

THE GENTLE WIND PROJECT

by **Ivan Fraser**

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&

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I first came to know about the Gentle Wind Project (see <http://www.gentlewindproject.org>) in the early part of September this year. Steve Gamble sent me an energy product that had been sent to him for his observations. Steve merely told me that this product was 'interesting'. He said nothing else about this product, merely that he was interested to know what I felt about it. When it arrived I noticed it was a large laminated A4 size symbol called the Universal Healing And Alignment Symbol.

I examined the product and returned it to Steve.

At the time, I was entirely unaware of how popular Gentle Wind is as an organisation and quite how many people have been using their energy devices. So, because of the genuine concerns Steve and I have about the Gentle Wind project and the safety of those who use their products, we have prepared the following short piece, giving background and testimonial evidence to support our case.

We would appreciate any feedback from other readers who have experienced Gentle Wind, whether positive or negative.

Taken from the promotional literature, this is a brief overview of what this project is allegedly about:

"The Gentle Wind Project is a non-profit world-healing organisation...The Healing Instruments are designed to restore and regenerate a person's energetic structure when held one time in a person's life. This energetic structure is the non-physical energy field in which each of us lives our lives. It is the place in each person where all of life's emotional hurts and wounds are stored. The healing available through the Gentle Wind Project was designed to heal these emotional hurts and give each person a fresh start. The healing is offered free of charge to anyone in the world.

"The information about how to construct the Healing Instruments comes from the Spirit World. The Spirit World in this case refers to non-physical entities existing outside of the earth and its astral system, who are here to help improve the quality of human life."

Ivan's assessment of the Universal Healing And Alignment Symbol

I have always been open to new ideas and developments in the world of spiritual technology and am keen to experience and incorporate any new useful healing tool in my own life and that of others who may come to me for healing or ask my advice. I

feel that only direct personal experience, rather than simply accepting promotional literature, is the surest way to evaluate what is right for us as individuals. I am also aware that what is right for one may not necessarily be right for another. Whatever I may feel about something is my own view, my own 'reality' if you like. However, this does not necessarily mean that all products *are* good for some and not for others, that we will necessarily benefit at all. Some products range from the over-hyped but effective in a limited sense, to being exactly what the promotional literature says it is; from the understated useful product to the over-hyped and down-right dangerous! There is a full spectrum out there, and as they say, 'buyer beware'.

So when I received this device, I was entirely open-minded, hopeful yet sceptical about what I was going to experience, as I am with all such products.

I knew absolutely nothing about this device other than this healing organisation and their products were extremely popular in some circles; so, if anything, I was slightly biased towards expecting a positive result.

The device was an A4 laminate card with multicoloured symbols arranged in a definite pattern, loosely resembling a stylised electronic circuit-board diagram effect, with what appeared to be two small thin metal foil pieces stuck to the card near the centre. There were also indications on it along the four sides to hold the device towards you for different healing modes.

I briefly skim-read the literature, instructions and testimonies which accompanied the device and realised that one was supposed to work with the device in a set pattern, starting by holding one side towards the body for a period every day, for a month, and then move onto the other sides in turn.

Having loaned the product for merely a few days, I could not do this, so decided to give each direction a try consecutively and look to my own auric field around my hand at the same time, taking notes of how the device made me feel.

At first, I was pleased that the device *did* have a noticeable effect on my aura, which put the idea that it could be useless piece of coloured card to bed. I tried each side for approximately 3 or 4 minutes and saw noticeable restructuring of the etheric field and emerging energies from my finger tips. The effects on 3 sides were variations upon a theme: the normally spiralling and curving wavy energies which normally stream from my hands became less free-flowing, and became structured, as though they were being influenced to straighten and project outwardly into more ordered straighter line patterns. This made them more defined in certain aspects and gave the impression of an 'expanding' effect on the field, though this may have been because the field appeared to become more static and less fluid. Usually, the aura behaves like a fluid bluey-white gossamer web, flowing outwards in interconnecting spirals, and flowing both ways simultaneously. An energy enhancing device (or standing on a sacred site, or ley line etc.) would normally enhance and expand the web, and strengthen its light intensity. This was not happening at all; the 'web' was being deconstructed and the interconnections disappearing, in favour of outwardly-projecting spikes, emanating away from the body.

The final side was labelled Tranquility, and its effects were markedly different. The field became clearly defined to about an inch around my hand, which was a contraction of the observed field from using the other three sides. A bluish very pale pink-tinged field was observed, but seemed devoid of activity – as though the field had been 'smudged' into uniformity, and the spiralling energies from the fingertips seemed to be absent, or obscured in the dense haze around the fingers.

I could not, at the time, logically interpret how these effects would be beneficial, still assuming that there was *some* beneficial effect to be had. And I was somewhat

confused as to why I had not *felt* a noticeable energy enhancement or significant change. The experience merely felt quite flat, and rather than feeling as though any shift had taken place on a spiritual or emotional level, it left me feeling inwardly/spiritually unresponsive to the experience whilst in an externally-focussed logical frame of mind. It certainly did not ‘reach’ me on any spiritual or emotional level whatsoever.

