

CHAPTER FIVE

We have looked at many facets of the illusion and the shops it uses to ply its trade of inverted truths and sometimes quite blatant lies. We have been examining the consciousness **'behind'** the illusion. It has not been our intention to criticise individual participants who may be religious or Reiki Masters or any of the other millions of wonderful people who work genuinely through their heart centre for the love of all living things. Rather *we have been looking at the framework behind the illusion* which has managed to direct all these wonderful people into the illusion and all that this entails. This is why in this chapter we are going to expose the greatest illusion of all. An illusion which has ensured that the focus and attention of decent and honest-intentioned people has been, for thousands of years, and is continuing to be, directed and manipulated away from the light, the path to truth and the path to spirituality, and into the very dark consciousness of the illusion itself. Thus, once again, we are led willingly into a spiritual prison of our own making.

In this Chapter we return to examine consciousness in far greater detail and look at the 'inner journey' from the perspective of the Indigenous Shamans of today, and of our Ancient past. We will also be taking a look at what science has to offer in the form of corroborative evidence of a 'collective consciousness' and the 'inner' shamanic path to truth.

Some may say we have come full circle throughout these chapters, and to an extent this would be correct. However, we have actually travelled the journey of the 'infinity symbol' – the figure of eight. We have journeyed exactly in keeping with the way Nature operates. This is through the process of implosion and explosion, which is how natural energies work to preserve and maintain equilibrium - balance. We will look at this concept in more detail later.

Note: In the following there are quotes from books, allegedly, from an historical character referred to as Jesus Christ. Whether Jesus Christ is mythological or historical is irrelevant in the context of this chapter because there was *somebody* in ancient times who was saying and teaching these things. However, we will discover *exactly* what Christ *was*, and always has been, historically and today, in Book Two.

CONSCIOUSNESS AND ITS INTERACTION BETWEEN ALL LIVING ENTITIES

Whilst we have looked at consciousness from many different angles, we will now examine more of what science has been able to offer from its understanding of consciousness over the last century. We will begin by studying the consciousness of the plant kingdom.

'Man', said Raoul France, 'merely thinks plants motionless and feelingless because he will not take the time to watch them.'

In the book 'The Secret Life of Plants', Peter Tompkins and Christopher Bird chart some very interesting scientific developments relating to the consciousness of plants and the energy interaction and influence between all living things. It is an exciting discovery of how energies interplay with each other and which can directly or indirectly influence other living systems. Discoveries which were so profound by their nature, they naturally aroused the interest of the intelligence agencies and the military in the 1950's and 60's. This may well have been the springboard for their respective present-day non-lethal weaponry - a unique way of influencing and controlling populations of people through radio and microwave radiation without causing a fuss or drawing untoward attention to their actions. This weaponry was reportedly first used in the UK against the protestors at the Greenham Common Cruise Missile Base.

Tompkins and Bird start by looking at the work of Cleve Backster, one of America's foremost lie detector examiners. Backster soon discovered by playing with his galvanometer and

attaching electrodes to the leaves of plants, he could witness a response in plants to his own thoughts. Galvanised and excited by his findings, Backster started an intensive programme of research into the extraordinary perception of plants. He discovered that plants reacted not only to threats from humans, but also from other animals.¹ Backster's investigations continued in order to establish if a plant had memory. He set up an experiment where six of his students, blindfolded, drew lots from a hat. On one piece of paper only were the instructions to actually damage the plant. Two plants were used; one was duly damaged by the student acting on the instructions on the piece of paper and the other plant acted as a witness to the event. Backster showed that the surviving plant gave no reaction to five of the six students, but whenever the actual culprit approached it, it reacted and caused the meter to go wild.² Backster had effectively demonstrated that plants have memory.

Backster went on to extend his field of investigation into mould cultures, scrapings from the human mouth, blood cells, and even sperm. The results were just as interesting as those he discovered with plants, and sperm cells were quite uncanny in the way they seemed capable of identifying their own donor.³ After further experiments his findings were published in 1968 in the *International Journal of Parapsychology*.⁴ Backster's work was providing a foundation of belief that there was some form of cellular consciousness common to all living things.

Other scientists followed up on Backster's work with their own experiments and one, Sauvin, found he could control his model train set or even start his car engine by transferring his thoughts to a plant while the plant was connected to the device in question.⁵ Sauvin went on to show that this phenomenon could be repeated by controlling the flight of model aeroplanes. By transmitting thoughts to a plant Sauvin could start, stop or alter the speed of a model plane in flight.⁶

As more and more of these scientific experiments and their startling results were written up in journals all over the world, more scientists became involved in similar research programmes. Vogel was one and reasoned that there was a 'psychic energy' at play and that this energy was storable.⁷ Vogel noticed that leaves with a large electrical resistance were especially difficult to work with, though fleshy leaves **with high water content were best**.⁸ He concluded that man can and does communicate with plant life and that plants are living objects, sensitive and rooted in space. They radiate energy, which one can feel as they feed this energy into our own force field which in turn feeds back energy to the plant.⁹ Vogel went on to use subjects who could project their consciousness into a plant.

In other parts of the world similar experiments were being undertaken which led to developing the use of radio frequencies to stimulate the growth of plants. In 1970, L. George Lawrence read that in the Ukraine, radio frequencies and ultrasonic vibrations had been used to stimulate cereal grain seeds to produce higher yields as far back as the 1930's.¹⁰ In 1970, Pravda published an article by professor Ivan Issidorovitch Gunar, head of the Academy's Department of Plant Physiology, which confirmed the presence of electrical impulses in plants, similar to nerve impulses in humans. This report concluded similar findings, which proved there was communication between plants and humans, and a plant's reaction to human intent – be it love or hate – through calmness or fear.¹¹

Sir Jagadis Chandra Bose showed that plants became intoxicated when given shots of whiskey or Gin and behaved similar to the way humans react, swaying and even passing out.¹² Bose's ideas and findings that plants have nerves similar to humans were received with veiled hostility amongst botanists.¹³

There have to date, been numerous experiments and tests which demonstrate clearly how plants and vegetables do react to pain, emotion and love. Experiments continued in many areas of the world on the effects of not only thought/emotion upon the consciousness of plants, but the effect of other vibrations and sounds such as music and ultrasonics.

Tompkins and Bird go on to describe an eight week experiment carried out on summer squashes by broadcasting music to them in their respective chambers from two Denver radio stations. One station specialised in heavy rock and the other in classical music. Those squashes exposed to Hayden et al, grew towards the transistor radio, one of them twisting itself lovingly around it. The other squashes, subjected to the rock music all grew away from the radio and even tried to climb the walls of their glass cage. Similar tests were carried out on other plants and vegetables with the same results. Rock music proved to be detrimental to the well being of living matter, whilst classical music proved to be beneficial.¹⁴

Other tests, report Tompkins and Bird, show that for example, *Mimosa pudica*, which naturally fold their leaves as darkness falls, even if they were kept in a darkened room, the leaves would still 'close' as the sun was setting. Which, Jean-Jacques Dertous de Mairan concluded, meant plants must be able to sense the energy of the sun without being able to see it.¹⁵

This knowledge of the interaction of energies between plants, vegetables, humans, sound and vibration led to further experiments whereby the yield of crops, vegetable or fruit, could be greatly enhanced when stimulated with energy frequencies of the right nature. Joseph Molitovisz invented an 'electrical flower pot' which could keep flowers much longer than is normally possible.¹⁶ Over time this knowledge led to the use of radio broadcasting for removing pests from agricultural land – a totally pesticide and chemically free form of eradication.

A company was set up called U.K.A.C.O. Inc. to relieve farmers of unwanted pests and to increase their crop yields. This process was so successful that when insecticide salesmen visited the farms under treatment, they were informed their products were no longer required. This upset the American insecticide industry to the extent they ridiculed U.K.A.C.O. Inc. by calling them fraudsters and charlatans.¹⁷ In the early 1950's pressure was put on the government to stamp out this new method of pest control as it severely threatened the profits and therefore the position of the insecticide industry as a whole. Sounds like a familiar story. All the resulting pressure and smear campaigns from government and industrial big shots finally forced U.K.A.C.O. Inc. to close its doors.¹⁸ Ego and fear (greed) had won the day once again. Also in the 1950's the De La Warrs were achieving remarkably similar results in improving crop yields with their 'black boxes',²³ and similar episodes were occurring on both sides of the Atlantic throughout the 1960's and 70's.

Of course, the approach of the intelligence agencies was quite different to the fear approach of the insecticide industry. Realising that if insects could be affected or even killed by 'radiating' poison at them, then it followed that the same technique could be used by the military against concentrations of troops or even whole populations of towns and cities. The US Army took an interest in developing ways of measuring emotional responses in people via plants. Funds were provided for research into this field and even the US Navy showed an interest. The operation centre, at the Naval Ordnance Laboratory in Silver Springs, Maryland, were repeating Backster's experiments.¹⁹ And it was not long before we had the development of non-lethal weapons which today we recognise as microwave and radio frequency mind control machines.

On a positive note, all of this work and research led eventually to the development of the first 'energy machines'. Georges Lakhovsky developed his multi-wave oscillator to successfully treat arthritis, chronic bronchitis, and other ailments in the 1940's. Lakhovsky had laid the foundation for what was to become known as radiobiology. However effective this multi-wave oscillator proved to be, the medical profession refused to pursue Lakhovsky's findings and the use of the multi-wave oscillator for medical treatment became officially illegal throughout US Health Authorities.²⁰ Nothing appears to have changed today.

Dr Abrams developed what he called his 'oscilloclast'. The oscilloclast or wave breaker could emit specific waves capable of curing human afflictions by apparently altering or cancelling out radiations emitted by various diseases. Abram's 'box' represented a threat to the egos and profits of the medical profession and Abrams was vilified even well after his death in 1924.²¹ Dr

Ruth Drown made refinements to Abram's machine and although she received a British patent for her design and apparatus, her claims were rejected by the F.D.A. authorities to the realm of science fiction and her equipment was confiscated in the early 1940's. She, like many before her, was branded a charlatan and a cheat and allegedly died of grief, a broken-woman.²²

Another protagonist in this field of research is a name we are familiar with, Dr Andrija Puharich – a neurologist and medical electronics expert²³ – who we encountered in Chapter Four as the man behind the setting up of the so-called extra-terrestrial spiritual hierarchy 'The Council of Nine'. With his obvious links with the CIA we are left in no doubts about his ethics or motives behind the use of this technology to 'influence' his subjects.

These advances in energy machines eventually led to the development of Radionic and Radiesthesia 'boxes' to treat humans and in the 1960's we witnessed the development of Kirlian photography in Russia – the ability to capture energy fields of plants and humans on photographic plates.

Fortunately, the fear-mindedness of the ego-consciousness in its desire to stop these beneficial developments helping humanity - and what may otherwise seriously deprive its multi-nationals of profits - has merely delayed the evolution of these energy machines. The ego-consciousness may have berated and condemned many people whose only intention was to benefit humanity, and may have willingly and intentionally destroyed them and their inventions in the process, using them instead for their own manipulative purposes. But thanks to these wonderful people, their determination through good intent, and the dedication of others who have followed up on their work, truth and balanced light consciousness have managed to survive. These remarkable advances in medical treatments may have been delayed, but fortunately for us all, we are now seeing in Germany and Russia, energy machines that can identify illness and disease before it becomes apparent in physical form. There are four recognised stages to illness and disease. Stage four is the physical manifestation of disease, a condition whereby orthodox medicine can determine abnormal changes in the physical and biochemical structure of tissues. In Germany, for example, due to the science of biophysics, machines can now detect illness and disease in stage two, while it is still in an energy form and before it has manifested into a physical problem such as a growth. This naturally makes the 'treatment' far simpler and far more effective and less demanding on the individual's physical body.

Due to the research into bio-resonance therapy by German and other physicists we can now witness and experience machines which can take energy from the human body and split it into its endogenous (occurring naturally of the body) and its pathogenic (disease causing) forms. These machines can then amplify the endogenous fields, which strengthens the immune system and then 'invert' the pathogenic frequencies to effectively cancel them out. These energies are then fed back into the body. One can also identify hormonal deficiencies, mineral deficiencies and so much more. Science now has the frequencies for almost all disease causing agents so these too can be identified and treated accordingly. Conversely, and perhaps more worryingly, so do the military and intelligence agencies. Compare this treatment with what is available in America and Britain today – the insecticide and pharmaceutically produced chemical and toxic equivalent. Then we are forgetting, Germany is also the place where one can go for Ozone treatment and B17 treatment outlawed by the F.D.A. in America (See Chapter Four).

