious and, therefore, natural level. It is only when the intellect encourages us to open up our energy fields and upset this natural balanced interaction that we begin to create problems for ourselves.

So where do we humans fit in with creation and nature and how can we bring our bodies back into balance and restore health in our energy fields and physical body?

## ENERGY

Many of us today appreciate we are composed of energy to some degree. We measure the electrical activity of the brain with an Electroencephalogram (EEG), the heart with an Electrocardiogram (ECG). We can stimulate a muscle to contract and relax by reproducing the electrical potential it needs to carry out this task. But it is only

when we look deep into the physical body that we can begin to comprehend the immense energy that we all are and the potential we all have.

If we cut open the human body and pull the skin and fatty tissue aside, we see that the body is jam-packed with body parts. However, if we magnify through these organs, tissues, compounds and molecules we come to the ATOMS – the building blocks of life. We are, as are all living things, made up of atoms and an atom is composed of **99.999% SPACE or ENERGY/LIGHT**.

**This means that we humans are composed of 99.999% energy or light too!** Only it doesn't appear that way because we have been conditioned over the years to become intellectual rather than spiritual and so now, we only perceive reality through our limited five physical senses. This in effect allows us to see only the illusory reality, the 0.001% of who and what we are and so today we focus our attention on the 0.001% – the physical part - which is of course totally disproportionate to what we are composed of.

If we begin to move out of, or expand from the atom – the energy that we are – and towards the biochemical aspect of ourselves, we discover that even **our DNA is composed of light** (energy) and it emits photons or information/instructions in the form of light-particles to our cells on how they should behave, replicate and so on.<sup>1</sup> The wavelength at which DNA emits these photons corresponds exactly to the narrow band of *visible light*: 'Its spectral distribution ranges at least from infrared to ultraviolet.'<sup>2</sup> The light/energy in our DNA is a highly coherent source of light<sup>2</sup>, which means it is balanced. The light of our DNA is fed from the 99.999% light that all living things and we are composed of. This is why we find DNA in all living organisms. This expansion of energy from within the atom continues through our DNA, through our cells and out of the physical body to form what is commonly referred to as the Auric or Biophysical Energy Field.

Everything in the physical universe is composed of light or energy and today we can photograph these energy fields around our cells, plants and the human body. Today, more people are able to see these energy fields or sense or feel them – hence we have many energy or healing modalities. Young children in particular can see these energies and this is evidenced in their drawings of humans which generally have the eyes, nose etc., in the right place but the hair is almost always standing on end and depicted in bright colours. Many young children also have what we conditioned adults believe to be purely imaginary friends, when with hindsight, they may actually be seeing part of the greater reality of what is - the 99.999% of what we are.

We know from many scientific experiments and our own personal experiences with plants that they respond positively to the emotion of love and negatively to the emotion of fear and there have been numerous experiments which confirm that all living things are able to communicate with each other and share information. Just how do all living things interact and communicate with each other? We need to examine the properties of water to discover the answer to this enigma.

## WATER

The majority of people consider water to be no more than a liquid for quenching the thirst, bathing in and for putting out fires. In reality water is one of **THE** most important substances in the physical reality and has some very profound properties indeed. The other is light energy as we have just discussed.

A water molecule has a north and a south pole and is separated by a dipole length. Similar if you like to a magnet. Therefore, water has memory and the ability to store information in the same way as a magnetic cassette tape or videotape records information.<sup>3</sup> The science of biophysics has shown that even when they dilute a solution to D200, which is 1:10<sup>200</sup> they can not only measure the electromagnetic frequency of the original substance introduced at this dilution, **but they can also photograph the energy field of this substance too.**<sup>4</sup>



Fig. 21a: Original tissue of arropa belladonna

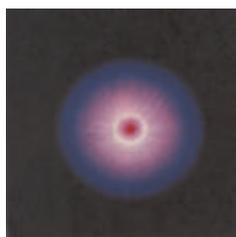


Fig. 21b: D1 of arropa belladonna

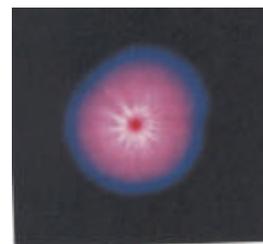


Fig. 21g: D200 of arropa belladonna

This is unequivocal proof that water stores information on an energy level. This is exactly how homeopathy works. Water can also store information for long periods of time and share this information with humans and other living organisms.