Considering the definite alterations to the auric patterns I had observed, this surprised me. If it was doing me any good, then I could not judge it so.

Several hours later, Shona (my partner) came home and I asked her to pick up the device and tell me her thoughts. This time, Shona knew even less than I about Gentle Wind – absolutely nothing. I made no indication of whether or not I felt positive or negative about it – and to be honest I still wasn’t sure – so any reaction from her was going to be entirely unbiased.

Immediately, on taking hold of the device Shona stated that her arm and hand holding it suddenly felt weaker, as though the energy had been drained somewhat, and she was instantly sure that she wasn’t keen at all. (From many years’ experience living with Shona, I rate her intuitive skills very highly, and she can often see straight through to a no-nonsense level in issues where I can struggle to resolve intellect against gut feeling).

Finally, we decided to muscle test the device. This simple test involves allowing the body to tell us whether or not something is right for us. By holding the object (food, device, medicine, supplement etc.) in one’s hand, and allowing the strength of an isolated muscle to be tested relative to having nothing in one’s hand, we can see if that object empowers or disempowers us. We favour holding the object in the right hand at the side with the left arm fully outstretched in front or to the side, to isolate the shoulder muscle. One gauges the strength of the muscle first by pulling down on the arm at the wrist, and then again whilst holding in the other hand the object to be tested.

The results were stark. Without the object, Shona could pull with a lot of force without moving my arm. But whilst holding the object, I simply could not resist (and I did try); she managed to pull my arm down quite easily, as my strength simply disappeared. We repeated the test a few times with the same result.

My conclusion then was that I would not personally wish to use this product at all, nor would I want it around me.

The impression it left me with was as if I had been plugged into an artificial transistor-like device which was trying to ‘straighten out’ my mind. It seemed quite ‘male’ and quite ‘logical’, but devoid of anything spiritual or enlightening.

And that is basically what I told Steve Gamble, who was in agreement, though had investigated the device more thoroughly than I before handing it on. His own view is presented later in this article.

A few weeks later, I received the following highly informative e-mail from Duncan, a Gentle Wind user for over twelve months, which illustrates exactly my point:

Dear Ivan,

I am writing to share my experience of the Gentle Wind products with you. In March 2001 I held my first Gentle Wind instrument, “The Rod of Light”. I felt immediate relief and was convinced I’d found the answer to all of my emotional problems. But the paranoia and insecurities persisted; people were

also telling me that I had become quite egotistical and hyperactive. On reflection I can now see I had a real pallor of self-importance and took their comments to be a reflection of their own insecurities. I went on to use the "Healing Cube", a couple of posters and the "Puck". A year later I was taking other people through the healing on one of their most advanced instruments at a seminar in London. I was very surprised by the project founder's aloofness and in general at the insecurities and egos of the other instrument holders around me. I'd finally been confronted with a reflection of myself.

Recently, I was invited to a much smaller venue to help plan their next course of action (leaflets, PR etc). I was told that if I tried to talk about any other devices or methods of healing I would not be welcome. I called back and cancelled and have not heard from them since.

To cut a long story short, over the last 5 months I have been using Equilibra's Universal Harmonisers and now feel very much myself again. More myself than I have felt in a long, long time. A little while ago, I had a brief flirtation with a couple of A4 Hand Posters and felt awful afterwards, really uncomfortable. I guess you don't know what balance is until you find it and lose it again. It was at this time that I felt for sure these instruments didn't agree with me and were surely disconnecting me from whom I am and what I have to give.

Now I love seeing my children and I have a wonderful relationship with them, I finally have a deep workable relationship with my mother and love her company. I feel I am finally allowing my light to shine. I only have a few insecurities and when my ego does creep in, I recognise it, laugh at it and even love that insecure part of myself. I have found what I was looking for.

I would be grateful if you would print this testimony as I think it is a valid account of the ineffective and disorientating nature of these instruments and may help others navigate their way through the new age minefield.

Thank you
Duncan Macduff.

Steve's thoughts

Ivan,

I've been trying to get hold of these products (Gentle Wind) for some time, simply because people keep asking me what I think of them and I was curious. They are huge in America apparently and becoming quite big in London too. But of course I could not offer any opinion on these products because I had not seen one, let alone worked with one. Then out of the blue I was sent one along with other energy products for my opinion, as you know. Normally I do not agree to receive products for testing for it can be quite time consuming, but this time I agreed because one was a Gentle Wind product, the Universal Healing And Alignment Symbol, the one I sent up to you.

While I could see and feel what this product was doing to the energy fields of the body, I could not get anything with any degree of clarity from meditating with it, so I could not establish or understand fully why these adverse changes were taking place and this puzzled me. That evening my brother-in-law rang to confirm that he and his wife were coming to stay with us the following weekend as arranged. I mentioned I had been working with a Gentle Wind product and he said he had just purchased a couple of those and would bring the Unified Field Alignment Symbol and the Healing

Puck with them. This was like waiting for a bus, nothing for ages then three suddenly turn up at once. Synchronicity works in mysterious ways.

