

Quinton Product Historic Applications

Historically, Quinton water (plasma) has had numerous applications. All of these therapeutic uses are based on the same concept of renewing, purifying and regenerating the internal fluid environment, as well as maintaining vital equilibrium. Historically, Quinton Plasma has shown that it is one of the best supporters and regenerators for all cell mechanisms.

- Prenatal Care: Foetal underdevelopment, prevention of physiological problems in the foetus due to toxicoses, alcoholism, nicotine and drug addiction. Potential correction of inherited and acquired immune-deficiencies.
- Infant Care: Under-nourishment, under-development, Athrepsia, lactose intolerance, gastroenteritis, vomiting and diarrhoea, acute toxicoses, dehydration, premature birth.
- Paediatrics: Asthenia, anorexia, weight retardation, ADHD, dyslexia, dyslalia, student adjustment, emotional instability and neuropsychic problems.
- Pregnancy: Asthenia and serious vomiting, gastro-intestinal and circulatory problems, post-partum depression, breast-feeding.
- Gynaecology: Dysmenorrhoea, menopause, utero-vaginal infections and congestion.
- Dermatology: Burns, psoriasis, atopic eczema, acne, pruritis, prurigo, hives, chronic dermatoses, skin eruptions, abscesses, alopecia and herpes.
- Respiratory Problems: Chronic ENT infections, tonsillitis, bronchitis, asthma, complications of pulmonary tuberculosis.
- Periodontal disease: Prevention of caries, receding or bleeding gums, gingivitis.
- Gastro-Enterology: Gastro-enteritis, dyspepsia, gastric and duodenal ulcers, diarrhoea, haemorrhoids, hepatitis, functional colitis, spasmodic colitis.
- Urology: Recurring cysts, enuresis, kidney stones, sexual frigidity or impotence.
- Endocrinology: Thyroid and parathyroid dysfunction.
- Bone and Joint Diseases: Rickets, osteoporosis, healing of fractures, pathological double-jointedness, scolioses, arthritis, rheumatism, gout, athletic injuries.
- Neurology: Depression, spasmophilia.
- Geriatrics: Stress, problems of senility, malnutrition.
- Intravenous uses: Low blood volume, (bleeding, burns, dehydration, etc.) any emergency accompanied by great physiological fluid loss, dehydration, involuntary vomiting, etc.
- Colonic Irrigation Therapy:

Contra-Indications & Side Effects

Quinton Isotonic

- Incompatibility: None
- Side effects: None
- Contra-indications: None
- Quinton Isotonic is also recommended for eczema, urticaria and psoriasis.

Quinton Hypertonic

- Incompatibility: None
- Side effects: None
- Contra-indications: High blood pressure, kidney disease, heart disease

Historical Usage

Important: Historical dosages and instructions are listed here for informational use only. As such they are based on historical research and practical use carried out by health practitioners and Doctors primarily in 20th Century France using Quinton Plasma and have not been verified under controlled research conditions.

- The Solution is to be taken orally on an empty stomach 20 to 30 minutes before meals or at least 1 ½- 2 hours after meals.
- The Solution is to be taken pure (hypertonic) or isotonic (diluted in water by $\frac{2}{3}$). For children (or pets) who find the product too salty, it may be taken diluted in some milk or juice.
- The Solution may be taken on a short term basis, over several weeks or months, or regularly year round, according to individual requirements. This product is not classified as a drug but is considered by traditional medicine an energy-boosting, re-balancing and regenerating nutritional supplement.
- Quinton Hypertonic Solution is suitable for all **except** those who suffer from high blood pressure, a heart condition, kidney disease, eczema or psoriasis. In such cases, Quinton Isotonic should be employed for several weeks and then one can switch over to Quinton Hypertonic solution.
- Quinton Isotonic Solution is also recommended for elderly people. 10 ml per day is usually sufficient but sometimes 20ml may be needed.