When we examine some of our most distant history we find records of our ancestors referring to water as the ‘emotion of the Earth’ and ‘the consciousness of the Earth’, and this is very true. What is the Earth and a human primarily composed of? We are both composed of **70 - 80% WATER**. Water in this physical reality is **Consciousness**; it is a memory bank of stored information and our physical means of identity. As emotions are a powerful energy, water stores emotions very easily, which is why we humans are emotional beings.

So how do these two important elements of life – **ENERGY/LIGHT** and **WATER** - work together in this physical reality?

If we look at our cellular environment we find that **DNA** lies in the centre of every living cell coiled like a snake or a serpent and surrounded by water or intracellular fluid. As we know, our DNA is composed of light and emits **photons** – particles of light that contain information or instructions – and this information is transmitted through the watery environment of the cell on how it should perform and replicate. This inner energy (light) is expanded outwards through our watery environment and extends outside of the physical body forming the Auric or Biophysical Field, courtesy of the water molecules in the air around us. In addition, part of this inner light is utilised in our biochemical environment to provide a different form of energy: Adenosine Triphosphate (**ATP**) which governs our biological processes. ATP is a nucleotide molecule found in all cells. It is used to drive the thousands of biological processes needed to sustain life, growth, movement and reproduction. ATP is the Universal energy-carrying molecule and is indispensable to the life of a cell.

All our cells are surrounded by extra or intercellular fluid too, and water is the medium through which all our cells remain in constant communication with each other on an energy level. This is how, for example, the Autonomic Nervous System and its two branches work meticulously to maintain equilibrium in the body and how the immune system monitors the body for invaders or imbalances and how it knows where to send its troops when the body is under threat; all without us having any conscious awareness of, or input into, what is going on. We can see here that the mind or the intellect has no idea or comprehension of what is actually going on in the body to maintain equilibrium and health. Yet the mind still insists that it knows all the answers and we tend to live our lives by the thoughts and directions of the mind's influences and beliefs.

The science of biophysics has been able to determine that when a cell association dies, it dies as a complete entity and not cell by cell, which shows that some form of cellular communication is indeed going on.<sup>5</sup>

We can see here the importance of light – the 99.999% of what we are – and the importance of water in this physical reality. Both are required for life to exist. In effect what we have is the following equation;

$$\text{NON-MATTER} \rightarrow \text{DNA CODE} + \text{LIGHT} \rightarrow \text{WATER} = \text{MATTER/PHYSICAL LIFE}$$

(99.999% Light/Energy)

We can clearly see that creation works from in, to out, *from the light within into the water without*, or from the centre – from the light within the atom - continually expanding outwards like a droplet in a pond. In effect the physical reality is the ripple that reaches the edge of the pond, it is the end result of creation. The physical reality is merely a reflection of the inner reality and our DNA is the axis point of the reflection of the light within into the water without. This is how we animate (energise) and feed the physical body.

Water is the medium by which all life stores and shares information and through which all things interact. When we can truly appreciate the immense properties of water we can begin to understand many of the so-called anomalies of life today. Such as how ESP works or how psychics can walk into a room or building and ‘sense’ or ‘pick up’ events that happened many years ago, simply because the information and the emotion of the event is stored in the water molecules in the air, the floor, the ceiling, the walls, the furniture and so on. The properties of water explain past life experiences because the Earth’s consciousness holds the memory of what has transpired before, it is one huge memory bank of information and emotional energies of the past and present. As emotion is a very powerful energy then emotional energies are more readily stored and retained in the Earth’s consciousness and as we know, past life experiences are generally very emotional indeed.

The properties of water also explain how Healing and Distant Healing works. Remote Viewing, Remote Sensing and Remote Influencing - popular methods used by the military and intelligence agencies – also work through the medium of water. The properties of water explain how we can meet somebody for the first time and

have an instant like or dislike for the person before anything is said, simply because we are communicating with them through the ability of the water molecules (consciousness) to share information, and we do this sub-consciously. We can also understand how telepathy works and so much more.