What becomes clear from the science presented by Tompkins and Bird is that all living things are constantly interacting with each other and sharing information on an open basis. From my own research into the science of biophysics I found that the Earth's Schumman waves resonate at the same frequency as our hippocampus (found in the brain), and that the hippocampus of every mammal resonates at this same frequency too. Interestingly, the hippocampus is part of the limbic system, which functions in the emotional aspects of behaviour related to survival. The hippocampus is further related to functions in memory. Here we have a direct link with nature and our interaction with it, related to survival and memory. That any

interference with Nature and our interaction with it is important to our well-being, is evidenced by the fact NASA built Schuman wave generators into their space craft (in space the astronauts are away from the earth's magnetic fields, i.e. Schuman waves) to keep their astronauts physically and psychologically sound and *to stop them becoming ill*.²⁴

This is how energies work and every living thing, be it plant, vegetable, animal or human, is composed of the very same energy - Spirit, God, Oneness, Source or whatever label we would like to attach to it. **It is only the way this energy animates the biochemical aspect of this existence through DNA that makes living entities different in appearance.** We are all one with nature and nature is all one with us. However, due to the symbolic 'Fall of Man', both in consciousness and awareness, we no longer have that conception of the *overall we*, the belonging to and *being* a part of the *collective WE*. We now look at life from the singular aspect of the ego, the *ego of I*, and we view life as being composed of individual and separate entities, ourselves included. So we do not see or feel the plant or animal as an extension of ourselves, or as being one with us. Instead through ego, we now see all life outside of us as being separate, and therefore alien to us. All consciousness is totally interconnected, therefore with *awareness we can* experience 'everything' and that 'everything' is actually one.

It is important to understand that *our brain is merely a processing unit*, a processor of external and internal stimuli. The left hemisphere houses the ego centre and this is responsible for the **I Am principle**. The left hemisphere is also the linear aspect of our thinking and our intellect. It is the area of the brain that *tells us* that we are individual and separate from everything else. It is the area that has to have purpose and reason – a purpose in life, a purpose and reason for being here. It is also the centre of the brain that holds onto fears and re-runs these fear circuits continuously to keep us frightened and stop us from moving forward with love and compassion. This ego-centre overrides the *right brain which is our processing centre for unconditional love, compassion and appreciation for, and connection with, all living things*. The ego/intellect blocks our awareness from experiencing the wonder and beauty that is Oneness itself, and importantly our part of, and connection with, All That Is. The ego is our judgmental centre and it is responsible for wars, prejudice, greed, desire for power and control. It creates imbalance, toxic chemicals, GM food, and so forth. The ego cannot possibly accept that it is merely a part of creation and is here by evolutionary chance. This would mean that the ego is relatively insignificant and therefore has no *greater purpose or reason* to be here. The ego simply cannot accept this, *so it is constantly looking for purpose to be here*, and in so doing *it creates 'reasons' for us being here*. Such as: I am here to save the world, I am someone important or that I was an important person in a past life, I come from a much higher source, or higher dimension/frequency of light, or Star system/planet, Orca whale, and so on and on we could go. The ego cannot accept that nature/creation is what it is and that nature is far greater than the ego itself. So the ego creates its own belief that IT (or part of its ego-creation) created everything in the first place. The ego-consciousness then offers ITS own (often crazy) reasons for humans being here. This is why we have all the ego-created beliefs we have today. These range from the Qabala and many religions, the new age, to numerous other so-called spiritual beliefs and crazy healing modalities. Plus many other illogical ideas, like human 6/12/22 Strand DNA, the Merkaba etc., which are all *symbolic* of the linear way in which the ego perceives reality intellectually, geometrically and mathematically. We also have human DNA seeded by aliens, the moon dragged into its present position by ancient civilisations etc. 'Beliefs' created to enable the external ego-consciousness to 'feel' more powerful and gain more control over human consciousness and human actions on earth through the 'energy' emitted by human believers.

This is the astral reality, the external unbalanced ego-consciousness that HAS to see itself as the Creator Reality and the total controllers of humanity. This ego-consciousness *has to be* constantly fed and revered by human energy delivered to them through ego-created belief systems, rituals, prayers and the like. Just so the ego-consciousness can feel powerful, remain

constantly sustained and grow and develop an ever increasing influence and control over humanity, people's beliefs, and thus their actions. Hence we are seeing the increasing development of a New World Order (NWO), one world government, one world religion today – and the beginnings of a totally subservient human race: Automaton serving the 'chosen' Elite Rulers. In short, the ego-consciousness has to see itself as being above all of creation!! When in fact it is nothing more than a disease in consciousness, a tumour, a cancer that is slowly destroying all life around it!

On the other hand, the right hemisphere of the brain is responsible for processing information from the inner heart. It processes information (which we are receiving all of the time) that allows us to experience and understand that we are totally connected to and as one with everything else around us. It is our 'bliss' centre, where we experience harmony and balance, the beauty and sheer wonderment of all of creation. This area of the brain processes information and emotional wellbeing that makes us feel safe, nurtured, and as one with, and connected to, Oneness itself. *Maybe we can understand today why people are becoming more and more egotistical, greedy and selfish because in practically every education system in the world, our children are taught to be left-brained, linear-thinking and wholly intellectual.* We can find this even more so in colleges and universities, especially those that have fraternities. There is hardly any education system in the world today that encourages children to use their right brain and their imagination and intuition, which are both vitally important for maintaining a crucial balance in our perception of reality and our place within it. As we become more and more intellectual and ego-centred, we naturally attract more and more of the external imbalance of the ego-consciousness into our psyche where it can begin to influence our thoughts, feelings, beliefs, emotions and ultimately our physical actions. This is when we find that we begin to '*channel*' information from some so-called supernatural beings that are conveniently here to save humanity. 'They' use our beliefs to 'appear' to us in *any guise that they feel is appropriate* to fool us into believing what 'they' are sharing with us is deeply religious and spiritual and worthy of note. 'Beings' who also lead us into believing that we are *important players* here to save the world, offering us many 'gifts' and telling us that *only we* are capable of receiving and understanding their information. And all the rest of the baloney that goes with channelled information from the astral reality. All aimed securely at the weakness of humans, the fragile ego-centre and the emotional body.

Consciousness just IS. All we see outside of us is a reflection of our own, and every other entities, inner consciousness so we can experience ourselves and the whole of creation. From this experience we can become more aware, in this physical reality, of our own being, and *also the disease* we have created in the Earth's consciousness. This new level of awareness allows us to purify our consciousness in this moment of now to gain a higher level of understanding of our true potential and how therefore, we can help to create more balance in this external ego-consciousness. Only we have forgotten this, and the reason we have forgotten, or have not been allowed to remember, will be looked at later.

The knowledge presented by this science also shows the different approach of organisations to its findings. On one hand, there are those who work to keep this knowledge from us and out of the public domain for fear it may interfere with their profit machines and undermine their control. On the other hand there is the interest of the Intelligence Agencies, who have openly and willingly adopted this information because they could see the potential for its use in controlling and influencing the populous through difficult to identify means.

Some cultures, especially the Eastern ones, have taken this understanding of collective life-force energy and extended it to the way in which they prepare food. In China for example, many animals are kept alive until just before they are about to be cooked and eaten, with the belief this will feed more life-force energy (Chi) from the animal into the human that then consumes the meat or fish. This would be correct if animals were treated with love and respect. However, when animals or fish are kept in cramped and distressed conditions or environments,

then the animals or fish will naturally feel frightened and/or confused. *This is the very same unbalanced and fear-based energy/consciousness* that this so-called wisdom feeds back into the people who eat this emotionally distressed food – and so we continue to mistreat animals, as well as each other.

As an aside, it may be interesting to point out here, if true, that Andre Simoneton was able to establish empirically that he could measure specific wavelengths from food that indicated both vitality and freshness, or not. Regarding meats, the only one Simoneton included in his top list of edible foods was freshly smoked *ham*. He found that freshly killed *pork* radiates at 6.5 thousand angstroms; but once it has been soaked in salt and hung over a wood fire, its radiance rises to 9.5 or 10 thousand angstroms. Other meats, he discovered were almost valueless other than as a digestive exercise. Simoneton established that the human body in health, resonates at 6.5 thousand angstroms.⁵⁴

Following the foregoing considerations, it may be time for vegetarians to extend their views on the ill treatment of animals to cover plants, vegetables and fruits also. This awareness of consciousness and feeling/emotion, which transcends all living matter, provokes a completely new paradigm of thinking regarding our health, spirituality and the way we nourish the physical body. As Vogel discovered, plants with a higher water content responded emotionally the most and as we have discovered throughout these chapters, **water is consciousness** in this physical reality, because water stores information and most importantly *water stores emotions* – fear-based or love-based (See Chapter Three and Four). We will cover more on this theme and the role water plays in consciousness, especially for the soul's journey into the afterlife and the implications this can have on our spiritual future in Books Two and Three.

For the moment, it is time to return to Vogel to lead us into the next section. As Vogel's work progressed, he began to research more into the phenomena of this psychic energy he believed in and which he believed was storable. Enter Debbie Sapp, who was asked by Vogel to relax and project her consciousness into a philodendron. She made a conscious decision to let her imagination take over and found herself entering the plant through the main stem through a doorway at its base. Debbie experienced no mental pictures but felt she was becoming part of, and filling out, a broad expansive surface with no sense of time, just a feeling of unity in existence and space. (This is similar to our own experiences meditating with plants or trees). Vogel also noticed an abrupt stop on his recording chart when Debbie 'came out' of the plant. As these experiments progressed, Debbie was able to describe the inner make-up of the plant's cells and their structure in great detail. Vogel carried out the same experiments with dozens of other people who all gave consistent descriptions of various parts of the plant's cellular body, *down to the detailed organisation of the DNA molecules*.²⁵ Could this be the same form of projecting consciousness we find in Remote Viewing and Remote Sensing used by the Military?

DNA – THE COSMIC SERPENT

In Jeremy Narby's excellent book 'The Cosmic Serpent – DNA and the Origins of Knowledge', he investigates shamanism and the indigenous people's uncanny biochemical knowledge of the plant kingdom. Whilst studying Ashaninca ecology, Narby discovered that these honest people living almost unheard of in the Amazon forest insisted that their extensive botanical knowledge came from plant induced hallucinations.²⁶ These hallucinations happen in a trance state during which Narby found shamans talked of a ladder or vine, a rope, a spiral staircase, or a twisted rope ladder that connects heaven and earth which they use to gain access to the world of spirits. These spirits present themselves to the Ayahuasquero (shamans) when they drink their special plant brew.²⁷

These indigenous people refer to these normally invisible beings as the maninkari, and we are informed that they are found in animals, plants, mountains, streams, lakes and certain crystals

and these 'beings' are **the source of all knowledge**. These hidden spirits are literally 'those who are hidden' and are considered to be ancestors with whom one has kinship. As these maninkari are present in all living things, the Ashaninca think of themselves and all living things to be members of the same family.²⁷

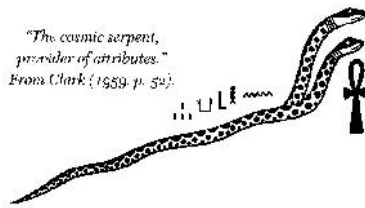
The medicine men of the Kamsa and Inga tribes of the Valley of Sibundoy have unusually extensive knowledge of medicinal and toxic plants and Salvador Chindoy (shaman) insists that *his knowledge of the medicinal use of plants has been taught to him by the plants themselves*.²⁸ Just as this same knowledge is shared throughout other indigenous cultures all over the world today. Shamanic traditions invariably state that images, metaphors and stories are the best means to transmit knowledge.²⁹

Throughout his time living with and absorbing the traditions of these local people, Narby came across a recurring and consistent theme behind the explanations of indigenous people's beliefs and descriptions of where and how they obtained their knowledge – **the Serpent or snake**. This is the case in many ancient and modern indigenous cultures where the creation of life is associated with snakes or a cosmic serpent. Narby had his own experience of taking these hallucinogenic herbs and describes his experience as follows: 'Deep hallucinations submerged me... I suddenly found myself surrounded by gigantic boa constrictors that seemed fifty feet long. These enormous snakes are there, my eyes are closed and I see a spectacular world of brilliant lights and in the middle of these lazy thoughts the snakes start talking to me without words.'³⁰

Narby continued his investigation and discovered the serpent was associated just about everywhere with shamanic knowledge and even in regions where snakes are unknown in the local environment. He discovered the works of Eliade who states that in Siberia the serpent occurs in shamanic ideology and appears upon the shaman's costume, where the reptile, the snake itself, is unknown.³¹ He discovered that serpents abound in the creation myths of the world and that they are not only the origin of knowledge, but of life itself!³¹ Narby discovered that shamanism rests not in doctrines, but in experience – personal experiences.³² These personal experiences, relayed by many people from many tribes all seemed to be symbolically describing the very same source as the source of all the shamanic knowledge about plants and creation itself – the serpent or snake – or DNA. Narby found that Shamans were describing a very similar theme behind their origins of knowledge, ranging from a spiral ladder, stairway, braided ropes, rope or ladder, vine, a bridge, a chain or arrows: all acting as communication between heaven and earth.³³ Narby had essentially discovered the similarity between the shaman's stories and the structure of DNA.