Dosages

The general dosage is as follows:

- From birth to one year of age - 10 ml in the feeding bottle every other day
- From 1 to 4 years of age - 10 ml daily away from meals
- Over 4 years of age - Up to 40 ml daily according to the severity of the case
- Adults - Up to 60 ml daily according to the severity of the case
- Elderly people – 10ml to 20 ml per day, or as required - over several months

Quinton Isotonic Nasal Spray (150 ml bottles)

Some people mistakenly believe that this nasal spray contains a mixture of water and salt. This, however, is not the case. Salt is highly irritating to the mucus membranes and it has no anti-inflammatory or healing properties. The spray contains Quinton Isotonic Solution.

It can be used at any age: by infants, children, teenagers, adults and elderly people. Press down the nozzle gently to release the spray.

- Colds: From the onset of any nasal congestion or the appearance of runny or stuffy nose, spray 4 to 6 times a day into each nostril.
- Sinusitis: Acute sinusitis: see Colds.
- Chronic sinusitis: Spray 3 to 4 times a day into each nostril. Avoid milk, beer, sweets and junk foods.
- Excessive dryness of nasal cavities: Spray once into each nostril on a regular basis, morning and evening.
- Allergies: Spray 3 to 6 times a day as needed.
- Ear Infections: Medical treatment can be supplemented by spraying 3 to 4 times a day into each ear.
- Skin moisturizing: For tired, dry or devitalized skin, spray on face or other parts of the body. Allow to dry.

Recommendations for Quinton Plasma Isotonic solution for the treatment of Eczema, Hives or Rashes, Psoriasis and other related skin diseases

1 - If taken orally (by an adult)

- First 10 days: 10 ml a day.
- Following 10 days: 20 ml a day.
- After that, if the skin eruptions begin to fade, continue to take 20 ml a day. Otherwise, alternate between 20 ml a day and 30 ml a day until eruptions begin to fade. If necessary, 30 ml a day may be taken.
- In obstinate cases of psoriasis, it is recommended that the dose be increased to 40 ml a day. To minimize the influx of toxins it is important to carefully watch the patient's diet for signs of inappropriate choices.

When the lesions have disappeared, gradually taper off the number of mls taken until complete healing has occurred.

External application of ginkgo biloba cream to psoriasis blemishes will help fade them more rapidly.

2 - If injected (subcutaneously or intravenously or intramuscularly)

- First 2 weeks: 20 cc (20 ml) every second day.
- Following 2 weeks: 30cc (30 ml) every second day.
- When the eruptions have faded: 30 ml every third day, then 20 ml every second day, then 20 ml once a week. Decrease the dose gradually until healing is complete.

3 - Rene Quinton's shock treatment for psoriasis (subsequently used successfully by many physicians) is as follows:

Subcutaneous administration in the retro-trocharterian area

6 weeks of treatment.

- First week: 30 ml every second day 3 times a week.
- Second week: 50 ml every second day 3 times a week.
- Third week: 70 ml every second day 3 times a week.

The improvement is spectacular, the lesions fade away without the use of standard medical treatment.

In the light of the results obtained, the dose should be adapted to the patient's individual response as follows:

- Fourth week: 120 ml every second day 3 times a week.
- Fifth week: 180 ml every second day 3 times a week.
- Sixth week: 200 ml every second day 3 times a week.

Where there is mild persistence of symptoms, the initial treatment may be repeated after a pause of 2 months. To ensure that adequate and appropriately correct nutrition is obtained, it is recommended that the patient consult a knowledgeable and suitably qualified Health Professional.

From 1952 to 1957, the French physician Jean Montfort studied over 600 clinical cases of this complaint as part of a medical team. Results of his research revealed that improvements tend to appear after the first injection as well as the third week. Dr. Jean Montfort treated his patients exclusively with Quinton Plasma without the addition of corticosteroids or antibiotics. He emphasized the absence of iatrogenic side effects in using Quinton Plasma as well as the surprising results obtained. Many of these patients showed no signs of relapse after 20 years.

Depletion of the IMMUNE SYSTEM

In all instances of recurring infections, no matter what type, or in cases of frequent antibiotic administration, regular intake of one of the Quinton Plasma Seawater Solutions can rebuild a depleted immune system. In view of the established fact that Quinton Plasma regenerates the internal terrain, without diagnosis, being non-specific, one would be tempted to ask whether this substance would not be of great value in cases of AIDS and related diseases!