Everybody was out of the house the following Saturday and I was at home alone making up the energy products. When I make up the energy products I always have a Universal Harmoniser in my pocket and while putting the products together I had this very strong urge to meditate with the Gentle Wind products. I resisted, as I had no joy the previous week and preferred to continue putting the products together, but this inner urge became so strong that I stopped listening to my mind and ceased what I was doing, put some relaxing music on and meditated with the 'Symbols' and the 'Puck'.

What followed was one of clearest and most informative meditations I've experienced for some time. I was shown exactly how these products worked and why they had the effect they did upon the energy fields of the body that I had perceived the previous week. I also understood why my previous meditations with this product were unsuccessful. I believe that basically, these products denied my spiritual freedom. I believe that I was shown this very dramatically and very clearly. I believe that the energies from these products block the communication between inner light and conscious mind, they prevent access to the higher aspect of self. I believe that this is why my previous meditations revealed nothing.

I believe that they do this because these products are composed purely of the male energy without the balancing aspect of the female energy, and the male energy on its own is what I refer to as the imbalanced ego-consciousness. The male energy is a linear energy, a 'flatliner' as I call it, and works in straight lines like this: — or like this: **I**, and when viewed from its end this energy becomes a dot •, whereas the female energy is circular **O**, or three dimensionally a globe or perfectly round ball. On an energy level, balance between the male and female aspect results in the perfect vortex of energy; energy spinning both ways and exploding and imploding **all** at the same time as the female energy – the 'globe or ball' – is 'pulled' in towards its horizontal center by the male linear energy, forming what we would recognise today as the 'infinity symbol' or the figure of eight: **8**. This balance between the male and female energy also results in the ancient symbol for Spirit, the Light we are **⊙** as we discovered in Shopping For Spirit Part Two, and also this is the symbol for the vibration of TEN: which can also be shown as **I O**.

This is the perfect balance we exist in as the creative Light Being we are in the true spirit world, and this creative energy is also reflected in this physical reality of separation. Symbolically, we have the male linear energy represented by the erect penis, penetrating the circular female vaginal cavity to create physical life **⊙**, just as we create life in an energy form as the light being we are.

Now I fully understood why these products restructured the auric field the way they did and why without wearing the Universal Harmoniser I could not access the inner light that I am. Quite simply, my aura – which is similar if you like to layers of web-like netting expanding from the body – seems to be completely restructured by these products and it loses these protective layers as the energy field is exploded and fragmented outwards and reformed into straight lines emanating from the body. From an energy perspective, symbolically, one would now perceive the aura resembling the quills of a porcupine, or the spines a hedgehog.

This restructuring of the energy fields leaves gaping holes in the protective layers of my energy field, allowing all forms of external imbalanced energies or 'memories/instructions' to enter my auric field and affect the purity of my consciousness and influence my conscious mind, therefore, altering thoughts and

beliefs. Most worrying is the fact that I could not access the inner light as this communication is blocked and I was fed information from the imbalanced ego-consciousness instead. As we know, physical illness and disease first manifests as an imbalance in our energy fields and if these imbalances are not corrected, then in the long term we will likely suffer physical and mental distress. So Duncan's comments and experiences of these products does not surprise me in the least.

However, and perhaps ironically, in the short term at least, because the energy fields are exploded and fragmented outwards, it is possible for an individual to experience some form of 'relief' or 'release' of deep-seated emotional or mental problems. This is simply because the space between the layers of the energy field that have become blocked and compressed by these imbalances over time, restricting the flow of energy, are suddenly opened up allowing the blocked energy to flow freely as the energy field is restructured. Therefore, it is distinctly possible that some blockages will be removed initially and some relief may be felt.

Additionally, with the Puck, the crown chakra is opened up immediately and external energies are allowed in and these appear to become centred in the genitalia region, focusing these external imbalanced energies into the lower aspect of our primitive sexual tendencies. If these imbalances are allowed to continue, I believe that they can, in the long term, lead to an imbalance in sexual energy and create desires of an extreme and deviant sexual nature.

To summarise, from my personal experience using these Gentle Wind products, I feel they will without question deny a person such as me spiritual freedom, and with continued use, likely to leave the natural and protective energy field of the body constantly open to influence from, and occupation by, all types of external imbalanced energies, which, as a consequence, will have a detrimental affect in the long term on not only spiritual freedom, but on physical and mental health too.

After meditating with the Gentle Wind products I decided to read the material that my brother-in-law brought up with him. It was interesting to note that when using the Puck it was possible to give this healing to up to 50 people at a time. **However, they had to hold hands and keep in a straight line for the healing to work.** Presumably, if they formed a circle the 'healing energies' of the Puck might not work, which is exactly what I believe happened when I meditated with these products whilst carrying a Harmoniser in my pocket. The Harmonisers balanced circular vortex energy broke-up the imbalanced male linear energy I was being subjected to, preventing the fragmentation and restructuring of my energy fields and allowing me to access the light and balance within. Hence, I then had a clear and informative meditation and the 'puzzle' was solved.

