

The Soul and the Spirit
Their Role in Consciousness – How We Attract the Astral –
And the Implications this has on the Soul's Journey in the Afterlife
By Steve Gamble

Most religious and new age people would say that evolving spiritually is all about having a higher consciousness, and being able to raise our consciousness by connecting with some external so-called higher supernatural authority. But is there such a thing as higher consciousness? In my opinion, this is probably a bit of a misleading concept because it does not tell the whole story, and can actually lead us into the astral realms looking for answers.

Strictly speaking, I don't feel that there is such thing as a higher or lower consciousness per se. To understand this we have to establish first just *what* the soul/consciousness is, how it works, and in what way does it apply to our spiritual journey, especially in the afterlife. Also, we need to understand how the soul differs from the spirit.

Firstly, the Spirit (Light/Energy), just IS, pure unconditional love and light. It animates us and gives us life which is why we are alive. Our DNA is composed of light and it emits this light (energy/information) in a regular pulsed and rhythmic way. It is the intracellular fluid (basically salt water) that stores and shares this energy/information with our cells. This is how our cells receive biophysical energy/information on how they are to behave, replicate etc. In other words, 'energy' in the form of information, precedes ALL biological actions.

As our body is full of water, this 'energy/information' expands throughout the whole of the physical body, and then finally this energy expands outside of the body courtesy of the water molecules in the air around us. This 'expanded energy' is what we refer to as the Biophysical Field, or Auric Field. As I covered in chapter 9, our DNA pulses this energy at such fast speeds - we have emission, no emission, emission, and so forth - that it creates the *illusion* that we have 'layers' in our energy field, when we actually do not.

Now we know how our energy is being shared externally with, or transmitted into, the Earths' consciousness/energy and the astral realms and other people. This is our signature tune if you like. It is our way of broadcasting who, and importantly in this context, *what we are* on an energy/vibratory level. So where does the soul come into this equation, and can it affect anything? You bet it can!

Our Soul is our consciousness, awareness, identity. The soul is the 'who' and 'what' we are that makes up our character and our personality and so forth. It controls our actions, thoughts and beliefs and a whole lot more. Our soul acts like a filter on the 'energy' that we broadcast externally i.e. that spiritual energy that animates us and travels from deep within to without. As the soul develops in the foetus, then the baby, it is normally a perfect reflection of our inner light – Spirit. It is clear, bright and pure. As we know from the articles, when a baby is born it is quickly inoculated with toxic vaccinations which begin to weaken this protective energy field, allowing external lower vibratory influences to enter and bring the purity of the soul/consciousness down a peg or two. The education system, parents, family and peer pressure continue

with the archons' job of reducing the purity of our human souls. Religion, new age and other so-called spiritual beliefs, along with drugs, computer consoles, mobile phones, chemicals and all forms of wireless communication, you name them as there are too many to mention, continue this theme. As the purity of our soul/consciousness is reduced, then the purity and balance of our signature tune that is broadcast externally to all and sundry is also reduced.

We can now appreciate how important the condition – purity – of our soul/consciousness is in regard to what 'information/energy' we broadcast into the external world. This is how, for example, we can meet someone for the first time and without a word being uttered, have an instant like or dislike for that person. Simply because their soul/consciousness – who and what they are - is being transmitted energetically to us.

So, if our soul/consciousness becomes less pure, what can happen?

This is where we need to understand something very profound about our 'energetic' signature, and our soul/consciousness. The energy/information/vibration we 'emit' does not work like magnetic energies do, in that likes repel and opposites attract. Our soul, or energetic imprint, actually attracts like for like, and this is how we are slowly dragged deeper and deeper into the astral realms. It is like the slowly boiled frog syndrome, whereby if you throw a frog into boiling water, it will jump straight out. But if you put the frog in warm water and heat the water very slowly, eventually the frog will be cooked to death.