A book called 'Ayahuasca Visions: The religious iconography of a Peruvian shaman', by Luis Luna and Pablo Amaringo, contains, amongst a mine of information on Amazonian shamanism, fifty paintings of great beauty by Amaringo, who paints only what he sees during his shamanic visions. When Narby showed this book and the paintings in particular to a friend with a good understanding of molecular biology, his friend said, looking at the paintings, 'look, there's collagen... And there the axon's embryonic network with its neurites... Those are triple helixes, ... and that's DNA from afar, looking like a telephone cord. This looks like chromosomes at a specific phase. There's the spread out from of DNA and right next to it are DNA spools in their nucleosome structure.'³⁴ Narby began to look more closely at the association of the shaman's visions and 'provider' of knowledge and its links with DNA.

Narby noticed in many ancient texts and symbols, seals and messages, this same picture of a double helix, or two intertwined snakes³⁵ - such as in the Caduceus an ancient symbol representing medicine – or a representation of DNA, a.k.a. twin's and/or separation. In many of the ancient myths and legends, the gods all had duality, a male and female counterpart. As we mentioned in Chapter Two, the nine Gods of the Ennead historically came from the Primordial Waters, the God Nun and the Goddess Naunet (Nanet), the male and female aspect denoting balance. The link here with the twin strands of DNA is hypnotic.



In the myths and legends we tend to find serpents (knowledge) are almost invariably associated with water and as Narby discovered, the creator of life, the cosmic serpent is a master of metamorphosis in the myths of the world where it plays a central part, it creates by transforming itself; it changes whilst remaining the same. So it is understandable that it should represent itself differently at the same time.³⁶ Narby looked for a connection between the cosmic serpent – this master of transformation of serpentine form that lives in water and can be both extremely long and small, single and double – and DNA. He found that DNA corresponds exactly to this description.³⁶ Narby discovered that there was indeed DNA ‘inside’ the brain as well as in the ‘outside’ world of plants, given that a molecule of life containing genetic information is the same for all species. DNA could then be considered a source of information that is both external and internal.³⁷ The molecule of life was the same for all species and genetic information in a rose, a bacterium or a human being was coded in a universal language of four letters - A,G,C,T - contained in DNA.³⁸ All the cells in the world contain DNA – be they animal, vegetable or bacterial – and they are all filled with salt water. As the DNA’s four bases (adenine, guanine, cytosine and thymine) are insoluble in water, they tuck themselves in the centre of the water molecule where they associate in pairs to form rungs of the ladder; then they twist up into a spiralled stack to avoid contact with the surrounding water molecules. DNA’s twisted rope ladder shape is a direct consequence of the cell’s watery environment. **Narby discovered that DNA goes with water just like the mythical serpents do.**³⁹

Shamans use images other than the serpent to explain the creation of life. Mircea Eliade has shown that these different images form a common theme that he calls the axis mundi, or the axis of the world, and that he found this theme in shamanic traditions all over the world. According to Eliade, the axis mundi gives access to the Otherworld and to shamanic knowledge, a kind of paradoxical passage, normally reserved for the dead that shamans manage to use while living, and this passage is often guarded by a serpent or a dragon. For Eliade, shamanism is a set of techniques that allows one to negotiate this passage, reach the axis, acquire knowledge associated with it and bring it back with them – most often to heal people.⁴⁰

Narby established the connection between the origins of shamanic knowledge and DNA and felt this connection was clear. In literature of molecular biology, DNA’s shape is compared not only to two entwined serpents, but also, very precisely to a rope, a vine, a ladder or a stairway.



We can see with the early depiction of the Yin/Yang symbol (see left) the correlation between the source of existence and the twin serpents.⁴⁰

After Narby’s many experiences with Ashaninca it seemed more likely and no longer unreasonable for him to consider that the information about the molecular content of plants could truly come from the plant itself.⁴¹ He began to realise that the only way to understand shamanism was to defocalise ones gaze so as to perceive science and the indigenous vision at the same time.⁴² According to Narby, shamans take their consciousness down to

molecular level and gain access to bio-molecular information.⁴³ This is similar to what Vogel was asking his subjects to do, and is not too dissimilar to use one's 'consciousness' to remote view, which has been the 'tool' of the intelligence agencies for a number of years. Only through this process 'consciousness' is projected 'externally' - instead of internally - into the external consciousness of the Earth to enable the intelligence agencies of a particular country to 'spy' on other governments and countries.

In their visions, shamans take their consciousness down to the molecular level and gain access to information related to DNA, which they call 'animate essences' or 'spirits'. This is the level where they see double helixes, twisted ladders, chromosome shapes, serpents, dragons and other spiritual beings. This is how shamanic cultures have known for millennia that the vital principle is the same for all living beings and is shaped like two entwined serpents (or a vine, a rope, a ladder) - caduceus. Accessing DNA is the source of their astonishing botanical and medicinal knowledge, which can only be attained in a defocussed and non-rational state of consciousness - in the absence of the intellect/ego - with the results being empirically verifiable. All the myths of these cultures are filled with biological imagery and the shaman's metaphoric explanations correspond quite precisely to the descriptions that biologists are starting to provide.⁴⁴

The shamans referred to 'hidden spirits' because they remained hidden to them until they drank their special brew of hallucinogenic herbs. However, as Picknett and Prince discovered, 'at a London conference in October 1996 called The Incident, Jeremy Narby was questioned on why the shamans he had mentioned in his talk were all men. He replied that specially selected women often sit with the ayahuasqueros as they embark on their journey. The women actually accompany them and share in their experience and afterwards help them to remember what took place in those 'other realms'.⁴⁵ But the important point to note here is that women do all this without taking Ayahuasca or being influenced by any drug or herb whatsoever.

Clearly, the female companions of the shamans have no need for chemical aids for their spiritual journey/flight.⁴⁵ This is interesting, as I too have noticed the same with meditations. Generally, females find it much easier to meditate and travel on the 'inner journey' than males do and the female imagery of this inner journey is generally so much more vivid, colourful, clear and precise, both visually and verbally than the experience of the male counterpart. Could this natural ability of females have been one of the reasons that the Church and religions in general denigrated the female energy so, just as it did with the representation of the serpent? We know women were prominent in religion and spirituality during ancient Egyptian times and well before this too. There were many women in 'olden days' that held high ranking positions in the church or priesthoods with the position of High Priestess, far more so than men did.

Narby went on to discover that information contained in DNA makes the difference between life and inert matter and DNA in particular and Nature in general are 'minded'⁴⁶ - they have consciousness or awareness of what they are. We know from the science of biophysics that DNA is composed of light and this understanding brings more profundity to the inner journey. We will look at DNA in greater detail later in this chapter.

Narby concluded that orthodoxy, or the 'civilised intellect' of the western world has always had a problem accepting - or what the ego would prefer to believe to be - that 'Stone-Age' Indians, could possibly have developed some of their amazing techniques other than through chance and experimentation.⁴⁷ This is purely because the intellect cannot understand energies higher than itself. If we take curare for example, there are forty different types of curare in the Amazon made from seventy plant species. The kind used in modern medicine comes from the western Amazon. To produce it, it is necessary to combine several plants and boil them for seventy-two hours, while avoiding the fragrant, but mortal vapours emitted by the broth. The final product is paste that is inactive unless injected under the skin. If swallowed, it has no effect at all⁴⁷. Chance experimentation or precise knowledge of what to do gleaned from inner tuition?

Scientific discovery often originates from a combination of focalised and defocalised consciousness. Typically, a researcher spends months in a lab working on a problem considering the data to the point of saturation, then attains illumination while jogging, daydreaming, lying in bed, making mental pictures, driving a car, cooking, shaving, bathing – in brief, while thinking about something else and switching off the intellect – something the indigenous people are proficient at.⁴⁸

W.I.B. Beveridge, writer in the art of scientific investigation stated: ‘The most characteristic circumstances of an intuition are a period of intense work on the problem accompanied by a desire for its solution, abandonment of the work perhaps with attention to something else, then the appearance of the idea with dramatic suddenness and often a sense of certainty. Often there is a feeling of exhilaration and perhaps surprise that the idea had not been thought of previously.’⁴⁸

Maybe some indigenous people are truly knowledgeable and it us so-called civilised westerners who are the spiritual barbarians. Maybe we could actually learn from some of these people rather than allow ego to portray them all as being ‘Stone Age Barbarians’.

It becomes obvious from Narby’s work in studying certain indigenous peoples that their knowledge does come from the ‘inner journey’ by taking one’s consciousness down and even beyond the molecular level, through DNA and into the light which DNA is composed of. It follows, therefore, that some of our ancestors, shamans of the past, also used this same path to gain knowledge, spirituality and truth and this ‘way’ has been passed on through generation after generation in some indigenous tribes today. We also know the ancient Egyptian Priesthood contained many shamans and we touched upon the possibility that the ancient Egyptian Gods of the Ennead were no more than a symbolic portrayal of this inner journey (meditation) in Chapter Two. We know from Narby’s investigations that indigenous people prefer to describe their experiences with images, metaphors and stories because they represent far better ways to transmit knowledge, so it follows this same way of sharing knowledge took place many thousands of years ago as well.

If the way to finding knowledge about the plant kingdom comes from going within the plants themselves, **then it follows that if we wish to find out more about ourselves, to find answers and knowledge about our existence and origins, about spirituality, then, like the shamans, we must look within ourselves to do so – not outside of ourselves as we have been conditioned to.**

It is my contention that many of the old and ancient texts we look upon today and with which we tend to express or impose a literal interpretation, are no more than symbolic expressions of the inner journey and the knowledge gleaned through this simple, yet very profound process. This inner journey is how I have acquired so much of my knowledge, which at times has been represented in the same symbolic way, through ‘inner tuition’. It really is a *learning* through ‘*personal experience*’ and through ‘*feeling*’ and quite simply words at times cannot describe this experience. Sometimes only stories or metaphors, along with drawings and symbology can serve as a means to convey this ‘message’ or understanding. This inner shamanic way to knowledge and wisdom, along with the understanding of life and creation itself, is I believe the only reasonable explanation of how our ancestors had so much knowledge of the universe and the biological structure of plants. This could explain how the Sumerians allegedly knew the orbit and location of the planets of the solar system over six thousand years ago; or how the Dogon tribe had extensive knowledge of the star system Sirius. It may also explain how and why the Egyptians built the pyramids, and why the Mayans and Aztecs knew how to develop their wonderful structures. We also have Stonehenge and many of the other seemingly inexplicable constructions around the world today. All which beggar belief in the modern ego/intellectual human – those who believe they have evolved from *a primitive and less knowledgeable species*.

I believe the *origins* of the creation myths stem from this same inner shamanic journey as they all appear to share the same component parts, the twin aspects, serpents or dragons and water, and most importantly, knowledge our ancients could not have otherwise known. Even the Bible has the twin aspects – Adam and Eve - and the serpent. Although for obvious reasons the Church demonised the serpent because of its symbolic representation of knowledge and wisdom and the inner path to truth through our DNA and beyond. I believe that the Ennead, the Gods of Egypt also came from this inner journey as they too derive from the twin aspects of creation and water, as many of the other myths and legends we are familiar with did too.

From this information we can appreciate and understand that the ‘serpent’ in ancient times was associated with ‘knowledge’ and the inner journey of how to achieve it. The raising of Kundalini – the so-called serpent which lies dormant at the base of the spine - symbolically, therefore, merely means the raising of knowledge, the raising of ones spiritual consciousness and awareness through the path of accessing inner knowledge. The tale of Kundalini involving Shiva and Shakti is also symbolic of the twin aspects of DNA which accessing through the inner journey brought us enlightenment and wisdom. Like Adam and Eve, it is also symbolic of the two aspects of creation, the male and the female, Fire (Spirit) and Water (Soul/Consciousness). Sadly the ego and the intellect seem to have taken over and the raising of the kundalini has become something entirely different today and possibly damaging from a spiritual perspective for those who ‘follow’ these modern day myths/beliefs.

Legends and myths have always been filled with imaginary and fanciful flights of terrifying and romantic stories of hidden races, underground cities, cavernous worlds, secret tunnels and strange peoples or beings inhabiting the globe, whether they originate from the inside or the outside of the earth. There are many legends and myths surrounding so-called subterranean or hidden beings.