According to Gentle Wind, the Universal Healing And Alignment Symbol – \$175.00 – is a laminated symbol, containing herbs, minerals, cell salts and precious stones. Again, could the reality be different to the packaging? Here is an e-mail from Joe in Ireland:

Dear Steve,

I am sending to you in to-day's post a raft of paper which includes a brochure, information booklet and a series of articles which proclaim the wonderful "benefits" to be had from using one of their (Gentle Wind) healing devices. **Having witnessed the dissection of Universal Healing and Alignment Symbol, I can confirm that there were no minerals, cell salts or precious stones inside it. There was nothing behind the laminate other than**

a sheet of paper.

I hope that this information is of some use to you. I would be interested to get your views on the so called 'healings' attributed to the healing instruments.

Joe Deegan, Ireland

Thanks Joe. Even if these minerals etc., were put into the products in an energy form – and the company make no reference to this being the case – this would be clearly evidenced by the distinctive markings on the laminated sheet or the sheet of paper underneath. I believe that the only way to introduce energies in this form is to do so by infusing these energies into distilled water and then using this water on the symbol or the paper underneath. According to the promotional literature:

“The Gentle Wind Project is dedicated to the healing of humanity. The only way this Project can continue is through contributions from the general public. We very much need your help. And for specific donation amounts, you may request the corresponding healing technologies be sent to you.”

This is appealing directly to the emotional body of us all. They are a charity in need of our help so they can help humanity – or are they? They ask for donations for the products which I believe is a very clever marketing plan

When we take in the emotional appeal of the company's literature and the mechanistic design of the symbols – they resemble something you would find in a radio or some other electronic gadgetry – it comes as no surprise to find out that the people behind Gentle Wind have backgrounds in Social Work and Engineering.

Further:

“All healing instruments are guaranteed to be energetically active for at least two years. Gentle Wind reserves the right to shut any or all of these instruments down after two years. This would be done in order to make way for a new, improved technology. Please we need your help.”

We have yet another appeal to our emotional body. However, a symbol is a symbol and is a fixed vibration, its energies cannot be 'shut down' in any way shape or form no matter what these people may think or believe. The symbol's energy remains what it is until it is destroyed physically.

With apparently thousands of these instruments out in the world today, and their prices ranging from \$175.00 up to around \$10,025 for The Healing³ (Cube) – a six inch lexan cube with two symbols on opposite sides and two magnets in the centre (and this is not the most expensive product by all accounts) – this company must be making a huge amount of money. **The most expensive products do not come with a money back guarantee**, so even if, like Duncan or Joe, you are dissatisfied with the products, you may not be able to get your money back. One could be thousands of pounds out of pocket.

Personally, I found these products – from an energy point of view – not to be therapeutic, both from a spiritual perspective and a long-term physical health perspective. Based on my limited experience with them, I believe they offer no benefits towards bringing the external disease in consciousness back into balance. In fact, I believe that if I continued to use them, I would not be able to experience the spiritual aspect of our existence in this physical reality.

What must be stated is that there are many people 'out there' who start off with the right loving intent to genuinely help people, but because they end up shopping for

spirit in the external imbalanced reality, this loving intent is eventually eroded by the imbalanced energies and information brought into their energy fields and consciousness, and consequently, these people then begin to produce products and information in the likeness of these same imbalances which they have taken on board.

This is simply because the majority of people have, quite innocently, over the years and even more so today, constantly focussed their mind and attention *externally* into this outer imbalance of the physical and astral planes in their search for answers. They have not taken the time to look within themselves and connect with the light and balance they truly are. Therefore, with respect, these people have no reference point for identifying imbalanced energies or information because they have not resonated with and, therefore, *experienced* the unconditional love and light that all humans are. When we resonate with this immensely profound energy, we know from *inner feeling* exactly what balance is, and it is easier then to determine what **is** imbalance because it feels alien and uncomfortable to that unconditional love we are.

This is the beauty of the inner journey. It provides us with the opportunity to Resurrect the Soul in this lifetime, this incarnation, in the moment of NOW, as it is meant to be; thus avoiding the thousands of illusory lifetimes in which we must incarnate and accept the imbalance of suffering, pain, illness and disease we are conditioned into believing is necessary.

I share my experiences with these Gentle Wind products with love and light so hopefully people will listen to their own intuition and their own inner guidance before deciding whether to purchase or donate money for *any* product or healing.

In love and light always

Steve

GENTLE WIND FEEDBACK AFTER ISSUE 25 OF THE TRUTH CAMPAIGN

(Taken from The Truth Campaign Magazine, issue 26 – Winter/Spring 2003)

- 1. Letter To Ivan**
- 2. Ivan's Reply**
- 3. Steve's Feedback**
- 4. Additional Info Re Organisation**

In your article in the Truth Campaign Autumn 2002 on Gentle Wind Project you invited feedback, which we would like to offer as follows.