We can understand how man-made unnatural energies such as EMF's or microwaves – even other peoples negative energies - can share their unbalanced information with us and the potential these energies have to change or damage the information or memory stored within our cellular environment, simply because our body, through our watery environment can take on board and store this unbalanced energy in its memory banks. This is exactly how a diseased cell replicates itself. The replacement cell is reproduced in the likeness and from the memory of its diseased host cell. This is how, for example, a tumour replicates itself and can continue to grow. (See Shopping For Spirit articles on [www.equilibra.uk.com](http://www.equilibra.uk.com) for more information).

In effect, when water stores energies or incoherent light from man-made toxic chemicals, additives, pesticides, EMF's, mobile phones and their towers, for example, **these unbalanced energies then begin to distort or scramble the coherent light emitted from our DNA** and the **information** carried by this coherent light and the corresponding instructions to our cells on how to replicate and behave, **is altered**. This process alters our energy fields in a detrimental way and this *corresponding imbalance is then reflected in the physical as our cells begin to replicate in accordance with the 'instructions' carried by the distorted or scrambled light/energy*. **This is the onset of what we call physical illness and disease.**

We can see that we need coherent **light in water for health and balance** in this physical reality, for it is this light that purifies the water – our consciousness and energy fields – and enables us to maintain equilibrium and therefore physical health. Also, the light in water determines the strength and vitality of our energy fields and its ability to deal with negative energies. We can also see that this light – this purifying energy - comes from *within us* and **not** from outside of us. However, we do interact with beneficial energy/frequencies from the Earth and Nature, though sadly today these beneficial energies have become compromised by what we humans have created over time. Nature and all living things work in this simple way, humans included. We all strive to maintain equilibrium through a process known as implosion and explosion. This is how our chakras work. Our chakras are vortices of energy which spin both ways and implode and explode at the same time. In effect, they implode negative energies back into the light within where they are purified and then they explode the purified and balanced energies back out into the physical reality. This is how we keep our consciousness and energy fields balanced and how we contribute to balancing the Earth's consciousness. We work in exactly the same way as Nature works.

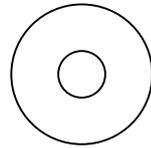
The science of biophysics discovered that the physical body is not designed to become ill. Only when the defence mechanism of the body – its consciousness or energy fields (Aura) – becomes weakened do we actually become ill.<sup>6</sup> Therefore, something somewhere must be interfering with our natural process of implosion and explosion. Toxic chemicals in the air, our farmland, our water and our food contribute to this interference, as do certain medicines and vaccinations. Chemicals used to treat our water remain in the water in an energy form and can share this imbalance with our bodies. However, the biggest interference in this natural process comes from the MIND or more correctly the EGO and through the emotion of fear.

There are only two emotions – **unconditional love, which is balanced** – and fear, which is unbalanced. Collectively, what has been the overall emotion of human beings over the last few thousand years or so? Would **FEAR** be a fair answer? I feel it would. Humans, in the main have lived and continue to live in fear. We are becoming more aware today of how our emotions can affect our health and how unbalanced emotions can cause blockages on an energy level, which consequently can cause physical disharmony, or illness and disease. Can we imagine what the cumulative effect the unbalanced emotions of our *collective consciousness* – **some six billion people today** – can have upon the Earth's energy fields and overall health? As water stores emotions very well, can we appreciate what has happened to the Earth's consciousness - its energy fields - over the last few thousand years and what is happening to them today?

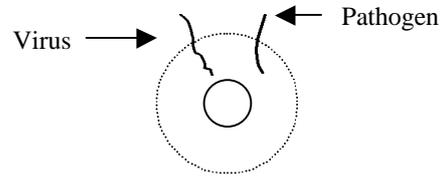
Every thought, belief, fear and emotion – all being energy - is stored in the Earth's energy fields which surround and interact with all living things. So, over time, we humans have created an imbalance within the consciousness of the Earth through our fear-based emotions and actions and we are merely intensifying the imbalance today. We have literally created a disease outside of us and this disease is being fed back into our own energy fields affecting our own consciousness and consequently our own physical health. We take in this unbalanced emotional energy with every breath we take, with every drink we consume and with every meal that we eat – all being replete with water molecules – consciousness/memory. We are also interacting with these external energies through our own energy fields every minute of every day. There are other ways too where we innocently

unbalance our energy fields to an even greater extent. One way is through our mind which can be influenced by the ego and beliefs of other people.

