

Go-Nitrix – The best kept secret?

Until not so many years ago, no one knew that the body produced nitric oxide. A team of scientists in the 90's discovered that not only does the body produce nitric oxide, but that its' function within the body is critical to the maintenance of supple arteries: they discovered that nitric oxide is a powerful vasodilator – this simply means that it keeps the large arteries open and maintains their smooth 'Teflon like' surface so that blood can flow normally. This research culminated in them winning the Nobel Prize for Medicine 1998.

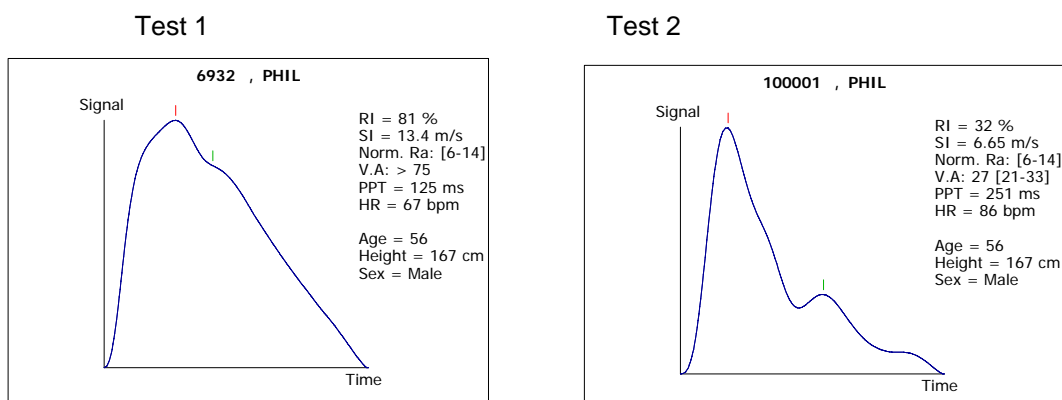
We know that when the arteries become stiff and deposited with plaque and other fatty substances, the body is much more likely to suffer thrombosis, heart attack or stroke. It is generally accepted that stiffening of the arteries is a fact of life – all part of the ageing process. We now have evidence that taking the right supplement can not only stop this process of stiffening but in many cases reverse it.

The main constituent of Go-Nitrix is L-arginine - which works by enabling the body to produce nitric oxide, known as the "Nitric Oxide Pathway", which is now recognised as essential for keeping not only the cardiovascular system functioning properly, but also the brain and other organs in the body. If you have any form of cardio vascular problem, you will almost certainly benefit from taking Go-Nitrix.

If you are fit, healthy and over 45 and have normal arteries for your age, you should also benefit from taking Go-Nitrix because Go-Nitrix will dilate your arteries, improve your circulation and help the distribution of nutrients. The net results being you should feel younger, healthier and have more energy.

Phil, MD of Cardiocheck, started taking Go-Nitrix at the beginning of 2005 after receiving the news that his cardiovascular system was similar to that of an 89 year old! Over six months, he has seen his own cardio vascular system improve in an almost unbelievable way; you will find a copy of his results below.

Phil's results were taken using a CardioTrack device to measure vascular stiffness and comparative vascular age.



Test 1 before taking Go-Nitrix 9th January 2005

Test 2 on 4th July 2005

The test taken on 9th January 2005 shows his comparative vascular age – this you can see is greater than 75 years – his stiffness index is 13.4 m/s and peak to peak time 125ms and his RI is 81%. His comparative vascular age is now 27 years, his stiffness index 6.65 and peak to peak time 251ms and his RI 32%!

Both these tests have been verified by Dr Robert Verkerk BSc (hons) MSc Phd DIC as true and accurate.

In their book 'The Arginine Solution' Robert Fried PhD, James Thornton and Woodson C. Merrell, M.D. consider just a sample of the many jobs Arginine Derived Nitric Oxide (ADNO) has been shown to perform inside the human body

The fact sheet below is taken from that book:

ADNO FACTSHEET

It relaxes arteries, thereby helping to maintain normal blood pressure, which would otherwise skyrocket when ADNO is in short supply.

It helps keep open the coronary arteries that supply blood to the heart, preventing angina pain.

It's a potent free-radical scavenger that helps to both lower serum cholesterol and prevent the 'bad' LDL cholesterol from oxidizing and worsening.

It's a powerful anticoagulant, or blood thinner, that helps prevent blood platelets from clumping together into the clots that can cause heart attack and stroke.

It enhances blood flow to the penis, helping to boost erections.