Firstly, we have had various Gentle Wind Healing Instruments since first holding one in January 2000. In those three years our lives have changed beyond recognition. As the name of the project implies it is a gentle and gradual process of repair and although most people experience an immediate feeling of peace and calm the healing is ongoing and we continue to notice beneficial changes in ourselves and friends.

We would contradict some of the observations made in the article. We have noticed our meditations have become deeper whether holding an instrument or not. As hands on healers we have noticed we are clearer channels for healing energy, often commented on by the recipients.

We soon noticed after the initial healing that we were not reacting to each other in the same way. We no longer pushed each other's 'buttons' and when we do get angry about something it soon dissipates, not eating at us for hours or days. It is much easier to cope with stressful situations, being calmer and less reactive.

We now communicate with more clarity between ourselves and with others. We have more friends and a better relationship with them and as a result an expanded social life. We are more confident in our dealings with strangers, important in our business.

Although the Gentle Wind Project does not make any claims for physical healing, David's hearing, damaged by noisy machinery as an apprentice, has 'miraculously' improved so that music has new qualities not heard before. He can carry on a conversation in a crowded room, which was not possible before using the healing instrument.

I would like to reassure the reader that we have not become sexual deviants although what is sexually deviant is subjective. Our sexual habits have not changed, except perhaps to say that as we are able to be more honest and open with each other there is a closeness and intimacy, which we did not experience before we used the healing instrument.

We have noticed remarkable improvements to our cat Moya who virtually changed over night from a neurotic, timid rescue cat into a friendly, confident adventurer after we used one of the Gentle Wind healing instruments on her.

We have had countless positive stories from the hundreds of people who have held our Gentle Wind Project instruments. So often people come to our open house evenings saying "I'm here because my friend is happier and more confident from using the healing instrument."

A friend of ours, not an instrument keeper, also carried out some muscle testing. Checking for an emotional problem before and after the initial healing, the arm which was weak before, was rock solid after the healing which surprised us because the healing takes 48 hours to complete the first stage. When tested 2 and 4 weeks later the emotional problem had not returned. The Gentle Wind Project has also carried out

extensive double blind studies on the long-term effects of the initial healing with enduring positive results.

The comments about not being allowed to bring other forms for healing to a Gentle Wind Project seminar are understandable, as it would be totally inappropriate to mix any healings systems. It would just cause confusion.

Gentle Wind healing is always free; we are not allowed to charge for it. We never say that people should have an instrument, but if they do ask about getting one we give them a catalogue and suggest they wait until they have felt the benefits. Then if they then want to share the healing with their friends and family they can get an instrument of their own. The Gentle Wind Project donates a great many instruments to third world countries and we personally know of healing instruments that have been sent out to India and Bosnia.

It is unfortunate that by your own admittance you did not follow the instructions, the initial healing takes 5 minutes not 3 or 4. One also needs to allow 48 hours at the very least before using the other aspects of the instrument such as Tranquillity or before assessing the healing.

We were surprised to find your article so biased, most journalism tries to give a balanced view. Perhaps the information above may help to bring that balance. Maybe the Gentle Wind Project healing is not for everyone, indeed some people choose not to hold an instrument, but we will continue to offer our healing instruments to those who wish to use them.

Mary & David Lambert
Bristol

Ivan replies:

Thank you so much for your feedback. Presently, it is the only feedback I have had, though Steve Gamble has had numerous calls from various supporters of the GW Project who disagree with our analysis (see following response from Steve).

I wonder if you wouldn't mind responding to a few queries I have?

Considering both mine and Steve's independent assessments of the effects the device in question has on the energy field, which correlate closely and independently, do you see the energies we are talking about? If so, do you concur that what we saw in the energy field is actually what is happening? If not, do you know others who do see energies, and whether or not they concur or see things differently?

If you or they *do* concur, then in what way do you or they feel that this straightening out and de-linking of vortices brings about the healing which you feel occurs?

I am delighted that David's hearing has improved, and I sympathise as I have had a deaf ear for many years. Also your cat's results are wonderful.

I need to explain a few things further from my perspective of the effects of the devices which may be relevant to why you have experienced what you have, and I hope that if I am wrong, you may be able to explain so that I understand things more clearly.

You say you have become clearer channels and better meditators. How would you define that what now happens is better? From my view, using such devices will indeed have an effect. However, the effect will be limited and confined to the specific energy pattern within the symbols used. The sensation of healing through the hands may well be felt as more powerful, but this can be deceptive. More powerful does not

mean better per se. It could equally mean more tangible – i.e. more physical. In my experience, the ‘better’ one gets at this hands on healing, the *less* physically tangible and ‘powerful’ it becomes for the ‘healer’ in most healing sessions (although this is not a rule). This is due to the attunement to higher and more refined energy as we progress. However, healing which is confined to symbols is limited by that specific vibration. And not everyone needs that specific vibration. Healing from the unlimited Source within us all gives what is needed and not what is defined by the healer through specific patterning.