In India there are the Nagas, an alleged race of serpent-people or lizard people who are associated with water and have the entrances to their kingdoms hidden in rivers, lakes or behind waterfalls. In Japan there are the Tengu, bird-headed reptilian goblins and in Sumerian myths there are the Utukku, eagle-headed humanoids. In Egypt we also have Anubis, the jackal-headed god, Thoth, a baboon or canine-headed humanoid, and also Set whose appearance is described as both canine and human.⁴⁹

Likewise there is the gigantic serpent Apophis and throughout Europe and Scandinavia we have trolls, dwarves and elves, and *dragons were known as the guardians of special treasure* which could well mean secret knowledge. In the home countries of the UK we have fairies, goblins, knockers, brownies, leprechauns, sidhes and other numerous humanoid forms all depicted as living within, or coming from, the earth or the underground. And like the Nagas, some of the entrances to their domains are to be found hidden in water, such as at the bottom of lakes.⁴⁹

Native American cultures have their own subterranean ‘little people’ as well as serpent-like humanoids. The chief god of the Mayans, called Itzamna was depicted as an anthropomorphic lizard, snake or dragon. The rain god Chac resembled the Egyptian god Set. The Hopi Indians also talk about mysterious ‘ant people’ and having contact with serpent-people. The Choctaw people of Mississippi believe in a supernatural dwarf and like the Norse dwarves, they are hoarders of knowledge, living within a cave mound, which is also the home of the ‘giant serpents.’⁴⁹

All these various cultures have legends and myths that contain water and flooding that seemingly have common themes and threads running through their respective histories and origins. There are the numerous serpents or dragons and other humanoids linked with water and knowledge. There are the ‘twins’, the dual aspect responsible for all of creation and their association with water. There are too many similarities between these myths and the ‘inner journey’ and the ‘origins of creation’, the serpent-snake, DNA and water, for me to discount them as coincidence. In addition, many of the descriptions of the ‘hidden ones’ - humanoid beings - are

far too similar to what we see in our own meditations for these legends to be anything other than originating from the inner journey. My contention is that the origins of the creation myths and many of the other myths and legends we are familiar with today are no more than knowledge gained in the same way the shamans gained their knowledge in the past and today - by taking their consciousness down and beyond the molecular level – from that inner journey through meditation or through hallucinogenic herbs and into the realm of ‘inner tuition’. And they have then been explained as the shamans of the past and today describe their knowledge, *through images, metaphors and stories*. Over time, however, this knowledge of, and from, the inner journey has literally been externalised and in so doing, led to the creation of the astral thought form archetypes many believe today to be spiritual.

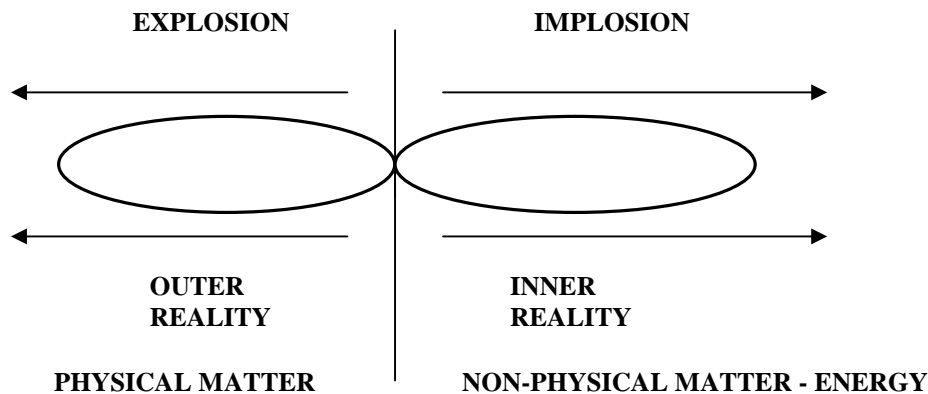
This leads into the greatest ever lie of Man – the greatest ever Illusion of all time.

THE GREAT LIE OF MAN – THE GREATEST ILLUSION OF ALL

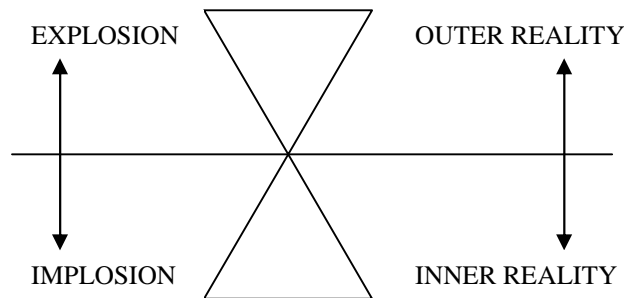
Nature is forever striving to maintain balance. Nature manages to achieve balance quite simply through implosion and explosion. We humans are no different. As we are part of nature, we too work in this same, yet effectively simple way. As do all living things because everything is a part of Nature and what IS. Each and every one of our chakras works this way, imploding energy, purifying it and exploding it back outside of us again. All living entities work in this same simple way to purify and balance their own consciousness first and then the consciousness of the Earth.

Some astronomers have now discovered that there is a ‘black hole’ at the centre of every galaxy in the universe. A black hole is the *implosion* part of how nature operates to maintain balance, but as explosion and implosion occur at the same time it is also responsible for explosion of the purifying aspect too. Nature works in the same simple way no matter how large or small an entity may be, as we have discovered in previous chapters.

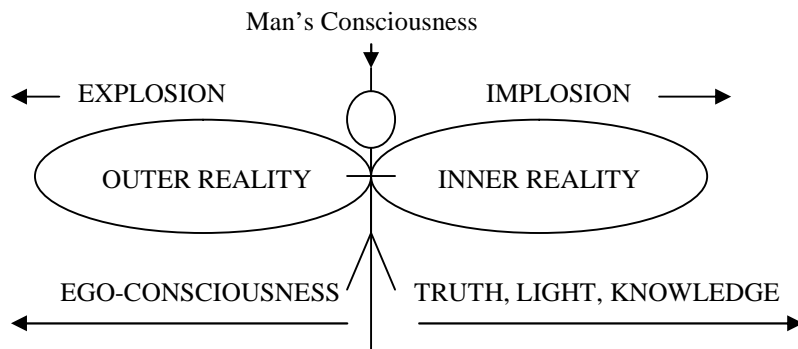
From the previous section we can understand the path to truth, light and knowledge and the wisdom of how to apply it, is through the ‘inner journey’, travelling within, back towards the light from which we originate. **This is the implosion part** of how nature works, journeying inwards towards the knowledge and purifying light of all that created everything in the first place – non-matter or spirit - before it manifests as physical matter. Our ancestor’s knew this simple truth. The shamans of ancient cultures all used to ‘travel’ this same inner path to learn, gain knowledge and truth and this ‘path’ or ‘way to greater knowledge’ through inner tuition, was preserved through ancient mystery schools. These mystery schools produced symbolic representations as a sign to others of this understanding, ‘knowledge’ and ‘wisdom’ of more profound matters. However, over time, these mystery schools became infiltrated by the illusory external consciousness and this knowledge of the inner path to wisdom/learning was eventually lost and replaced in the teachings and practises of these traditions today. Today we seem to overlook the very profundity of the original meaning of these symbolic representations of the knowledge and wisdom gleaned from the inner journey. If we look first at the infinity symbol:



We can see that the infinity symbol represents both the inner and the outer realities – implosion and explosion - and that both are needed in balance to create stability between matter, the physical reality, and non-matter the inner non-physical reality, OR LIGHT. It has been said that the ‘Kingdom of God’ lies *within and without* (Nag Hammadi Codices), complementing exactly how nature works and how the inner reality is reflected outside. This is also represented by the symbol of the two triangles: each triangle representing a vortex of energy which we touched upon in Chapter Two. These are symbolic of the twin aspects of fire and water (spirit and soul as we will discover in a later chapter), required for balance, also depicting how nature works through implosion and explosion:



Some of our ancestors, of course knew all this and according to Hindu sages, the Ultimate Reality exists in both point and space but in neither exclusively; its ‘consciousness’ alternately expanding (exploding) and contracting (implosion) between one and the other, sweeping through all the intermediate states to emerge as a wave of expansion and contraction...⁵⁰ In other words, HuMan when balanced, sits perfectly between the explosion of the physical reality and the implosion of the inner reality. This is why, sometimes in meditations one can feel so small, yet secure and safe in this great vastness of space, whilst at the same time feeling totally expanded with the sense of feeling that one is also the whole of space and existence at the same time. Simply because we are:

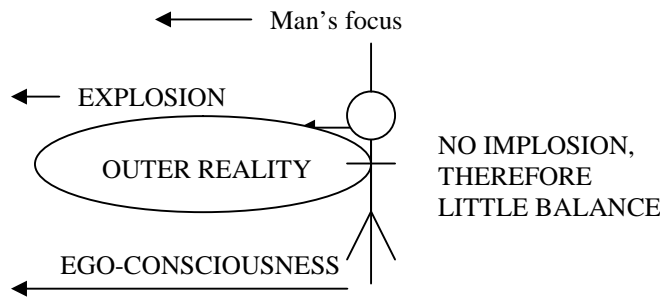


Freemasonry and the ancient mystery schools originally followed the ancient shamanic and Egyptian priesthood form of initiation too by using powerful hallucinogenic herbs in order for the individual to experience the accumulated wisdom gathered from the inner- outer-body experiences whilst under the influence of these herbs.⁵¹ This was before these schools became infiltrated by the ‘illusion’, the external imbalanced ego-consciousness and it’s human puppets.

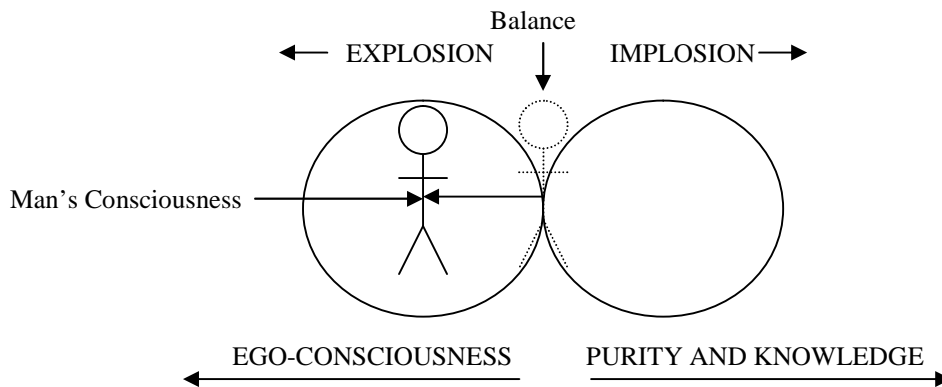
All that has happened, over time, is that this simple truth - the inner implosive path to knowledge and wisdom, our spiritual heritage and origin, the natural way we balance our soul/consciousness and energy fields - has been gradually replaced by the illusionary external path to so-called knowledge, truth and spirituality. Through religion, the Qabala, New Age

Philosophy, Ufology and the healing arts, an explosive, man-created and external regimented and hierarchal route to spirituality, truth and knowledge, has been created and seeded into the consciousness of human beings. This very simple inversion of truth literally focuses our attention away from the inner implusive path to knowledge and onto the outer path, into the intellect and the ego-consciousness, the explosion part of nature – the domain of the ego/intellect and all its unbalanced thought-forms. Any knowledge remaining from this ‘inner journey’, gained by our ancestors, has been turned into what we would believe today to be myth or legend, without any historical basis. We now know this may not necessarily be the case.

This simple act of betrayal of our human origins means we now focus all our attention on the external reality – the explosion - *and the archetypes and thought-forms*, created by Man’s ego through greed and his self-created beliefs, *which occupy this reality*. This has the effect of virtually removing the imploding part and, therefore, our natural ability to maintain a balanced soul/consciousness. This pulls us out of balance by placing our focus and, therefore, our consciousness into the periphery of the storm – the explosion part - and away from the centre, the balanced part. This external focus means we are literally swimming around in circles, in a soup of unbalanced emotions just like a goldfish in a bowl, going nowhere, without the knowledge of how to implode, purify, balance our consciousness and learn more, naturally.