It serves as a critical 'bullet' by different immune-system cells that use it to kill foreign bacteria and viruses and even shrink or destroy some cancerous tumours.

It is used by the brain to encode long-term memory and ensure blood flow to brain cells.

It functions as a 'messenger molecule' that allows nerve cells in the body and the brain to communicate with each other.

It may reduce pregnancy related hypertension, a potentially life-threatening condition for mother and child.

It may help regulate insulin secretion by the pancreas, thereby reducing the risk of diabetes.

It helps control the lung airways, allowing you to breathe easier and avoid common lung disorders.

It relaxes 'hypertonic' sphincter muscles, preventing and healing haemorrhoids and anal fissures.

It stimulates the body into releasing the all-important human growth hormone (HGH), a key to longevity as well as improvement in body composition by boosting lean muscle mass and bone density while decreasing fat tissue.

Here are just a few more of the benefits of taking Go-Nitrix:

Type 2 diabetes sufferers could also be helped by L-arginine; its power to open up your arteries will improve circulation.

[Galen M. Pieper](#)

[Review of Alterations in Endothelial Nitric Oxide Production in Diabetes Protective Role of Arginine on Endothelial Dysfunction
Hypertension. 1998;31:1047-1060.](#)

It can also help to stabilise angina by increasing nitric oxide and preventing restrictions in blood flow to and from your heart.

[Amrani M, Chester AH, Jayakumar J, Schyns CJ, Yacoub MH.](#)

L-arginine reverses low coronary reflow and enhances postischaemic recovery of cardiac mechanical function.

[Cardiovascular Res. 1995 Aug;30\(2\):200-4.](#)

[D Tousoulis, G J Davies, C Tentolouris, T Crake, G Goumas, C Stefanadis, P Toutouzas](#)

Effects of L-arginine on flow mediated dilatation induced by atrial pacing in diseased epicardial coronary arteries

[Heart 2003;89:531-534](#)

L-arginine helps to reduce cholesterol (fatty deposits) in your arteries

[D Tousoulis, G J Davies, C Tentolouris, G Goumas, C Stefanadis and P Toutouzas
Vasomotor effects of L- and D-arginine in stenotic atheromatous coronary plaque
Heart 2001;86:296-301](#)

If you have Ischemia (leg pain caused by poor circulation) L-arginine may help.

Finally there is evidence that suggests if you've been a smoker for several years and have now given up, L-arginine will open up your arteries once again.

Here's what else Go-Nitrix does:

- Lowers high blood pressure, stabilises low blood pressure.
- Supports healthy blood flow – helping to prevent heart attacks or strokes.
[Noritsugu Shiono, Vivek Rao, Richard D. Weisel, Muneyasu Kawasaki, Ren-Ke Li, Donald A. G. Mickle, Paul W. M. Fedak, Laura C. Tumati, Lawrence Ko, and Subodh Verma.](#)
- L-arginine protects human heart cells from low-volume anoxia and reoxygenation.
[Am J Physiol Heart Circ Physiol Vol. 282, Issue 3, March 2002. Gewaltig MT, Kodja G.](#)
- Vasoprotection by nitric oxide: mechanisms and therapeutic potential.
[Cardiovascular Res. 2002 Aug 1;55\(2\):250-60.](#)
- Improves symptoms of Reynaud's syndrome.
- Relieves congestive heart failure.
[D Tousoulis, G J Davies, C Tentolouris, T Crake, G Goumas, C Stefanadis, P Toutouzas](#)
- Effects of L-arginine on flow mediated dilatation induced by atrial pacing in diseased epicardial coronary arteries.
[Heart 2003;89:531–534 Amrani M, Chester AH, Jayakumar J, Schyns CJ, Yacoub MH.](#)
- L-arginine reverses low coronary reflow and enhances postischaemic recovery of cardiac mechanical function.
[Cardiovascular Res. 1995 Aug;30\(2\):200-4.](#)
- Reduces blood platelet stickiness.
- Helps overcome male impotence and increases fertility.
- Allows you to exercise more regularly, even if you've had heart problems.
[Noritoshi Nagaya, Masaaki Uematsu, Hideo Oya, Nagato Sato, Fumio Sakamaki, Shingo Kyotani, Kazuyuki Ueno, Norifumi Nakanishi, Masakazu Yamagishi, and Kunio Miyatake](#)
- Short-term oral administration of L-arginine improves hemodynamics and exercise capacity in patients with precapillary pulmonary hypertension.
[Am J Respir Crit Care Med \(2000\) Vol 163. Pp 887-891](#)