For example, if we take on a religious belief, then that causes our soul to become slightly impure. If we continue to pray, worship, invoke and all the rest of it, our soul becomes even more impure. This means that we attract even more unbalanced energies/information from the astral realms causing our soul/consciousness to darken even further. Then we attract even greater imbalances from the astral realms and so this scenario continues. Until, eventually, we have a so-called spirit guide or three, or some other 'supernatural' being/s from the astral whispering into our conscious mind. Now we are getting into deep trouble because the astral is now communicating with us on a conscious level and has some degree of control over our beliefs, ego, emotions, and actions. It starts with channelling information from 'what- and who-ever' and then becomes a voice in the head/mind, i.e. God, or Spirit, or some other supernatural being speaking to us.

Depending on our particular belief depends on just 'what' or 'who' will appear to us or communicate with us through dreams, meditations, and even when we are wide awake. If we believe in say Jesus, then the astral will use Jesus as a thought form to appear to us and draw us even deeper into their control. It could be god, an angel, the holy spirit, melchizadeck, barny the bunny-hopping bum bandit, or whatever it is that we really believe in, and this 'vision' and/or 'communication' will only serve to make our particular belief 'appear' to be more sound, believable and realistic. So we buy into the astral on a deeper and deeper level, each time attracting more and more astral influences, and eventually attracting even greater imbalances in energy/information within us.

If we do not wake up quickly at this point, the spirit guide/s (imaginary friends with children) will then slowly become a more permanent attachment melding even deeper with their human host, and if we do nothing about this, then eventually the lost soul/s will be able to complete a full meld with their human host and take total control of the emotions, beliefs and conscious mind of that person. This type of lost soul is what I refer to as a 'born again'. If anybody gets to this stage, then it is virtually impossible to reason with them or get them to see common sense or logic because the lost soul attachment has full control over that person's soul/consciousness, ego and emotions. This is because these attachments have already been deeply programmed in the astral heavens before being sent down as parasites to infect humans. These lost souls are, in my opinion, also controlled by the astral throughout every minute of every hour of every day, and travel back to 'their heaven' during sleep for further 'training' – read programming.

Putting it simply, we broadcast our signature tune (soul/consciousness) out into the ether, and whatever our soul/consciousness has become, we then attract that frequency/energy/consciousness back towards us. This is why, as an example, somebody who leaves a violent relationship will almost always walk straight into another violent relationship, because they attract that kind of 'consciousness' to them. Similarly, when somebody wakes up to the stark realities of the 'belief' they are into and recognises it for what it is, they will then just walk straight into another astral belief because the impurity of their soul/consciousness attracts them to it, and 'it' to them.

So hopefully, now we can understand why the Astral Lords have created all of these belief systems, and just how important these belief systems are to them in capturing the soul/consciousness of human beings, and ultimately human will and human *physical* actions. Hopefully, the reader may also now understand why our belief systems are so dangerous to us in the spiritual sense, and why it is vitally important for us to throw away all of our beliefs and adopt a belief of Total Non-Belief. In other words, be the 'Passer By' at all times.

Resurrection, or purification, of the Soul/consciousness means that we are steadily broadcasting more and more of our inner light – Spirit – into the external environment. This also means that our 'signature tune' is becoming far more pure, balanced and of a much higher vibration. So much so that no astral entity can get anywhere near it, never mind cleave to it. Also, as like attracts like, then we naturally, without any input from the mind, ego or intellect, begin to attract more and more balance to us from the external reality. **We are then truly as one with nature.** So, in this sense, we could say that because we have greater purity of soul/consciousness, and that our vibratory rate has risen, we have a higher consciousness. But I feel that as this doesn't tell the whole story, it can be slightly misleading, and so I personally would not use this term to try and explain this topic.

Now that we know how important the condition (purity) of our soul/consciousness is, the only way forward for humans to attain spiritual gnosis and salvation is to Resurrect the Soul in this physical lifetime. We only get one chance to do so because it is the condition of the soul on physical death that determines what happens to it in the afterlife. **This is very important to remember.**

What role does the soul play in its' journey in the afterlife? A huge and critical part is the simple answer. When the physical body dies, the Light/Spirit leaves and so does the Soul. The Spirit just Is and continues to just BE, *while the soul is purely what it has become during its' physical lifetime*. The soul in the afterlife cannot resurrect itself because it is not now being animated by the Living Light of Creation, the Spirit. So it remains whatever it has become. It can never 'brighten' itself, but it surely can become much darker. You may recall from Chapter 9, that 'new souls' captured and taken to god's heaven are kept on the periphery because they are still too 'bright' to enter into this astral heaven. Here they are brainwashed until their soul darkens and then they can be moved a little deeper into god's heaven where they can be brainwashed some more, and then the soul can be moved even further towards the core of god. And so on ad infinitum, until the soul is purely a vehicle of programmed astral information, ego and emotions, ready and primed to be 'born again' through the totally astral belief known as reincarnation.