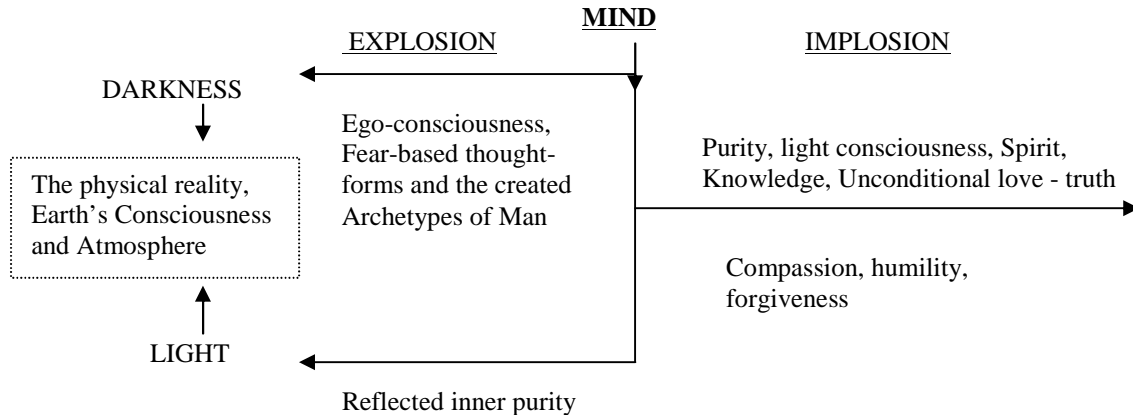


Focusing our attention externally and believing the external route is the answer to knowledge and spirituality (such as *higher energies or wisdom*) merely locks us further into the explosive part of creation and ever deeper into the illusion. As we know, on its own explosion destroys; it is the equivalent of the fast growing and replicating tumour cell. It blows apart what was once whole and it fragments consciousness, depriving it of its ability to remain whole, healthy and balanced. Consequently, we are dragged further and further into the external ego-consciousness and so, just like the goldfish, we continue to swim in a restricted environment:



As we discussed in previous chapters, the outer reality is merely a reflection of the inner reality and this inner purity is naturally reflected through our soul/consciousness (moulded by our beliefs and prejudices) into the outside world through the process of explosion. Yet this purity has, over time, become distorted by the mind, the ego/intellect and our beliefs. The ‘outer

consciousness' has become further tainted by the creation of fear-based thought-forms and archetypal predator energies. This has had the following effect on the consciousness of the Earth and the external consciousness (better known today as the astral):



Our 'external' belief systems, and through them our creation of thought-forms and fear-based emotional energies, along with allowing ourselves to focus our attention on this explosive external part of *our* creation, has led, over time, to the foundation of many legends, myths and biblical tales that we are so familiar with today. The great age-old battle between *Light and Darkness, God and Satan, Good and Evil* and the very foundation and creation of the *luciferic consciousness* we hear and read about so much today. This is because this is exactly what is happening 'outside' of us in the Earth's consciousness. *We* have created this 'division' of 'God' and 'Devil' and good versus evil in the external consciousness – the etheric and astral realms – through our fears and our programmed beliefs. Sensitive people or those with 'sight' such as psychics can 'see' this 'war' going on in the outer Earth's consciousness. Focusing externally through such practices as astral travel/projection and remote viewing has led to many weird and wonderful forms of intellectual 'protection' being developed. Just so we can '*travel*' in this outer unbalanced consciousness and find the 'light' and 'path' to greater illumination without coming to any harm. This 'belief' that spirituality lies external to us has led to strange methods of visualisation and meditation, the building of 'suits of armour', shields and bubbles and a whole range of other concoctions derived from the intellect to supposedly protect us from these outer demons. Would we willingly go on a night out to a place where we needed to wear body armour, carry weapons of mass destruction, just to protect ourselves? No of course we wouldn't! So why do we willingly put our soul/consciousness at risk by travelling in this outer unbalanced reality? **In effect, spiritually, through these practices we are being encouraged to act like our ancient Ego-Man in their warring environment.**

If we just for one minute stopped shopping in the external and illusionary reality and began to shop within, we would realise that all that resides within us, eventually, is light, purity, balance and unconditional love, and we would realise that we do not need these fear-based forms of intellectual protection, because there is no need whatsoever to shop in the external reality and subject ourselves to these unbalanced energies. It appears all we need to do is start imploding and allowing that inner purity to flow from within us: *and we will have all the protection we need – naturally* - because light and unconditional love transforms all before it.

This brings us to the greatest ever lie of Man – the greatest illusion of all. The ego of Man symbolically has, through the 'male-ego energy's' fear of losing control, merely externalised the understanding of the beauty, knowledge and wisdom of the inner journey and, therefore, our true heritage. By inverting the truth and turning it into an external regimented hierarchy of powerful

beings through religion and the cabbala - mirroring the regimented structures of man himself - we have been conditioned to believe in this *external hierarchal route* and that this is the only way to salvation and God – spirituality. This *externalisation* of how to gain greater knowledge and wisdom - our search for more spiritual awareness - cleverly redirects and focuses our attention into the outer reality which contains an imbalanced consciousness of thought-forms and inversions of truth. All created by Man himself through his ego - his desire to control and hold power over us. This diverts our focus away from the inner reality, which is knowledge, balance, purity, unconditional love, light and, therefore, *truth* - the who and what we are.

This externalisation of truth and our belief that it is the only way to spiritual enlightenment merely locks us further into the 'Lie of Man' and the external imbalanced thought form consciousness. This unbalances our soul/consciousness, compromises our spirituality and draws us deeper into the very darkness of Man's own creation – the astral heavens. The externalising of truth is how we are, and have been for thousands of years, controlled and manipulated, and how we have been, and are being, prevented from realising the simple truth for ourselves. We will cover exactly how this has happened over time and what spiritual and religious belief systems have become infiltrated by the astral heaven's imbalanced consciousness in Book Two.

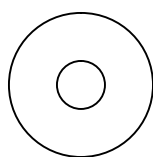
THE PATH TO TRUTH IS INWARDS and the illusionary path is focused outwards, externally, directing our energies and consciousness back into Man's polluted creation, thereby sustaining and perpetuating this ego-created imbalance and various thought forms.

And so by focusing externally all of the time we have become conditioned into believing that evil and unbalanced energies, thought-forms and predator energies are the norm. And we continue to bring in external energies by opening up our protective energy field and chakras and inviting so-called spiritual beings to enter our hearts and energy fields. *Little realising just what we are bringing into our energy fields when we do this.* We have been subtly steered away from the inner journey and implosion, which is our only means of purifying consciousness. Instead, we have been encouraged to bring more and more external and polluted energies into our energy fields. These energies naturally overwhelm our chakras, leaving them incapable of imploding the onslaught of unbalanced energies we have intentionally provided them to deal with. So, eventually, our chakras become blocked and as unbalanced as the energies we are encouraged to bring into our energy fields. We are then dragged deeper and deeper into this external illusory reality, believing even more so that it is real, spiritual, or divine in nature.

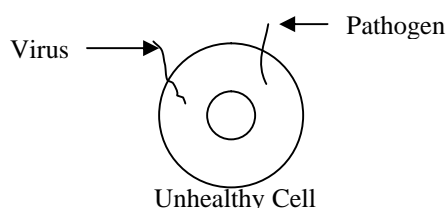
This unnatural act of intellectually bringing in outside energies begins to block the natural flow of our Assemblage Point and we can even block this natural flow altogether as we discussed in Chapter Three.

THE IMPORTANCE OF THE BIOPHYSICAL/AURIC FIELD

We only need to look at Nature to see that what we are doing is unnatural and dangerous. If we refer back to our cells, we know from science that when the energy field of the cell is healthy and unbreached, the cell is healthy and will reproduce in a healthy and balanced way. However, if the cell's energy field becomes weakened, then a virus or pathogen can enter the cell and render it unhealthy and unbalanced.

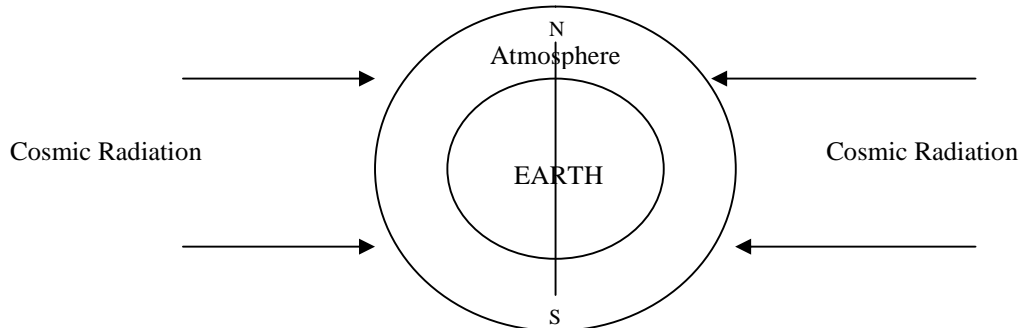


Healthy Cell

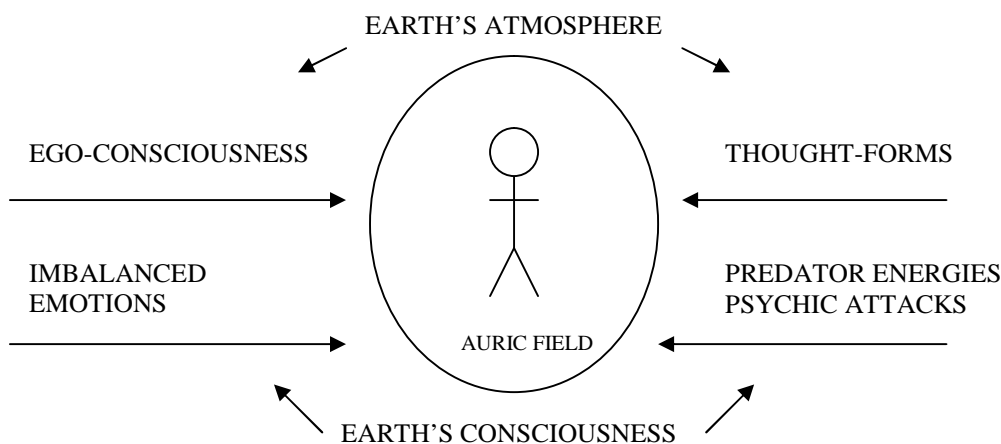


Unhealthy Cell

We can see the same principle in operation when we look at the Earth's Atmosphere – the Earth's energy field or consciousness – its aura. If it were not for the Earth's atmosphere, its energy field, then every living thing on this planet would be 'fried' by the dangerous radiation that the Earth is constantly being subjected to from outer space.



We can see that the Earth's atmosphere, or aura or energy field, or whatever label we would like to attach to it, acts as a form of *protection*, a buffer, or more correctly, a *filter* to external energies. The Earth's energy field helps to filter dangerous cosmic radiations (energies) and to transform them into a more usable form, which can then be converted into heat and light to sustain and feed all living things. *As we have discovered throughout these chapters, Nature works in the very same uncomplicated way no matter how large or small an entity or process may be. Likewise the aura acts in the same way as the cell's and the Earth's energy fields. It acts as a form of protection against outside energies, filtering these energies to a manageable level for our chakras to comfortably implode the energy, purify it and return this purified consciousness to the outside consciousness of the Earth.* We work in accordance with how nature and all living things work, through imploding, purifying and then exploding this purity back outside of us, as we and all living things strive to maintain balance within, and without in the surrounding environment.

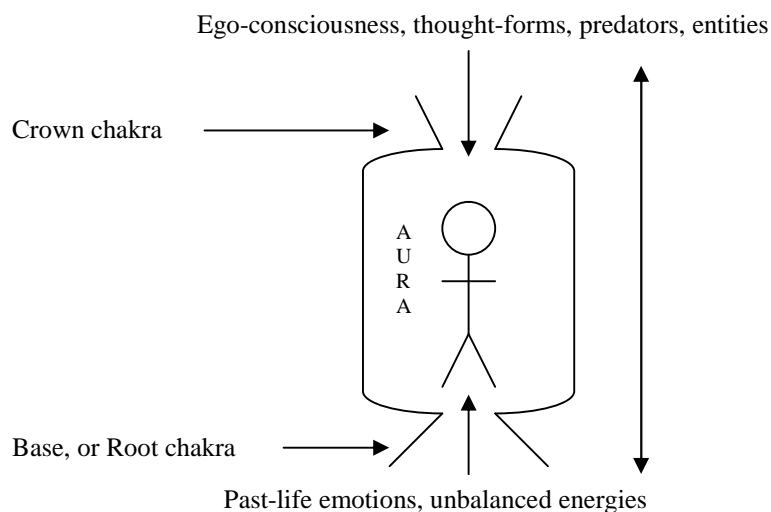


However, due to the illusion and the 'externalising' of truth into the explosive outer part of reality, through religion, the Qabala, New Age Philosophy and healing modalities such as Western Reiki and Tera Mai, among many others, we are encouraged to breach our energy fields on a regular basis with imbalanced energies. We are merely weakening our protective auras by *intellectually* 'bringing in' these external energies, which in total are much more than we can naturally cope with. If we take Western Reiki as an example: Reiki is all about bringing external

energies into our energy fields. Energy/consciousness that we are led to believe is of a higher vibration/consciousness. Or whatever it takes to persuade us not to miss the God-Spiritual-Bus-To-Salvation. The simple truth is that we interact with nature naturally, on a subliminal and sub-conscious level, just like our immune system, endocrine system and all the other ‘systems’ of the body do, *without our conscious mind/intellect having any awareness of the billions of processes taking place to keep us alive and healthy.*

Here we can use an analogy with the skin to highlight the danger of opening up our energy field or allowing somebody else to do so. **Our skin is there to protect us! If we cut open our skin then it can quite easily become infected by external pathogens unless the wound is sealed and protected from them. It is exactly the same with our auric/biophysical field! If our energy field is ‘cut’ – opened up or breached in any way – then external pathogenic energies and consciousness can get in and infect us, just like the wound becomes infected, and this will cause us problems on an energy/consciousness level.**

In Reiki attunements, initially the top four chakras are opened up, the Crown, Third Eye, Throat and Heart chakra and the so-called external Reiki energies are ‘brought in’ through these chakras. In level two students are encouraged to use more Reiki symbols which as we have discovered, are as unbalanced as the external energies Reiki attunements bring into our energy fields. This process weakens our energy fields and leaves gaping holes through which more unbalanced energies can enter without being filtered to a manageable level. Likewise in many New Age philosophies and healing modalities we are encouraged to open up our crown chakra and our root chakra – among others - and bring in external cosmic and earth energies. An example of what can happen to our energy fields through this process is shown below:



It is obvious from the foregoing, that **anything** which encourages us to open up our energy fields and chakras in particular, with the intention of bringing in ‘outside energies’, is likely to cause us problems and may not be a wise thing to do. *Are we merely polluting our energy field and bringing in imbalanced energies and the possibility of ‘past-life’ emotions of ‘others’ stored in the outer consciousness of the Earth? Further, possibly storing this ‘memory/emotion’ in our own energy field/consciousness?* This is how we continue to feed the ego-consciousness – we keep giving it life as it feeds on our energy/consciousness through our beliefs to survive and grow. This is also why psychics can pick up on ‘past events’ or happenings in buildings and rooms or other areas, *simply because past life emotional events are stored in the environment around us, in the Earth’s consciousness - water molecules in the air, bricks, walls etc.* (See section on Karma and past lives in Chapter Three).