Consequently, one person may benefit – or appear to – whilst another will not and will actually find the treatment detrimental. In the same way as many find Prozac seems to be beneficial to them, whilst others find the effects disastrous. Those who do swear by Prozac tend to be those who have a very limited spiritual and creative dimension, and the ‘healing effect’ of the drug as perceived is a red-herring. The person will care less about the stress factors and therefore *feel* better, whilst in fact the stress factors are life’s motivation and evolutionary drives which are overcome through personal development. Therefore, those who think the drug is doing them good are being deceived and have not the wider and inner development to recognise just what it is they are missing out on and the importance of taking the wider perspective into consideration.

A healing modality or device which relieves symptoms may very well be popular and perceived as beneficial, but it may be more to do with the individual’s inability to perceive from a level beyond this desire for serenity, because they are limited in their perception.

I feel this to be the main fault of the GW device.

Did you use the GW device initially for healing? If so, it indicates an already present imbalance. Therefore, how would you know that your healing has improved?

You say your social life and communication has improved. Is this a generalisation, or is it specifically through the GW organisation that you have met others of a like mind and find yourselves generally on an even keel? This again, would not in the least surprise me, nor indicate that my views on the Project are incorrect.

Being ‘happier and more confident’ is exactly what many Prozac users say. Again, how would they know that this state of mind is healthier than dealing with their stresses and imbalances in another more appropriate way – one which does not cocoon the individual and limit their perceptions?

The very tool we have in our energy field which detects imbalance and leads to stress etc. is reprogrammed to a specific pattern by the GW devices. Therefore, in my opinion, those who have used them for a length of time will be unable to evaluate their effects in an unbiased way. Again the analogy to SSRI drugs is a useful one; your doctor will insist that you should use it for a month before evaluation, by which time, you have basically become someone else, and that someone else is quite happy to be that carefree individual. However, it is the preceding month in which the aura detects the problem and creates concerns and worries in the individual. Unfortunately, it is the auric ‘meter’ which registers such concerns that is being reprogrammed by the GW device and as such makes it less likely to be a useful guide to the individual’s discernment.

The issue of the introduction of other forms of device into a meeting was not quite as simple and straight-forward as you may think. It has more to do with the closed-mindedness and aggression of those who warned Duncan off. They did not display the kind of honest and loving intent one would expect from the hype. This is ‘understandable’ but not in the way you have grasped, in my opinion.

And according to Steve Gamble's experience talking to those GW users who have called him, the same aggressive, closed-minded, fearful and secretive attitude has been projected at him. It is these things which tally exactly with our assessment of the tools we have seen.

I am a little concerned that you seem unable to 'see through' the hype and appreciate the allegations made about the clever marketing and large income generated from what are in fact little more than symbols on paper. The kind of money recouped for such small investment is enormous. The claims made do not tally with the reality. Yes, people do not *have* to buy the products, but are emotionally persuaded to for both convenience (not having to visit a keeper every day for weeks or months) and because of the hold that the organisations' pseudo-religious and evangelical hype is designed to have over them, and the hold the reformatted energies have over users' emotions, expectations and innate desire to do good and bring healing and light into the world.

That's concisely my perspective, and I apologise if it seems I am condescending or patronising. I have no vested interest in this other than a desire to get to the truth and help people. I do feel your experience and that of many others is through a lack of and a limiting of awareness that the devices inflict, and I feel that nothing you have yet said actually contradicts my expectations of the effects of using these products -- the hearing issue aside.

Please feel free to come back at me on this, and please take the criticism in the manner intended, not to hurt or insult, but to clarify and help.

Much love to you both

(After several months, there was no response from Mary and David except to state that they felt there was no use responding to my questions as I have already set my views – ed.)

STEVE'S RESPONSE TO THE GENTLE WIND FEEDBACK IN GENERAL

This is an update of responses I've had following the article about the Gentle Wind Project in the last issue of the magazine.

Since the publication of the magazine, its content regarding the Gentle Wind Project has found its way into the hands of the Gentle Wind hierarchy. As a result, a few people have contacted Duncan and myself by telephone.

Since, Duncan has received numerous calls from somebody withholding their number. As Duncan has a caller I.D., he ignored this type of call. The anonymous calls lasted for about a week before stopping.

This is interesting, as shortly after this I too began to receive telephone calls from people who also withheld their number and who refused or were reluctant to reveal their names.

The first telephone call I received from somebody involved in the Gentle Wind Project came on the 19th December 2002. The caller said he was ringing regarding the Gentle Wind Project and their instruments. I asked him what his name was and he refused to divulge this, but instead continued the conversation by telling me he had been meditating for 15 years and had visited many Saints, Avatars etc., around the world – and reeled off their names – and finished off by telling me with what can only be equated to a trumpet call, that he was also a Reiki Master. The caller said that in view of all his experience my interpretation of the effect the Gentle Wind products had upon the energy fields of the body was incorrect, and he was here to put me straight.