ENERGY FIELDS



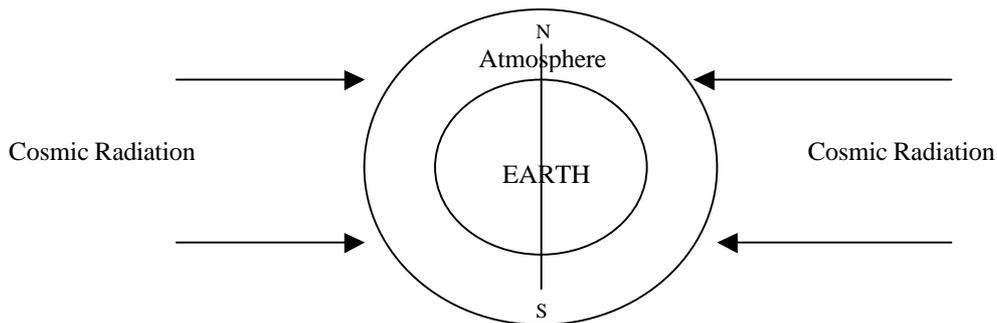
Healthy Cell



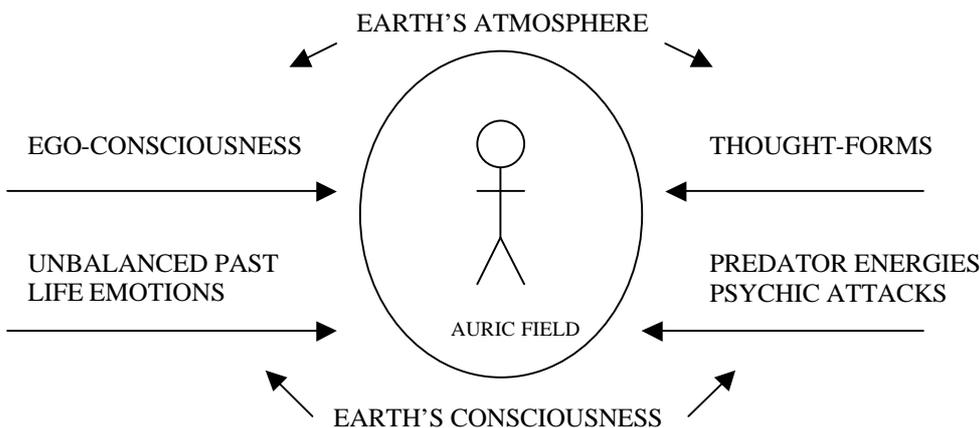
Unhealthy Cell

If we refer back to our cells, we know from science that when the energy field of the cell is strong and vibrant, the cell is healthy and will reproduce in a healthy and balanced way. However, if the cell's energy field becomes weakened, then a virus or pathogen can enter the cell and render it unhealthy and unbalanced. The cell would then reproduce in an unhealthy way.

We can see the same principle in operation when we look at the Earth's Atmosphere and its magnetic field – the Earth's energy field or consciousness – its aura if you like. If it were not for the Earth's Atmosphere, then every living thing on this planet would be 'fried' by the dangerous radiation that the Earth is constantly subjected to from outer space.



We can see that, like the cell's energy field, the Earth's atmosphere and magnetic field, its aura, acts as a **form of protection**, a buffer, or more correctly, a *filter* to external energies. The Earth's energy field helps to filter dangerous cosmic radiations (energies) and to transform them into a more usable form. Nature works in the very same uncomplicated way no matter how large or small an entity or process may be. **Our own energy fields or auras work in this same natural way.** Our aura acts as a form of **protection against outside energies**, filtering external unbalanced energies to a manageable level for our chakras to comfortably implode this energy, purify it and return it to the outside consciousness of the Earth. We humans work in accordance with how nature and all living things work, as all living things strive to maintain balance in their own energy fields first and then the energy fields of the Earth.