Unfortunately this encouragement to bring in polluted energies can be found in the majority of ‘what is out there’ at the moment. Through religion, the new age movement, many of the so-called spiritual and enlightenment movements we see today, the healing arts, melchizadek, and most of the ‘channelled’ information passing itself off as being, or coming from something/someone, divine .

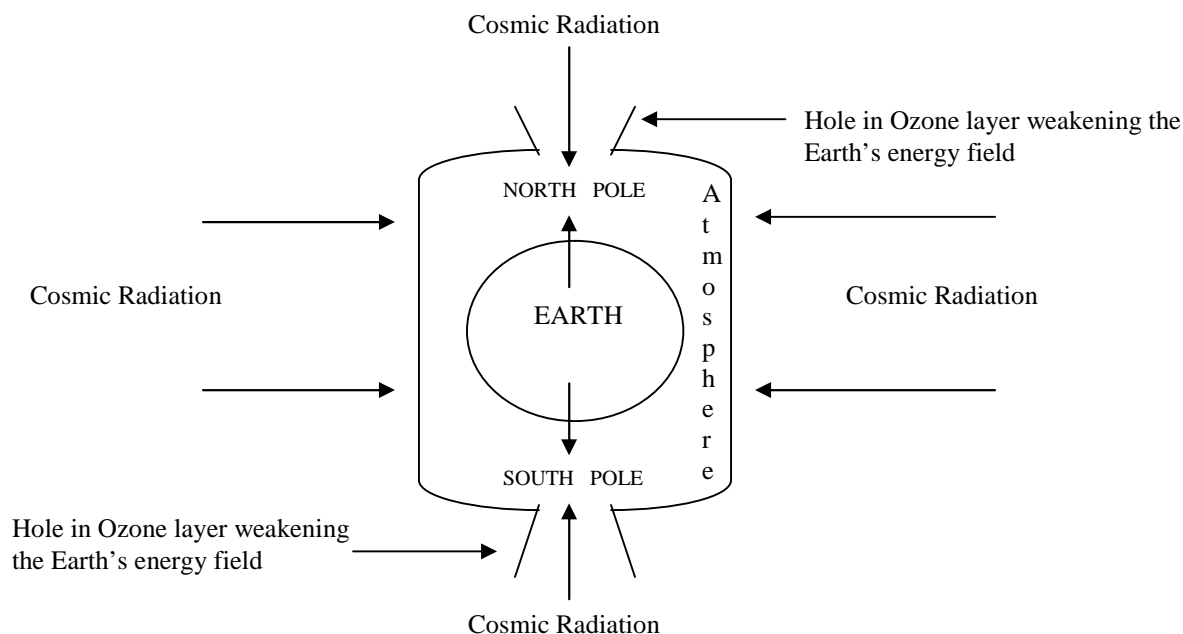
We can clearly see that Man’s predilection towards externalisation and believing everything comes from outside of him, instead of from within, may have led to many wonderful and well-intentioned people willingly and honestly opening up their energy fields and their chakras to these outside ego-created energy forms. This is done mostly through opening up the Crown chakra or the heart chakra and ‘bringing in’ external Cosmic, Reiki, Purple Ray, Angelic, Archangelic, Christ consciousness, God, ET, Ascended Masters, or many of the other so-called external ‘higher energies’ we are conditioned to believe we need to become a more spiritual and enlightened being today. We will discover the origins of the link between the crown chakra and so-called higher consciousness in chapter nine, and this revelation will shock many people.

This may explain why many of the Reiki practitioners and Masters we have had the pleasure to meet through our workshops, have had blocked, or partially blocked Assemblage Points (in the heart chakra).

These days it is also fashionable to open up the root or base chakra and bring in Earth energies, which we are led to believe complement the cosmic energies we receive through our crown chakra. This action only serves to weaken both of these respective chakras and that part of our aura around them. Therefore reducing the protective filtering effect of our auric field and again providing the opportunity for more unbalanced energies to come into our energy fields unfiltered and unopposed. Simply because we do this with willing intent through prayers, invocations, meditations, chanting and mantras – thought being energy. **In effect, we are giving these astral entities who pass themselves off as being something ‘divine’ or ‘spiritual’ permission to enter our energy fields and thus our soul/consciousness, where they can play havoc with our thoughts, feelings, beliefs and ultimately our physical actions.**

Of course, grounding our self in nature by say standing on grass in bare feet is wonderful, but to intellectually open up any part of our energy fields is not good for us at all. We naturally interact with the outside consciousness on a subconscious level, filter it through our aura, implode it, purify it and return balanced energies into the Earth’s environment *without any need for the ego or the intellect to do anything!* Total belief in a solely external reality only encourages us to bring more negative energies into our energy fields than we can deal with. As a result, we weaken our protective aura and overload and weaken our chakras, leaving our soul/consciousness open to external influences which can affect our thinking, emotions and beliefs.

Again, we can see clearly how the action of Ego-Man bringing external energies into his energy fields is being reflected through resonance into the Earth’s consciousness:



We mentioned earlier that the 'inner path' was the way to knowledge and spirituality – truth - through the simple process of implosion. Further that this process was initially implemented and preserved by the Freemasons and the Mystery schools. Unfortunately, over time, Freemasonry and the Mystery Schools became infiltrated by people with strong Astral, Qabalistic beliefs and doctrines and so the old shamanic ways of implosion through the inner journey were gradually replaced over time by an external and regimented hierarchal route invented by Man. Implemented through the Qabala and religious, new age and spiritual beliefs. The universal influence that the Qabala has upon practically all of our belief systems will become evident in Book Two.

'The Pharisees and the scribes have taken the keys of knowledge and have hidden them. They have not entered, nor have they allowed those who want to enter to do so. As for you, be as shrewd as snakes and as innocent as doves.'⁵²

When we examine the illusion and all its inversions of truth, subtle and not so subtle, in many walks of life, the very foundation and reason for all the illusion's proposed propensity to deceive is the direct and sometimes indirect result of one singular consciousness - the consciousness behind the Qabala. This consciousness is largely responsible for the externalisation of truth, knowledge and the false origins of our spirituality and very beginnings. It is also the consciousness which is responsible for founding and developing many of our religious beliefs, New Age philosophies, healing modalities, beliefs in alien UFO's, and channelled information from external spiritual hierarchies. Plus many of the 'new' more modernised spiritual enlightenment movements we see today, including the extra-terrestrial ones. Even The Council of Nine is manufactured from this same unbalanced consciousness. As we discovered in Chapter Two, The Council of Nine are the Hoovids, from the Planet Hoova and they have a warning for people who are working in higher consciousness, 'be very cautious about your attitudes towards the 'Hoovids'. The Council of Nine go on to inform us 'why should not the Hoovids have their way?' And who are the Hoovids? They come from another Planet, a warrior-like planet *and they are the Israelites.*⁵³ Again, the same *consciousness* is behind this so-called channelled information

from E.T. spiritual hierarchies designed to capture our imagination and, therefore, our consciousness and lure us deeper into the illusion, the lie of Man.

If we look today at the people who literally control the finances of the world and the governments and militaries of countries, in the main we find their foundation and beliefs are based on the same consciousness – the Qabala. It may be time to ask ourselves this question: if the external Qabalistic route is truly the way forward to spirituality and enlightenment, then our government and military figure heads should be the most humane, loving, caring, balanced, enlightened and spiritual people on the planet! Why then have these people become the least humane, loving, caring and spiritual people we know of when they are among the most entrenched of all people involved in the externalisation of truth and the Qabala? If the external route represents truth and enlightenment and IS where everything comes from, and the Qabala is all we need to believe in, to exist and evolve in this reality spiritually, then why is this so? An answer to this may become clear when we look at how Freemasonry initiates its recruits today.

According to Leadbeater (a 33rd Degree Mason), ‘ In Freemasonry (now) we *invoke* (my italics) the aid of non-human entities – the inhabitants of the subtler planes, who are thoroughly accustomed to deal with and control the forces belonging to their respective levels. We call rather upon beings at our own state or slightly above it, and they bring with them assistance from the kingdom of the nature spirits and even the elementals.’⁵⁵ To Leadbeater, elementals differ from nature spirits in that they are *half-conscious creatures often merely the transient thought forms of devas*.

Today, in Freemasonry, the Master Mason and his officers summon the nature spirits and with them their angelic superiors. Not only the nature spirits but also the elementals apparently respond to the invocation employed in this closely condensed formula or opening. ‘As the call reverberates throughout the different kingdoms of nature, it lets devas, and nature spirits and elementals know that an opportunity is about to be offered them...and they greatly rejoice to respond’.⁵⁵

That much of which transpires in a modern Masonic initiation is solely ritual and symbolic appears not to diminish its affect, according to Leadbeater: ‘The fact that thousands of Masons have asked the appointed question without the faintest idea of producing an effect in unseen worlds has not deprived them of angelic assistance, which, if they had known of it, would have astounded them beyond expression, and probably even terrified them’.⁵⁵

I’m sure if they could have seen what was happening to them they *would* have been terrified out of their skins. We can see here, that the invoking of the archetypes created by Man and implemented through the Qabala, Freemasonry and New Age philosophies, merely ‘invites’ entity type predator energies to come into one’s own energy fields. The higher up one goes in Freemasonry, then the higher one is initiated into the archetypal entities created by the ego-consciousness. In other words, to use biblical terminology, the higher one goes in Freemasonry – or Qabalistic based beliefs for that matter - the bigger the pact one signs with the Devil and the greater the demons one has to serve and feed, and the greater the price one’s consciousness/soul has to pay. Could this explain why our government and military figureheads are some of the least spiritual of all people? The more imbalanced our consciousness becomes through this process, the more difficult it becomes to see the light within and for the light within to reach our conscious mind without being distorted. We lose our intuition (from inner tuition) as it is replaced by, or hidden behind, the ‘consciousness’ of astral entities (imbalanced packets of consciousness/memory/information) which then begin to influence our own soul/consciousness, emotional body/feelings, beliefs and thoughts. And so the descent and fall of man continues. As we plunge deeper into ego and this external ego-consciousness we become less and less aware of our true heritage and beginnings, and the Living Light of Creation within. In essence, we become less human, less caring and less loving, and more controlled, more programmed and therefore more robotic, unstable, emotional and irrational when our beliefs are brought into question. In

short, we become the vibration of nine, the male linear energy, rigid, unmoveable and inflexible. We are also prepared to believe that we have to ‘work through’ these ‘levels’ or ‘entities’ in order to become more enlightened. When the simple truth of the matter is, we are just being cleverly and subtly drawn deeper and deeper into the astral mire.

THE WAY FORWARD?

All that seems to be happening through higher initiation levels of Freemasonry, is an open invitation for entity, thought-form and lost soul energies to come and reside in one’s energy fields, polluting and unbalancing human consciousness further, leading people more and more into the rigidity of the ego and it’s diseased consciousness.

What is happening in many Religious and New Age beliefs and practices and healing modalities, such as Western Reiki, is exactly the same. By believing in the externalisation of spirituality and thus opening up our energy fields and chakras to outside imbalanced thought-forms and figments of Man’s imagination, people are allowing these destructive energies and the past-life emotions of others to unbalance and pollute their consciousness. People then have to deal with these energies at some point before they can move on spiritually, and before they can lead to physical and/or emotional problems.