I asked the caller if he could actually 'see' energies in any shape or form and he acknowledged that he couldn't, but still insisted that I was wrong about my conclusions about these Gentle Wind products. To cut a long story short, after about 20-30 minutes debate, I eventually persuaded the caller to divulge his name, offering him the opportunity to put his comments in writing to be published in the magazine.

The caller was Godfrey Street, one of the UK Coordinators for the Gentle Wind Project.

Godfrey continued to try and convince me I was wrong until I pointed out to him that humans have this inordinate capacity for telling lies and repeating other people's truths and beliefs through, in many cases, innocent ignorance or sheer blind faith. I informed Godfrey that I no longer accepted as fact what anybody had to say about a product or healing modality because of this. I explained that I preferred to look at what Nature and the energy fields of the body were telling me instead. I informed Godfrey that, unlike humans, Nature and energy fields do not have the capability for telling lies, they just *are*, and they show things *exactly* as they are happening. This for me represented a far greater truth, and a much more reliable experience of what is truly happening than taking on board other people's opinions and so-called truths. Opinions and truths which may be possibly biased, ego-based and in many cases founded upon blind faith or innocent ignorance; examples of which we have discovered in this magazine over the years.

At this point Godfrey asked if the conversation was going anywhere and I said no, I would not change my opinion of the experience I had when using and meditating with the Gentle Wind products. I again offered Godfrey the opportunity to put his points in writing and he said he would and send them to me. After the call had finished I dialled 1471 and found that Godfrey had *also* withheld his telephone number.

To date I am still waiting for Godfrey's written comments. Maybe he has changed his mind, or maybe he has been instructed not to write to me. Who knows?

Shortly after this I began to receive a number of telephone calls from some person or persons unknown who said absolutely nothing and then just hung up. Again, the callers had all withheld their numbers. Here I must point out to the reader that I have no concrete evidence of who was making these calls. I report this occurrence purely from a journalistic perspective as it sits between calls I can identify as being from Gentle Wind Coordinators or Instrument Keepers and has only happened since the publication of the article by Ivan and myself. These sporadic calls became more intense and after receiving an unprecedented number of these calls in two days I put a block on the telephone line to stop them, simply because they were becoming a nuisance. Strangely enough, I began to receive calls on the Fax/Answer phone line, yet again, no message and the telephone number withheld. However, this did not inconvenience me in any way and these calls soon stopped. Just as Duncan's did.

I thought that this was the end of the matter until I started to receive more calls from Gentle Wind people using mobile phones. Again, this is a good way of remaining anonymous. One person did reveal her name, Manjat. Once more I was informed I was incorrect in my opinion of the effects that the Gentle Wind products had upon the energy fields of the body. Once again, the caller could not 'see' energies and was also involved in Western Reiki treatments. This caller also accused me of having an ego problem and of co-writing the article simply because I was jealous of the Gentle Wind products as they represented a threat to me and the production of the Harmonisers'. Yes, the caller referred to the Harmoniser by name.

This is just a brief summary to provide the reader with an idea of the salient points of what has transpired since the article on Gentle Wind was published in this magazine.

So what can we make of these contacts from people involved with the Gentle Wind Project?

Firstly, what comes to my mind – and here the readers must judge for themselves – is the *fear* some of these people seem to have. Some are reluctant to give their names, and they withhold their telephone numbers. What are they so afraid of? As we know from information shared in this magazine, fear is an imbalance and plays no part in spiritual awareness or understanding. It is also interesting that the people who have contacted me are all involved in Western Reiki, which the reader will know from reading this magazine is based upon the illusory reality - the externalisation of inner truth. The very use of the Reiki symbols (there were no ‘symbols’ in the true origins of Reiki as taught by Usui-sensei) and the premise behind Western Reiki opens up the protective auric energy field leaving it vulnerable to external imbalanced thought forms/energies, which can then enter our protective energy field, influencing and compromising our consciousness, thus altering our beliefs and our perception of reality - as I have covered in great detail throughout the Shopping For Spirit articles.

What I ask myself here is, if these Gentle Wind products are so good and so effective as these callers would have me believe, then why are the people who use them and promote them so fearful of revealing their identity and telephone numbers? To me, these are not the actions of somebody who is truly aware of their inner spirituality and light. Nor are they the actions of somebody coming from the balanced state of unconditional love either. Maybe we should ask if they are more likely the actions of an organisation that is fearful of being caught out and the actions of individuals who are not truly spiritually aligned because their consciousness and belief has become conditioned?

Personally, if I were involved in something similar to the Gentle Wind Project, i.e. wanting to help people and myself, and I could not ‘see’ energies and I had no idea of the inner journey and my intuition was not too good, I would naturally have to take other people’s beliefs and experiences at face value until I knew any better. However, having said that, if I had read something like the article on the Gentle Wind Project I would naturally be concerned enough to find out more for myself. I would naturally look into the matter more, especially if two people who could ‘see’ energies who had been working with energy fields and in the field of healing/spirituality for the greater part of their lives had, quite independently of each other, come to more or less the same conclusions.