We can see that from a cell to a planet, energies work in the same simple way to protect us from outside negative and potentially destructive forces. Yet today, in many walks of life **we are encouraged to open up our protective auric fields and allow external energies** into our protected environment. We are generally encouraged to open up the crown and the root chakra and sometimes we are persuaded to open up our heart chakra too.

**In effect, our energy field acts just like our skin does. It PROTECTS us from external threats** and pathogens. We know that when our skin is breached through trauma, injury, or by accident, that we can then develop an infection because external entities have penetrated our protective layer. Likewise with fire burn victims. If they actually survive the initial trauma caused by the burns and the smoke inhalation, then the biggest threat to their life after this comes from the possibility of an infection setting in where the skin has been lost.

So we can clearly see that our energy field is there to protect us and can only do so when it is intact and healthy. In opening up our energy fields in this way we are working against the natural flow of creation – from in to out - and we are allowing more negative energies into our immediate environment than we and our chakras can cope with. Our chakras cannot implode this amount of negative energy and they become partially blocked and our ability to implode and purify external negative energies and our own consciousness and energy fields are severely hampered. Additionally, we are also gradually **weakening our defence mechanism** – the Auric field. This makes it even easier for external energies to enter our energy fields unfiltered where they can cause damage, further compromising the strength and vitality of our energy fields and the overall balance of our human consciousness.

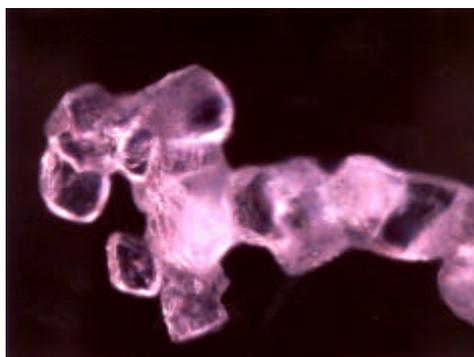
When the energy fields of a cell are balanced and healthy, it reproduces in a healthy and balanced way. When the energy field of the cell is weakened the cell becomes unbalanced and unhealthy and reproduces in an unhealthy or diseased way. It is the same with us humans. We create in our own likeness in accordance with our ‘memory’ or consciousness and if our consciousness or energy fields have become unbalanced, then we literally create in our own image, meaning we create more imbalances in the world. Which is why we have created a greed or profit before all else mentality, leading to wars, toxic chemicals and medicines, more violence in our society ruling through fear and ignorance and why we create GM foods, irradiated foods, nuclear weapons, potentially dangerous EMF’s and microwaves and all the rest of the imbalance we can witness today.

We can clearly see that it is the quality and **purity** of the water molecules within us and outside of us, which determine the well being of our physical and energy body, and it is **the amount of light present** in the water molecules which determines its purity and balance. If light in water = balanced consciousness and health, then imbalance and ill health is the absence of light in water.



We can see the evidence of this when we examine ordinary London Tap Water – see photograph to the left which shows the micro-cluster structure of water. We can see quite clearly that there is an absence of LIGHT (photons) or life force energy present. The appearance of this water is literally *life-less*. Can we imagine the imbalance held in this water? Can we appreciate how this dead or lifeless water is able to share this unbalanced energy with us, affecting our energy fields and physical body?

We can begin to appreciate today that to regain or maintain good health and strong energy fields, we need to bring more light into water. One of the simplest and most effective ways of bringing or infusing more light into water is by using a unique product called the Universal Harmoniser developed by Equilibra. If we contrast the photograph of ordinary London Tap Water above, with a photograph of London Tap Water after being energised by a Universal Harmoniser, we can see a marked difference between the two.



In this photograph we can see that the water is **ALIVE**. It is **VIBRANT** and **HEALTHY** and it is full of life-sustaining **PHOTONS (LIGHT)**. It is balanced and has a very healthy consciousness. According to Professor Schweitzer who carried out these scientific tests on water, the Universal Harmoniser creates **3D Space = LIFE** in water. Due to the ability of water to share information with the human body and all living organisms, can we appreciate how drinking this energised water or using this water to wash and bathe in, cook with, and feed to our children and pets will help to rejuvenate and revitalise our whole bodily system and energy fields as well as those of our family, animals and plants too?