So the important aspect to understand, and the most critical aspect, is that the 'dead' soul is exactly what it has become during its' physical lifetime, and this 'signature' (energy/consciousness/vibration) is broadcast externally into the ether. Just like it is when the soul is alive in the physical body attracting like for like, the 'dead' soul continues to attract like for like. So if the soul is impure for all of the many reasons on why this can happen, then the soul in the afterlife is just going to attract the astral towards it. Or if the soul has bought deeply enough into the astral, then its' Spirit Guides will be waiting there to guide it to the astral heavens. If there are no spirit guides, then the soul is just going to highlight (broadcast) to the Astral Lords that it is here and unprotected by the Spirit, and so the soul attracts the 'messengers', or 'collectors' of the Astral lords, be that angels, or family members, or whatever, and the soul is then led away to the astral heavens.

So now people may be more aware of just how important it is to resurrect (purify) the soul while we are still alive in the physical reality. To do this we have to throw away ALL our beliefs and begin purifying our soul/consciousness and thus, our externally reflected energy field. To do this, we have to ensure that our Spiritual Energy, our purifying energy is not restricted and can work freely to purify our soul/consciousness. This means that we have to make sure our Assemblage Point is open, cleansed and balanced, and most importantly, unlocked at the rear of the heart centre. If we do not unlock the AP at the rear and keep the front and back clear and flowing from within to without, then it is impossible to purify our consciousness because we will not have the spiritual energy to do so. We may as well then buy tickets to the Astral World right here and now.

When we understand fully the implications of all of the above, then we do not need to search for anything anymore. No more courses or workshops, no more giving our power away to other people and astral belief systems. All we need to do is keep our chakras and AP cleansed and balanced on a regular basis, use the Affirmations every day, and then JUST ENJOY LIFE. After all, that is what we are here to do. Yet how many of us spend most of our life searching for something external, moving from one belief to another, achieving nothing? The truth is deep within us all, and is freely accessible to all who choose to look and keep looking. That is the only truth we need to know. Then, at least we know we are searching in the right place, even though this

journey is still full of astral conditioning that we need to work through, but at least it is *under our control*.

Life, and this beautifully magnificent Earth, with all of its' wonderful inhabitants, is here for us to enjoy and behold. All we have to do is put all of our beliefs into the astral bin where they belong and take responsibility for our own spirituality. Then we can take control of our own life and our own destiny. We can then finally take hold of the wheel of the bus, and take control of our own spiritual journey, and stop allowing astral drivers to take us to where *they want us to go*. We can then be happy, joyful, FREE, and enjoy our brief experience on Earth, making the most of life as we go.

Oh, and not forgetting the most important part, **EVADING the astral** in the afterlife at the same time.

How the Astral Controls Us In Simple to Understand Terms - And What We Can Do To Help

In an ideal world there would only be three factors involved in the creative process. Firstly we have the Elements, the chemicals and compounds that make up the physical aspect. Secondly we have the Light/Energy/Spirit which gives life to these physical elements and sustains that 'life', and thirdly we have the Soul/Consciousness which develops as the physical body develops and is 'life's' Identity/Awareness/Memory etc.

This is reflected outside of our self with the Sun = Light/Energy/Spirit, the Fire aspect, then the Moon representing the Soul/Consciousness, the 'reflection' of the Light/Spirit/Energy of the Sun, and finally we have the Earth representing the physical aspect we know as Life, allowing the Spirit and the Soul to co-exist in living entities as one, together in life. This association is also represented within us, with the Heart chakra representing the Sun/Spirit/Light/Fire, and the Navel chakra representing the Moon/Soul/Consciousness, the Sun's reflection, and finally the Earth chakra that lies between these two representing and giving birth to the physical aspect, life itself.