Historically, an uninterrupted 3 to 4 month course of treatment is recommended. In severe cases, 6 months may be necessary. To maintain the immune system, a twice yearly course of treatment is recommended in September and October - then in March and April.

Infants under one year:

- 10 ml daily in the baby's bottle.

From 2 to 5 years of age:

- 20 ml a day.

5 years and up, children, adolescents and adults:

- 30 ml a day for the first 3 weeks, then reduce to 20 ml a day.

Quinton Plasma Hypertonic and Isotonic Solution in cases of Acute or Chronic Fatigue

Acute fatigue:

Where the fatigue is temporary and has only just recently arisen:

- An intensive course of treatment of 30 to 40 ml a day for 2 to 3 weeks is recommended.

If the fatigue is more deeply rooted and has reached a more debilitating phase:

- 30 to 40 ml a day for 3 weeks, then reduce to 20 ml a day until recovery is complete.

Chronic Fatigue:

- 30 ml a day, 40 if desired, for 3 to 6 weeks, then reduce to 20 ml a day until recovery is complete.

In all cases of chronic fatigue, it is imperative to exclude the following from one's diet: peanut butter, alcohol, all forms of sugar (even natural sugars) excepting fresh fruit (i.e. no dates, no figs, no raisins, no prunes etc...). It would be wise to consult a Health Professional who is familiar with a natural and living diet in order to ensure adequate and nourishing nutrient quality and quantity.

Bone and Joint Disease: “Growing pains” in Children, Arthrosis and Osteoporosis in Adults

Quinton Plasma Hypertonic Solution is a powerful remineraliser and is, therefore, particularly suitable in cases of bone and joint disorders. In such cases, however, it must be remembered that wear and tear on bones and joints have occurred slowly over long periods and, consequently, the remineralisation process will also be gradual. Adults suffering from arthrosis or osteoporosis should consider taking Hypertonic Solution regularly over a period of 6 months to a year. An increase in bone density is observable using densitometry after only 6 months of treatment.

Dosage:

Growing pains in children:

- 20 ml daily. 30 to 40 ml daily in periods of crisis

Arthrosis and osteoporosis:

- 20 to 30 ml daily according to the severity of the condition

Athletic Performance Enhancement

Quinton Plasma Hypertonic Solution may be taken as an effective supplement to promote endurance in sports throughout training and competition.

Regular training:	20 to 30 ml a day,
2 to 3 weeks before a sports event:	30 to 50 ml a day.
During the period of competition:	50 to 60 ml a day.
After any major physical effort:	20 to 30 ml a day.

See also the cycling field trial article by Dr. Paya (available on www.quinton-water.com)

Pregnancy, Lactation and Repeated Spontaneous Abortions

Quinton Plasma Hypertonic Solution is an excellent fortifying supplement and nutrient for both mother and child during pregnancy and breast-feeding.

Pregnancy:

1) With no particular complication:

- 20 to 30 ml a day for the first 3 months.
- 10 to 20 ml a day for the 4th, 5th and 6th months.
- 20 ml a day for the 7th and 8th months.
- 30 ml a day for the 9th month.

2) With serious fatigue or anaemia during Pregnancy:

- 30 ml a day (40ml if required) throughout the pregnancy.

Breast-Feeding

- For the first 10 days following birth 30 ml a day, thereafter 20 ml a day.

Repeated Spontaneous Abortions

Quinton Plasma Hypertonic Solution must be taken continuously for 6 months prior to conception by both parents if possible.

- 30 ml a day for the first 3 months, then
- 20 ml a day for the following 3 months.

Continue to take Quinton Solution throughout the pregnancy.

In all cases of repeated spontaneous abortions, take a blood sample to ensure that the Serum Fe is normal. The daily diet should be analysed to ensure optimum levels and quality of nutrition.

Epistaxis (Nosebleeds) in Children

Children: 20 ml a day for 2 to 3 months.

Adolescents: 30 ml a day for the first 3 weeks, then 20 ml a day for the next 5 weeks

Hypoglycaemia

- 30 ml a day for the first 3 weeks, then
- 20 ml a day until a satisfactory state of health is attained.