Above, courtesy of Masaru Emoto and his staff at the IHM Research Institute in Japan are the jpg photographs of the crystalline structure formed in distilled water after being energised by the Universal Harmoniser. They provide a beautiful example of how water can be transformed and revitalised. These photographs complement the wonderful work of Schweitzer who is able to photograph the amount of light (photons) present in water. See photograph above right.

Masaru Emoto has two books published detailing his excellent work on producing pictures of frozen water crystals. They are called '**Messages From Water**'. They present some amazing photographs of the crystalline structure of various types of water across the world, and, also importantly, how thoughts, prayers, music etc., can and do affect this structure in a positive or negative way. Water then shares this structure, or 'memory', positive or negative, with **ALL** living things it comes into contact with.

To see more of these wonderful photographs, and the 'memory' of water, please follow the following website links: <http://www.adhikara.com/water.html> and <http://www.hado.net/>



The photograph to the left is the crystalline structure formed in Distilled Water.

The photograph to the far left is how the crystalline structure – memory – of distilled water has been adversely affected by the energy and information encoded in heavy metal music.



We can see from the above photographs how water (consciousness) can easily be affected by external energies and influences. This applies also to our own internal watery environment – *our* consciousness. On the one hand, the crystalline structure of distilled water has been greatly improved by the Universal Harmoniser, improving and balancing the information water stores – its memory; and on the other hand we can see how this same structure can be almost completely destroyed by taking on board the energy or information transmitted from heavy metal music. We can also appreciate that coherent energy – balanced information – can create a beautiful image or memory in water and incoherent (imbalanced) energy can create a disturbing image to look at. These images can be likened to health and ill health respectively. These energies – balanced and imbalanced - are likewise shared with our own internal watery environment, and therefore our energy fields, affecting our own health and wellbeing accordingly.

At the IHM Research Institute, distilled water is used as the Control Water. Fifty photographs are taken of control water and fifty after this water has been subjected to energy products, prayer, positive and negative thoughts, various types of music etc. An overall score is determined from the crystalline structures produced by the two sets of fifty photographs. A score above that of the distilled (control) water suggests that whatever is being tested has had a beneficial or healthy affect on water, and a score below that of the control water suggests a detrimental or unhealthy affect on water.

These are the comments of Dr. Yasuyuki Nemoto from the I.H.M. Research Institute: "Although in the case of distilled water (control) there were several hexagonal crystals observed, their branching parts are not so large. **On the other hand, in the case of distilled water that had been treated with the Universal Harmoniser for 24 hrs, we could observe beautiful hexagonal crystals with beautifully expanded branches.**

"The average points of control and water after treatment were 31.5 and 36.0, respectively, and the difference is quite significant. **It is suggested that the Universal Harmoniser has given a 'good' vibration to water from these results.**"

[NOTE: These photographs should be regarded as a guideline only as to the quality of water, and not as empirical scientific proof that a particular type of water is necessarily good or bad.]

In summary, from the foregoing information, we can now perhaps understand more clearly the very important part water plays in our physical and spiritual wellbeing and how the purity of water (consciousness) in conjunction with our biophysical energies is relevant to the strength and vitality of our overall protective energy field, or auric field. We can also now appreciate how important our energy field is in protecting us from external threats and that *anything or anyone* that opens up our protective auric field is not doing us any good at all. It is my belief and contention that by improving and energizing water, both within and out with the body, we can hopefully begin to make improvements in many aspects of our spiritual health, biophysical field and within the environment too.

Because the Universal Harmonisers work in accordance with Nature in that they implode energy, purify (balance) it and explode it back out again, they can not only revitalise and energise the food and drinks we consume with more light, but they can also help, in some cases, to transmute the negative energies (memories) from chemicals and toxins that we find in water and many consumer products today. Additionally, supplements and personal care products can be energised too because water is replete in all things.

If the Universal Harmonisers are used upon the body they will work towards creating the same light and balance within our own internal watery environment, and along with some simple healing techniques and energy procedures developed through our workshops, they can be used to help the body to cleanse, repair, enhance and strengthen its energy fields and thus, the body's defence mechanism. This can help to strengthen the body's natural energy field, leaving the body less prone to potential damage from the plethora of imbalanced external energies we are surrounded with today.