I would not for one minute consider ringing somebody up who *could* see these energy fields and tell them that they were wrong. That would be very presumptuous of me, arrogant and wholly ego- and intellectually-based. I would merely be showing my conditioning and blind faith in something I did not fully understand or comprehend from an energy perspective, and therefore, a deeper level.

After all, the two people who had written this article had openly given their names, web site addresses and telephone numbers, so they were not hiding behind anything and were easily contactable. So, I would look at their respective web sites if I had access to the internet, see where they were coming from, what information they were sharing and/or I would ring them up and ask them about their experiences in this field, what could they see, feel etc., what was their background and so forth. I would try and determine whether they had something to hide or were indeed genuine people with important information to share. Obviously, these people could be misinformed or

have a hidden agenda, but I would endeavour to find out the truth for myself. I would not accept in blind faith what the Founders or Coordinators of this Project had to say. After all, they have a vested interest in these products and I would personally not adopt the attitude of ego, presuming I knew better when in fact I might well not.

Given this situation, it would be prudent for me to find out all the facts for myself so I could then come to my own conclusion and it would be my truth and, as a result, I would not be guilty of merely repeating somebody else's truth.

This would, to me at least, be a natural human concern, that I would *want* to find out more. But, yet again, these people, who by their own admission, cannot 'see' energies or energy fields, have chosen to totally ignore what could turn out to be very important evidence regarding the products, even insisting that without possessing the ability to see energy fields, they still know better than those who *can* see these energy fields.

At the end of the day, the Gentle Wind people have their opinion, and I and Ivan have ours. Duncan too is entitled to share his adverse experiences with the products without being hounded. Therefore, I respect the belief these Gentle Wind people have, and even though I disagree with it, it is still their right to express it. I ask in return that they too respect my right to express my opinion.

I am merely sharing information that I feel is important to us from a spiritual perspective and at the end of the day it is up to the reader to come to his or her own conclusion based on all the available information, and not from a pre-selective and one-sided portrayal.

Ivan and I (the authors of the Gentle Wind article) have acted with total openness by providing our names, telephone numbers and web addresses where we can be readily and easily contacted if people wish to discuss these issues – or any other concerns they may have - by means of constructive debate. We have nothing to hide and nothing to fear.

As always, I share this information with love and light and the hope it helps people to come to their own conclusions of what is or may be, and what is not or may not be, in what is becoming a more and more spiritually contested market place. Everybody seems to want to control the direction of our spirituality today. I wonder why that is?

Love

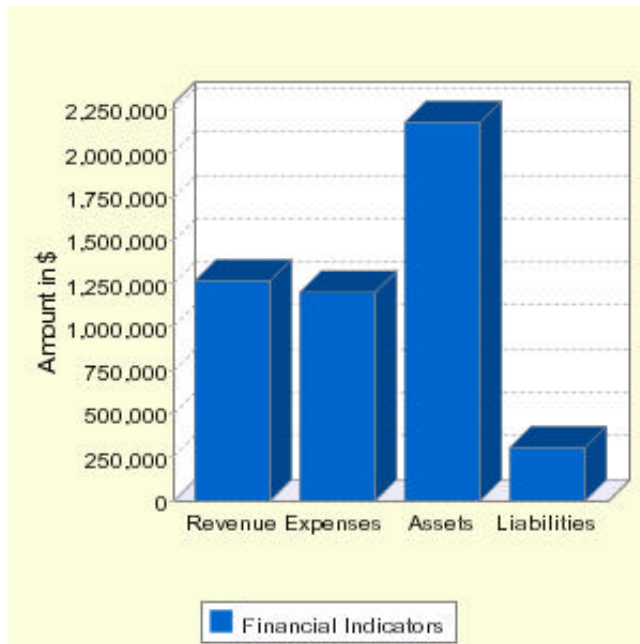
Steve

Addendum:

It may be prudent to mention that as of 2001 the Assets of the Gentle Wind Organisation (Retreat) were a charitable \$2,178,082. Their declared income for this year was \$1,263,308 of which \$708,304 (declared) came directly from public support – i.e. from you – the rest of the income for this year we'll hopefully have a look at in greater detail in a later publication.

The value of properties owned by this organisation as of 2001 was \$1,161,242 with a Land Value of some \$403,997, and automobiles/transportation equip running at some \$170,517. On the face of it, this is of course nothing unusual for an organisation, charitable or otherwise, but as it has been alleged that the main Directors of this organisation live in some of these properties and as well as receiving \$35,675 each as

a salary (others receiving less), they also allegedly have their 'living' and 'other' expenses paid for, there may be more to this than meets the eye.



GENTLE WIND RETREAT - Financial Snapshot for Fiscal Year Ending 2001

Revenue:	\$1,263,308
Expenses:	\$1,196,048
Assets:	\$2,178,082
Liabilities:	\$303,297