It is imperative to exclude alcohol, peanut butter, all forms of sugar, even natural sugars, excepting fresh fruit (no dried fruits, no dates, no raisins, no figs, no prunes etc...) The dietary habits should be reviewed with a health professional.

Mononucleosis

- First 3 weeks: 30 ml a day.
- For the following 8 weeks: 20 ml a day.

This treatment should be completed by taking homeopathic remedy 'Spleen 4CH', 6 drops - about 20 minutes before breakfast for 3 months.

Vaginal Infections

- First week: 10 to 30 ml a day.
- Second week: 10 ml once a day

Quinton Hypertonic (10 ml) can also be used as a vaginal douche, using suitable traditional douche equipment, from 1 to 3 times daily, according to the severity of the condition. Retain the liquid lying down for about 15 minutes before getting up again.

Cancer, Leukaemia and Multiple Sclerosis (MS)

Quinton Isotonic and Hypertonic solutions constitute a valuable adjunctive therapy in the medical treatment of these diseases. While it is certainly not organ-specific, it normalises cell electrolytes, pH values and mineral imbalances as well as increase overall vitality. Quinton Isotonic has a rapid beneficial impact on the entire body system.

Therefore, it should not be discussed as a specific cancer cure but be seriously considered for its great regenerating potential.

Any therapy for degenerative diseases should always be combined with a wholesome, living, raw diet free from processed salt. Cooked and processed foods only hinder the process of healing. A competent practitioner in natural nutrition should be consulted even before starting the Quinton product therapy or any other therapy.

- 40 to 60 ml must be taken regularly every day over a period of many months.

In certain cases, the Quinton Isotonic should be administered by injection for maximum effect.

- Injections of 30 to 60 ml may be given every second day throughout the first two months. Advanced stages of the disease may require higher doses. Subsequent treatment, when appropriate, may be tapered off from a single injection twice a week to once a week.

Colonic Irrigation using Quinton Isotonic

Modern advances in Physiology and Molecular Biochemistry make it easier to comprehend the great similarity in mineral content of the body's inner environment and sea water with their common origin. This similarity makes it possible for any organism to select or reject what it needs in a natural way.

The assimilation or elimination of marine ions is made possible through cellular receptors with a high degree of accuracy by the identifying polarity derived from bionosis.

Cold-sterilized Isotonic sea water is usually eliminated through the kidneys. This eliminated sea water tends to be twice as concentrated and twice as voluminous as artificial physiological serum.

Total exchange occurs between the Quinton Isotonic and the inner fluid environment.

The advantages of Quinton Isotonic Solution in colonic irrigation: (9% - this is 1/3 of normal salt/mineral concentration of original seawater)

- Physiological irrigation and cleansing of the intestinal membranes.
- Anti-anaphylactic action of sea water.
- Re-absorption of micro-nutrients and minerals through the portal vein.
- Physiological stabilization in case of insufficient potassium.
- Anti-inflammatory and anti-spasmodic action as required in adjustable doses.
- In cases of infection: optimum absorption results.
- Strengthens the immune system.

Using Quinton Hypertonic slightly diluted: (21% - i.e. approx $\frac{3}{4}$ normal salt/mineral concentration of original seawater):

- An immediate REVITALIZING and ENERGY-BOOSTING effect is obtained.

Seawater may be used exclusively for the entire Colonic Irrigation session. Alternatively, the fluid may be used only in the final stages of the irrigation. Nearly 100 years clinical history of the Quinton products ensures their high quality and safety.

Quinton Isotonic and Mesotherapy

Mesotherapy is defined as: "The method of treatment with sub-cutaneous injections from several small needles".

Dr. Pistor, who instigated mesotherapy, defined it as: A special means for the intradermal introduction of a water soluble drug into the system. This definition reinforces the theory behind the technique for the administration of Quinton Isotonic. The technique advocated the use of cold-sterilized Quinton Isotonic sea water for sub-cutaneous administration.