As the Universal Harmonisers work by improving the quality of water on both an energy (light) level, and a physical (crystalline structure) level, then the Harmonisers can again be used in conjunction with some simple

healing techniques and procedures - developed through our workshops - to help facilitate the body's natural balancing and cleansing mechanism on a biophysical level, thus helping the body to deal with deep-seated emotional or mental 'memories' – blockages - that we may have built up over the years.



In the photograph to the left we can see the Harmonisers in position over the heart chakra and the navel chakra. The heart chakra is our unconditional love centre, the spirit within. Symbolically it is represented by the Sun. The heart chakra houses the Assemblage Point which is an **internal** connection with our source or purifying energy – the **light** or spirit within. The navel chakra is our **water** chakra, it is our centre of consciousness and the seat of our emotions. Symbolically this chakra is represented by the Moon. In these positions, the Universal Harmonisers can help to cleanse and balance our emotional centre and the major and minor chakras strengthening and expanding the energy fields of the body naturally and in accordance with how we are designed to work. This helps to bring the process of implosion and explosion back into balance allowing more of our own INNER LIGHT to come through.

There are many uses for the Harmonisers because they work naturally through improving water's ability to share information/energy/instructions, and by helping to remove blockages (memories in water) that may act to distort this communication. Thus, they can help to clear and strengthen the meridians, stimulate the zonal and reflex points of the feet, enhance meditations and inner awareness and so much more, simply by infusing LIGHT into our bodies which naturally purifies and balances our internal watery environment and so helps with quality of our energy fields, and consequently, the physical body. The simplicity of using these devices allows absolutely anybody with the intention of helping themselves or their family and friends to self-heal and work on themselves and others to bring the body back into balance without the need for any knowledge of healing, energy bodies and so forth.



**As water is replete in all things, then I believe that the Universal Harmonisers would naturally complement ALL healing modalities, wherever derived, and other complimentary medicine therapies that are available today.**

Because the Universal Harmonisers work through balancing/energising water molecules, they are excellent too for **Space Clearing houses, offices and therapy rooms**. Unlike many other methods of Space Clearing, effective though they may be, these tend to work through the explosion process – ringing bells, bowls, chanting, clapping, smudge sticks, mirrors etc., and many merely force the negative energies elsewhere, such as the flat above, the flat below, the house next door or into the garden. This is great for the individual but may not be so good for the neighbours. The Universal Harmonisers work by imploding and exploding energies through the medium of water, purifying them and returning them to the outer environment and this process is self-perpetuating and expanding. As a result, they not only help to clear some 'negative energies' but also help to transmute them too. This is **excellent for the environment** and the neighbours because the amount of negative energies in the external environment is actually reduced. For therapists this is especially good for their treatment rooms, and really helpful for those people working with the energy fields of the body.

**Likewise, the Universal Harmonisers would work naturally with, and complement, the various 'energy healing/protection products' that we find available in the market place today, simply because water is replete in all things.**

In short, the Universal Harmonisers are an ideal complement to the many therapies and 'energy products' available today which are used by individuals, therapists and healthcare workers alike.

**Let us hope that the truth about water will eventually permeate the consciousness of *all* human beings.**

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### About the Author

Steve Gamble is a Complementary Medicine Practitioner whose main interest lies in the study of energy fields and the understanding of how all living things are constantly interacting with each other, sharing information on an energy level, and how we can better understand and implement our own natural healing processes to bring about balance in our physical and spiritual body. Steve's knowledge and understanding of energy fields comes from his 'inner journey' and what he can see and sense, plus research into many aspects of health related subjects. Steve shares his experiences and insights through writing, through his web site which contains many articles on spirituality, healing, energy fields, contributory factors in disease, seminars and healing and self-development workshops. For a more in depth study of the various points covered in this article, please refer to Equilibra's web-site where Steve has posted a number of articles he has written on healing, spirituality and some of the duplicity which exists in the world today. Please visit [www.equilibra.uk.com](http://www.equilibra.uk.com)