Fortunately, for the millions of well-intentioned and love-based people who have been subtly steered into this illusionary concept of externalisation, their love-based intentions mean the majority of them are not as adversely affected as those who are already stuck into their egos, such as military and government figureheads. However, this false belief does stop even wonderfully-intentioned people from moving forward and does compromise their soul/consciousness to a greater or lesser degree. This may explain why Reiki has now become so political with in fighting between various ‘organisations’ competing for ‘top spot’ and the right to claim ownership of Reiki and control the extortionate prices being bandied about today. Most of modern Reiki, in effect, is merely reflecting the imbalance of the ego-consciousness and its predilection towards power, control and greed which now exists within many of its factions and practitioners. There is nothing spiritual or healing about Western Reiki at all.

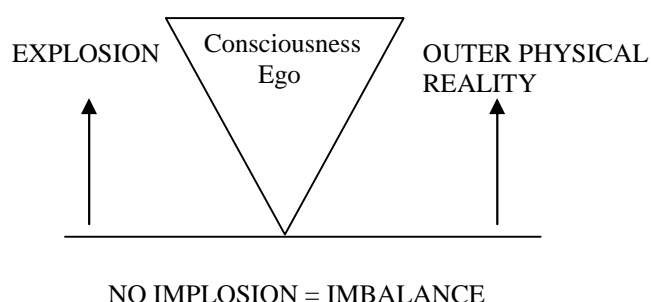
How much more could be achieved collectively by the millions and millions of these well intentioned people if only they were to focus internally into the inner light that animates them, into the purity, love and balance of who and what we truly are, instead of externally into the great lie of Man? How much more could be achieved in balancing human and environmental consciousness if we all allowed ourselves to ebb, flow and evolve like Nature, by imploding and exploding in balance? The inner journey represents the simple truth by which many of our ancestors learned their knowledge and the ‘inner path’ that was originally preserved and practised by the mystery schools. Man and his ego has merely externalised this truth to stop us finding this out for ourselves.

Ego and ego-created beliefs stop us from operating naturally in accordance with nature. Ego is the male linear energy without the balancing aspect of the female energy and it is inflexible, rigid, unmoving, unbending. It is the energy that stops us from ebbing and flowing, and from evolving naturally. Simply because the ego - this male-only energy - is fearful of change. Ego hangs onto the past, it hangs onto what it knows and projects it into the future just like a tumour projects its’ diseased memory/consciousness onto and into new healthy cells. We in turn, likewise spread this disease in consciousness onto our new ‘healthy cells’, our children, through our beliefs as we have covered. Ego likes to be in control at all times and is fearful of letting go. It keeps going on and on steamrolling everything around it, encouraging and forcing all around it into living by its own beliefs and ways, so it can feel comfortable and happy in the imbalanced and fear-based environment it knows so well. Does this sound like the spread of Christianity only

a few hundred years ago with its crusades of death and destruction? Or like the spread of the strict and antiquated beliefs of Zionism and Islamic Fundamentalism today? The ego likes to keep us conditioned and controlled because this way we do not represent a threat to it by insisting on change and evolution. Remember, the vibration of Nine can only ever be nine, unless it is transmuted and purified by the vibration of Ten.

When light, truth and more balanced information threatens the darkness, the conditioning and the imbalance so prevalent in the world today, the ego consciousness reacts by firing up the emotional body. As a result we find ourselves reacting to certain things through anger, frustration, rage, outright condemnation, hatred or many of the other fear-based emotional reactions controlled by the ego consciousness. This is the defence mechanism of the ego and the external ego-consciousness, and by reacting emotionally we are effectively blocking out information which disagrees with our own - sometimes entrenched and often programmed - beliefs. This stops us from 'feeling' whether the message is right for us or not from within, through our intuition, through our heart. It directs us to view the information through our beliefs, emotions and intellectual conditioning instead. This allows the ego to then totally ignore what may be - for example - 199 good pieces of valuable information, by *discounting it all* because it finds fault with the 200th piece. The ego will always find it easier to cast aspersions on the messenger than it would be to hold up its hands and accept it may have been wrong, and that the messenger may well be imparting information which may be useful in balancing our consciousness and allowing us to discover more of the light within. Balanced information represents a threat to the ego's control and the ego will always try and attempt to preserve its false standing and reputation with 'all around it' for fear of how 'all around it' may react.

Ego traps our consciousness in a small pocket of the illusion and prevents us from seeing the whole picture for what it truly may be, and, therefore, from being able to see through the illusion and the many ways in which it operates. Reacting emotionally merely provides the ego with an excuse to discount what could be valid information and severely limits our natural and expansive perspective of reality to a narrow corridor often full of subtle deception. Ego can be symbolically represented as follows:



It becomes very clear that any modality, religion, philosophy or healing art that has its roots and beliefs in an external source or reality is just another part of the illusionary shopping mall. Anything which encourages us to look externally for answers or which tells us an external source is here to save us from ourselves because we are not worthy, or that encourages us to bring so-called higher external energies into our energy fields is all part of the illusion and the lie of Ego-Man. This knowledge should perhaps encourage us to be more discerning when assessing so-called spiritual paths to enlightenment. If any of these are based on 'external beliefs' and 'external energies', then they are part of this astral illusion. It has become apparent from the aforementioned, that we do not need anything from these external beliefs 'outside of us' to help us with our spiritual journey, for this will only hinder our growth. All we need comes from

within, and subconsciously we will naturally take from the external consciousness anything that is good for us.

This naturally leaves many of us with a dilemma. Do we listen to the message through our hearts and *feel* whether it is right for us or not, or do we become frightened of what people would say if we admitted we may have been mistaken all of these years and have now changed our minds? Ego would have us ignore any new information that could help us to evolve by firing up the emotional body and conditioning us to defend our position and beliefs and protect our standing in society. The ego leads us to believe that we have something to lose. *When the reality is that we could be gaining so much more!*

If we choose to live in fear of how others may react to our evolution we are not being true to ourselves. We are merely allowing the ego and our programming to stop us from evolving. By holding up our hands and saying I may have been misguided, we are, through this simple act of humility, showing that it is OK to make a mistake and that there is no right and wrong as such, just lessons to learn from, as we evolve through life. This simple gesture shows that it is better to learn from the lessons and evolve into a greater awareness and understanding than it is to allow the ego to dictate that we must dig our heels in and refuse to budge, just to protect our image and reputation and remain the vibration of nine.

Nature is forever ebbing and flowing and evolving and maintaining balance. We too should be doing the same, because *we are part of nature* and are not meant to be static, inflexible and as unmoving as the male linear external ego energy is. Evolving and moving forward through the inner journey makes us a far better person, individually and collectively, by enabling us to share from the heart this new information with people around us, without the fear of how they may react or think, than we otherwise would become by remaining locked into ego and its unbalanced and conditioned consciousness. It takes courage and strength to hold up one's hands and say, 'I may have been directed down the wrong path and I have now seen the light'. It is far easier for people to remain entrenched in the comfort of what they presently know and feel happy with, than it is to take responsibility for one's own spiritual path and make changes. Surely it is a far better and more balanced and loving person who can do this - and then share their newfound wisdom and light with others. We should all be able to allow ourselves to move on and embrace the unknown and not allow ourselves to be constricted by our past and present-day beliefs and conditioning. Consciousness and awareness both evolve naturally if we allow them to. As we begin to implode further and further, we bring more purity and knowledge into our soul and conscious mind with every out-breath, so to speak. There is nothing wrong in looking back and wondering how we believed in what we did then. We should always be able to complement ourselves on our ability to evolve and break free of the shackles and constraints of the ego-consciousness and enjoy our new found ability of bringing more purity, light and balance into this reality of now, and the knowledge and wisdom this brings with it to share with others.

'What you will hear in your ear, in the other ear proclaim from the rooftops. For no one lights a lamp and puts it under a basket, nor does one put it in a hidden place. Rather, one puts it on a stand so that all who come and go will see its light.'⁵⁶

Why do we continually try and paddle upstream against the tide of creation and into a river of consciousness, which only narrows the further we go - giving ourselves a hard time in the process? Is it not much easier to 'allow' the boat to flow and evolve downstream naturally *with* the tide of creation? Into a river of consciousness, which *widens* as we travel, eventually leading to a vast ocean of consciousness for us to explore and enjoy. A journey of evolution: and one, which is openly available to each and every one of us. It is called FREEDOM.

DNA AND THE EXTRA MILE – WHAT IS OUR TRUE HERITAGE?

We have discovered that accessing DNA was and still is the source of shamanic knowledge and that access to this knowledge is available to us all through the ‘inner journey’. Whether that be through the use of hallucinogenic herbs or by means of meditation or simply through contemplation by switching off the intellect and ego. But what else can we learn from the scientific study of DNA?

Research into DNA has provided us with a clearer understanding on the matter of so-called evolution, but in other respects, from a scientific viewpoint, provided us with an even greater dilemma. We have a greater understanding of life through studying DNA with the result that forward-thinking scientists have been able to discount part of Darwin’s theory of evolution, as it remains wholly improbable, in their opinion. Darwin himself never included Man in his theory, referring to Man ‘as the missing link’.

However, according to Narby, the Darwinian theory of natural selection remains in place in the minds of most biologists. This is because it is always possible to claim that the appropriate mutations occurred by chance and were selected. But this undemonstrable proposition is denounced by an increasing number of scientists. The circularity of the Darwinian theory means it is not falsifiable and not therefore truly scientific.⁵⁷ Scientific research has come up against the impossibility that a single bacterium, representing the smallest unit of independent life as we know it, could have emerged by chance from any kind of ‘prebiotic soup’. Given that a cosmic origin such as the one proposed by Francis Crick in his ‘directed panspermia’ speculation is not scientifically verifiable, therefore, scientists have focused almost exclusively on terrestrial scenarios. According to these, precursor molecules took shape (by chance) and prepared the way for a world based on DNA and proteins. However, these different scenarios – based on RNA, peptides, clay, undersea volcanic sulphur, or small oily bubbles – all propose explanations relying on systems that have, by definition, been replaced by life as we know it, without leaving any traces. These too, are speculations that cannot be verified scientifically.⁵⁸

‘We know that more than 90% of the changes affecting a letter in a word of the genetic message lead to disastrous results; proteins are no longer synthesised correctly, the message loses its entire meaning and this leads purely and simply to the cell’s death. Given that mutations are so frequently highly unfavourable, and even deadly, how can beneficial evolution be attained?’ And further: ‘... In trying to turn one enzyme into another, point mutations alone would not do the trick. What you need is a substantial change in the amino acid sequence. In this situation, rather than being helpful, selection is a major hindrance. One could think, for instance, that by consistently changing amino acids one by one, it will eventually prove possible to change the entire sequence substantially and thus the enzyme’s spatial structure. These minor changes, however, are bound to result eventually in a situation in which the enzyme has ceased to perform its previous function but it has not yet begun its “new duties”. It is at this point that it will be destroyed – together with the organism carrying it.’⁵⁹

Using whales as an example, Wesson says: ‘... Considering the length of whale generations, the rarity with which the needed mutations are likely to appear, and the multitude of mutations needed to convert a land mammal into a whale, it is easy to conclude that gradualist natural selection of random variations cannot account for this animal.’⁶⁰ According to Goodwin, ‘Darwin’s assumption that the tree of life is a consequence of the gradual accumulation of small hereditary differences appears to be without significant support. Some other process is responsible for the emergent properties of life, those distinctive features that separate one group of organisms from another... clearly some thing is missing from biology.’⁶⁰

Holder and McMahon write: ‘Remarkably, many of the genes that are important for the control of the fly development are also crucial players in vertebrate, and by association, human development.’ Wade writes: ‘Many of the most important fruit fly genes, like those that tell the

developing embryo to produce organs at certain places, have been found to have counterparts in humans... they have recognisably similar DNA sequences, reflecting their descent from a common ancestral gene some 550 million years ago', and Wade also says that there is, 'surprising and extensive overlap of genes among all the model organisms.' Biology's main model organisms are fruit fly, mouse, worm, C elegans, zebra fish and human.⁶¹

'By mapping sequencing and comparing different genomes, biologists have recently found further levels of complexity. Some sequences are highly conserved between species. For example 400 human genes match very similar genes in yeast. Master genes also seem to be highly conserved across species. Flies and human beings have a very similar gene that controls the development of the eye, though their eyes are very different. In some cases gene clumps are highly conserved across species as in the X chromosome of mice and humans. In both species, mice and humans have much the same set of genes on their X chromosomes even though the species have followed separate evolutionary paths for 80 million years.'⁶²

It is apparent from the foregoing that there are a number of scientists who believe that we may not have evolved through natural selection as we have been led to believe after all. They feel that it is not genetically possible for this to have happened. Yet there are so many similarities between DNA coding and sequences across many species of plants and animals which we also find in human DNA. Why is this? Perhaps we have been looking at the conundrum the wrong way around? **Does the process of evolution work perfectly well if we look at it the other way around?** Instead of looking at how we may have developed from a microbe, let us look at evolution from a different perspective.