However, as we have come to realise, we humans have been responsible for adding a 4th entity to 'life' and creation as we know it. Through greed, ego and the desire for power and control over others, we have created the external imbalanced ego-consciousness – or the Astral Reality. So in an ideal world there would be no form of ANY 'higher' consciousness/being/dimension/reality, or anything else, between us and the Source of ALL life itself, and therefore, our conscious awareness of this simple fact. Anything that says otherwise is an astral concept to deceive us and keep us spiritually denied.

Today, however, we have to contend with what unbalanced humans have created over time, the astral reality. This sits between our conscious mind and our inner light/spirit, and is a *lower unbalanced consciousness*, and it likewise sits externally between us and the Living Light. I'll try and explain simply how the astral works to control us and leave us achieving absolutely nothing, when we 'believe' we are doing otherwise.

Here I will use the analogy of the mirror that I used in the Shopping for Spirit articles. If we sit in front of a mirror we will see our image reflected back to us. Now if it is our intention to say, shave our self, then we can shave our 'reflection' for a lifetime and achieve nothing, zilch, nada, and the reflection will always remain unshaven and exactly the same. *The astral reality is symbolic of the reflection in the mirror.* It is a reflection of all of our mistakes and imbalances created throughout time, stored in the consciousness of the Earth. It is a 'memory' of all our past mistakes bundled into one huge imbalance of consciousness.

This is how the astral works with beautiful simplicity to keep us humans spiritually denied and ensure that we achieve nothing in our lifetime. The Astral, through its' myriad of self-created belief systems gets us humans to focus on *their* reality, the *reflection*. *The imbalance in consciousness* through focussing our awareness upon their reality, be that god, Christ, or any of the other supernatural beings it has created to dupe us. So we humans have become totally focussed on the astral reality, the reflection, through our beliefs, prayers, invocations, rituals and all the rest that goes with it. This is the external ego-consciousness that is responsible for all the woes in the world today, and because humans have been brainwashed into focussing on *the reflection* through our beliefs, then we have collectively achieved nothing for many years, and this imbalance has just grown and grown while becoming even more unbalanced along the way.

However, if we come back to analogy of the mirror and our reflection, and if we were to then *physically* shave our self, then the reflection in the mirror is likewise changed.

Read that again. That's right, if we change our self, we actually change what is being reflected back to us. It is as simple as that. That is why belief systems are so, so important to the astral reality, because not only do belief systems cause us to focus externally on the reflection, but they also ensure that our thoughts and beliefs - being energy - continue to feed these astral thought forms and keep them alive and kicking.

So, something I keep on stating, *if we Resurrect our Soul/Consciousness – i.e. shave our self and not the reflection* – then by purifying our soul/consciousness, **we then change what is being reflected back to us, i.e. our reflection has no beard, so we then change the astral for the better.**

That is it, no more and no less. We need to change our self before we can change the imbalance in consciousness that is being reflected back to humankind. Our only responsibility, from a spiritual perspective, is to change our self. If we can help others along the way, then that is fine, but only work with those people who reflect the Light, otherwise we can share light into darkness for a lifetime and achieve nothing. In other words, you can lead a horse to water but you cannot make it drink, so work only with the thirsty horse.

By now we should realise in very simple terms why the astral has created so many belief systems, and how belief systems work to deny us spiritual freedom, and more so, why we humans have achieved nothing spiritually for thousands of years. Simply because, symbolically speaking, we have been trying to shave the reflection in the mirror, instead of shaving our self.

Everything is so simple to understand when you break free from this astral control. Complicated and intellectual things only appear in astral concepts.

I hope that this information helps people to understand what we need to do, and how simple it all really is. Bin all of our beliefs, then begin to purifying our soul/consciousness, and get on with enjoying life and appreciating just how beautiful and wonderful creation actually is. You are alive, the astral is not. Stop allowing it to control your life. Start living life again and begin smiling at all the beautiful things around you.

‘... And if I don’t meet you no more in this world, then I’ll meet you in the next one and don’t be late, don’t be late...’ Jimi Hendrix – Voodoo Chile.

See you there!

Love

Steve