Mesotherapy introduces small quantities of active ingredients usually transported by an artificial physiological serum. The superiority of Quinton Isotonic over synthetic serum has been clearly demonstrated by an abundant clinical bibliography. Such a bibliography indicates all the advantages that may be acquired by a practicing "Mesotherapist" in using cold-sterilized Quinton Isotonic sea water.

The clinical practice of rehydration has been in existence for almost a hundred years and the best way to carry it out is by "Hypodermoclysis". Nowadays, this application is coming back into use after having been unjustifiably assigned to medical oblivion. Specialized medical journals reflect this trend accurately.(1)

The aim of Mesotherapy is "to bring the remedy as close as possible to the site of the disease." This method must, therefore, take into account the advantages of using cold-sterilized Quinton Isotonic sea water.

These advantages include the following:

- use as an active ingredient
- use as a vehicle for other active ingredients

The topical action of Quinton Isotonic has already been demonstrated particularly in dermatology for the treatment of psoriasis, eczema, rashes and burns.

In cases of psoriasis, the clearing up of lesions is significant. It takes only a few days for a distinct improvement in pruritis to be felt. The method involves administering small 1ml doses intradermally around the lesions. Cleansing the lesions with Quinton Hypertonic Solution is recommended as the next step.

As a vehicle for the transportation of active ingredients, the Quinton Isotonic Plasma replaces synthetic physiological serums.

Dr. Bernard Guez (2) perfected the technique of tumescent percutaneous hydrotomy which was used in 80 000 instances of medical treatment. The technique is the best example of the therapeutic role of water using cold-sterilized Quinton Isotonic sea water for its carrier effect. Where Seawater Isotonic Solution is concerned, this method is also directed towards:

- providing a natural topical liquid similar to interstitial fluid.
- providing a vehicle for other active ingredients.

In articular Mesotherapy, the principal function of Quinton Isotonic Solution is to provide a remedy for "dysirrigation", in particular, processes of bone deterioration such as arthrosis and osteoporosis, or to improve oxygenation of the tissues.(2) The topical application of the Quinton Solution to the affected areas makes it possible to provide healing elements which will regularise the condition of the lesion.

Dentistry and Dental Surgery using Quinton Hypertonic and Isotonic (Partial list)

Saline solutions have been widely used in Periodontal Medicine for many years. Periodontal therapeutic techniques should derive beneficial results from the application of Quinton Hypertonic or Isotonic sea water. Such application will eliminate iatrogenically-induced discomfort.

Quinton Isotonic

- Root canal irrigation.
- Filling dried out tooth sockets: _Prevention of inflamed tooth sockets, e.g. to be used for making alveolar pastes.
- "Neuraltherapy" (Innovative German Technique): To be used as an adjunct to adrenaline-free anesthesia.
- Mouthwashes: Allow the solution to remain under the tongue for as long as possible.

Depending on which periodontal disorder is involved, the Hypertonic Solution may successfully be substituted for the Isotonic Solution.

Quinton Hypertonic

- Use as a rinsing solution for bone restructuring (or bone grinding.)
- Disinfection of tooth stumps: Either using the requisite mother tincture or the essential oil.
- Enhancement of periodontal treatment by means of injecting the solution into the gums.

Veterinary Use of Quinton Isotonic and Hypertonic Solutions

Dehydration: Vomiting, diarrhoea.

- If non life-threatening: subcutaneously.
- If life-threatening: intravenously.

Use Quinton Isotonic with Isotonic glucose (in equal parts at a rate of 5ml per kg of body weight per day.)

Piroplasmosis

- Specific treatment, hepato-renal symptomatic medication.
- Quinton Isotonic: 30 to 60 ml per day by injection.

Distemper:

- Usual treatment.
- Quinton Isotonic 10ml to 40 ml per day by injection.

Leptospirosis

- Usual treatment.
- Quinton Isotonic 5 ml per kg of body weight per day subcutaneously or intramuscularly.

Icterus

- Quinton Isotonic 20ml to 50 ml twice daily for 2 to 5 days intravenously or subcutaneously.

Hepato-renal Syndrome

- Quinton Isotonic 30ml to 100 ml twice daily for 5 days, then once daily for the next 5 days.

By iv or subcutaneously according to the severity of the symptoms.