Science holds the belief that 97% of our DNA is junk. Narby preferred to call it 'mystery' DNA. My hypothesis is that human DNA may contain the blueprint for the whole of creation, or at least life on earth. This could explain similarities of DNA coding across many varying species of plants and animals, and of course humans. We know from the science of biophysics that our DNA is composed of light and our DNA emits electromagnetic frequencies and also produces sound.⁶³ In the 1980's, German physicists demonstrated that cells of all living beings emit photons and showed that DNA was the source of this photon emission. Professor Popp showed that the wavelength at which DNA emits these photons, corresponds exactly to the narrow band of *visible light*: 'Its spectral distribution ranges at least from infrared to ultraviolet. Also light emitted by DNA is a highly coherent source of light, which gives the sensation of bright colours, a luminescence and an impression of holographic depth.'⁶⁴ Is this why we see in our meditations three-dimensional beings and images when we access this inner part of ourselves?

It has been established that DNA is a periodic crystal that traps and transports electrons with efficiency and that emits photons - light - electromagnetic waves i.e. information - at ultra-weak levels currently at the limit of scientific measurement - and this more than any other living matter.⁶⁵

So DNA is a crystal which amplifies the light preceding it and which it is comprised of and amplifies its (DNA) structure or coding for life into this outside world. This is how we communicate with and interact with all living entities; we are constantly sharing information by broadcasting it into the Earth's consciousness (water). Could this be what the creation myths were describing? These myths in general, hold the belief that the creation of life is linked with the serpent and water - DNA and water - as we have discovered. Has the frequency of our 'complete' human DNA merely been broadcast into the Earth's consciousness, its water, where this information, this coding for life has then been stored and over time, led to physical existence as we know it? In the beginning was the word. Well DNA is the word, the coding, the sound, the instruction or blueprint for physical life to evolve. Is it possible that 97% of our so-called 'junk' DNA is not junk after all and may be, along with the other 3%, the precursor for all living organisms? Does our DNA, therefore, hold the answers to the universe and the whole of existence - at least here on Earth?

We know energy precedes and controls the outcome of the physical form and we know the frequencies of our DNA are being broadcast outside of us into the environment and picked up by water and other living entities. From previous chapters covering the properties of water, we understand that this ‘information’ from our DNA will be automatically stored in the Earth’s atmosphere, within its air molecules, its oceans, rivers and lakes – in essence in the consciousness of the Earth. Can this possibly explain the origins of the creation myths, where life came from the waters? We discovered in Chapter Two that the nine Gods of the Ennead, – which I believe are symbolic of the inner journey – historically came from the Primordial Waters. There are many other creation myths which represent the same symbology where life originates from the oceans or water.

My contention here is **COULD WE BE THE PHYSICAL MANIFESTATION OF THE TEN (10), the energy that created everything in the first place** - as we discussed in Chapter Two? Through various parts of our DNA being broadcast into the surrounding ether or watery environment of the Earth, has it then been stored on an energy level, seeding and generating many of the physical life-forms we are familiar with today – past and present – ‘evolution’ taking care of the rest? **Or have we just evolved from the oceans over time and do not yet have all the scientific evidence/knowledge to completely understand the processes involved yet?** Especially the role this ‘energy’ plays in the creative process? We have learnt from our own inner journey that the light of DNA is what transforms and transmits non-matter (spirit) into matter or physical life and the coding in DNA is literally responsible for all life in the physical universe. Non-matter is spirit and light (physical light) is the transformer of this coding through the medium of water into physical matter – life as we know it and understand it today.

DNA is also the axis point of the *reflection* between non-matter – the inner reality – into matter, the outer reflected physical reality.

Non-Matter/Energy —————> DNA Code and Light —————> Water = Matter or Physical Life

We can see clearly how the external reality *is* merely a reflection of the inner reality, which over time has become distorted by the mind/ego/intellect of Man – as we have been discussing. We also realise that DNA is the information and coding for all life in this physical reality. DNA is the biological information, or source, the axis point through which the inner purity – source, spirit or non-matter – manifests and is reflected into the physical reality. So in essence, we have God *within us* just as a ‘character’ referred to as Jesus allegedly taught many years ago. **The source energy, God, Spirit, Oneness or whatever label people would like to attach to this creative energy, and the coding for all of physical creation, would appear to lie within each and every one of us, every man woman and child – without exception.:** Do we then merely reflect this outside of us into the physical reality, into the ‘consciousness’ around us?

In the Gospel of Thomas we find the words: ‘I am the light that is over all things. I am all: from me all has come forth, and to me all has reached. Split a piece of wood; I am there. Lift up the stone, and you will find me there.’⁶⁶ The significance of this ‘saying’ will become evident in Book Two.

Is it possible, therefore, that we exist on an energy (biophysical) level before manifesting in the physical? Or is it a matter of balance between these two concepts? Whereby, as energy/information/instruction is transmitted through, and by, our DNA the physical evolves accordingly, and through its’ continued development further ‘energy patterns’ are created as a result? Implosion and explosion, non-matter and matter in complete balance and tandem as they develop and grow?

Additionally, could the ‘creative process’ be even simpler than anything we may believe it to be? Is human intellect, in part, responsible for over complicating these matters, or could it be more to do with ‘belief’ and ‘blind faith’, or is there even the possibility of it being a mixture of

the two? Let us examine some basic facts. Our intra- and extra-cellular fluid is basically Ocean (Sea) Water. The foetus/baby is protected and nurtured in the womb, totally submersed in Amniotic Fluid, which is again, basically Ocean Water! The whole gestation period of the foetus/baby takes place inside our own internal sea water. The first time a new human life actually breathes air is after it is born. Additionally, for the first six to seven weeks of its development the foetus develops Gills, just like fish and amphibians do. If these Gills do not flatten out fully, close and disappear during embryonic development they can create a problem in later life, especially if they become infected. Such an infection is known as a Branchial Cyst, branchial coming from the Greek *branchia* meaning gills!

So, could there be a more compelling argument here as to our human evolution, and maybe that of all earthly life too, as previously alluded to? Could this information now help us understand much clearer the symbolic meaning held in some of the Creation Myths that we have covered in this book? Especially those myths pertaining to and/or containing reference to, DNA, Serpents and Water. Earlier in this chapter we discovered that ‘All the cells in the world contain DNA – be they animal, vegetable or bacterial – **and they are all filled with salt water.**’ Narby also discovered **that DNA goes with water just like the mythical serpents do.**

Whatever the answer may be, we can understand just how far Humanity has fallen in consciousness and awareness – how far we have become removed from our true heritage and origins and how far we have been conditioned away from our true worth. As a result of our inner journey we can also become more aware of the lie of Man and may be able to see through more of the astral spiritual, new-age and religious illusion for what it truly is: A way of controlling us and depriving us from realising our true potential and, therefore, from balancing the outer consciousness of the Earth which we humans are responsible for bringing into imbalance in the first place.

We slowly begin to understand why the ‘externalisation of truth’ *is* part of the illusion and this understanding provides us with an even greater wisdom. This allows us to be able to recognise and understand and appreciate how and why other aspects of the illusion work through many of the religious offshoots and so-called spiritual enlightenment movements and modalities we are faced with today.

Orthodox religions are more easily identified as being part of the illusion and the externalisation of truth, but there are many ‘offshoots’ which are not. Buddhism is one. Although more a way of life than a religion, Buddhism still teaches us that there has to be strife and turmoil and we have to accept this. It also teaches us that we have to rely on the return of the thousand Buddha’s before mankind can be saved. The Bahai Teachings is another faith, which, although containing some good wisdom in its teachings, also deprives us of the knowledge of our true heritage. We are taught our development is dependent upon the coming of the manifestations or prophets of God. This is similar to the coming of the Buddha’s or the return of Christ or the return of the Alien Spiritual Hierarchies. We are also conditioned to believe there exists an intermediate state of being between humans and God – the manifestations – who possess the capacity to receive divine revelation and to transmit it to humans. Further more, the manifestations remain at an ideal level beyond that of which even the most perfect human is capable of attaining.

It is the same old story that we have had thrust upon us through religion for thousands of years – that we are not worthy and we need outside help. We need the help of so-called ‘higher beings’, such as Angels, Christ, Buddha, the Manifestations, Alien Spiritual Hierarchies, the Seraphim and all the rest, to help us to save the Earth and ourselves. **All of this of course is a gross insult to our true origins and our true potential.** I repeat, God, Spirit, Oneness, the Source of everything is within each and every one of us – *without exception*. Only we have

forgotten this simple truth. We have been conditioned throughout the years through illusory concepts and the many modalities the ego-consciousness uses to ply its trade to ensure that we believe otherwise.

As long as we believe we are not worthy and cannot manage to evolve without outside help, we can, and always will, allow ourselves to be controlled. This is what religion and many of its offshoots and spiritual enlightenment foundations, E.T. Spiritual Hierarchies are all about. Control through the belief that somebody else will save us because we are incapable of saving ourselves. As I have mentioned before, nobody is here to save us, the false god with his angels and archangels, the seraphim, the return of Christ, the thousand Buddha's, the manifestations, or the aliens, the Council of Nine or even Scooby Doo for that matter. However, **we can save ourselves** if we recover the memory of whom and what we truly are. We *can* recover this memory by looking within us instead of outside of us, and by ceasing to give our power away to the illusion with all its false masters and gurus and so-called spiritual teachings.

We, or more correctly the living light that animates us, created everything in the first place and the purity of unconditional love is within us all. Realisation of our full potential liberates us from the controlling dogma of the illusion.

However we came to be here, when we realise **WE are the 'Higher Source'** we are constantly aspiring to reach and become, we will stop buying our spirituality from the external illusionary shopping mall and begin to purchase from our own inner shopping mall of light, balance and purity. This of course is the very fear of the ego-consciousness; the fear that we will find this simple inner path to our own truth and light and the greater knowledge and wisdom it brings us. Why this external ego-consciousness fears us so much we'll cover in full detail in Book Two.

What I have learnt personally over the last few years is that we are not searching for the truth at all, as I initially assumed. **WE ARE THE TRUTH.** We are ALL born the truth, each and every one of us. We are all composed of the Living Light of Creation and, therefore, we are all beings of light in that sense. All that happens is we begin to live in the lie of Man from a very early age and we are taught to be intellectual instead of spiritual. This locks our consciousness into ego and directs us away from, and prevents us from, 'being' a pure reflection of the light and living in the truth of what we are. **So in effect, we are not searching for the truth, we are merely trying to determine and become more aware - in this physical world of separation - of what is not the truth.** As we become more aware of what is not the truth, we naturally become more aware of ourselves in the process, which is of course truth, light and unconditional love.

From what we have been discussing throughout these chapters, we can appreciate it is only in this physical world of separation where we forget this 'awareness'. We lose the 'understanding' of who and what we are, as this 'knowledge' and the communication with our higher inner selves becomes 'blocked' from our 3rd dimensional consciousness – our conscious mind – through our beliefs in the external illusory reality. It follows then, that we do not incarnate into the physical reality to 'learn' more about our origins as some beliefs would have us believe. Simply because we already know all there is to know about the universe and ourselves – or at least we can access this information from within.

Or is it that we only become 'aware', in any sense, as the *soul*, our consciousness, develops with the growth of the foetus, baby, and child? And with this development of 'life', has this been the reason for us, and all life forms to exist on an energy level too? I.e. through the soul reflecting the light/energy that animates us through DNA, but carrying with it our own unique individual identity/form?

Surely, then, we can only incarnate into the physical body for one of two reasons: Originally, to appreciate and experience what has been created by energy and light - if we do exist as an energy before physical manifestation that is. Or secondly – and in today's times probably most importantly – to balance the Earth's consciousness, which over time we have been

responsible for bringing imbalance to in the first place? Is it possible, just like our T cells are automatically sent by our immune system to an area of imbalance within the physical body in order to restore homeostasis; that we too are automatically procreating in ever increasing numbers to do the same on Earth - identified by the greater consciousness (immune system) of us all, to restore balance? Or, is the answer to why we are here as simple as male and female having sex and procreating just as it is with the rest of nature? Why should we humans be any different?

This explanation is far more in keeping with how Nature works than many other explanations we are given today. As physical beings we are part of the physical reality and, therefore, *we are part of Nature*. And Nature, as we have discovered, works in exactly the same way no matter how large or small a process or entity may be. Why should we humans believe we operate in a different way to the way in which Nature Herself operates? The simple answer is we don't; only ego would have us believe otherwise, because ego sees itself as being separate to all that exists around it and even greater than the physical reality - Nature Herself. Which is why Man continues to interfere with Nature, and has, over time, become increasingly less natural, understanding, and loving towards all living things; even towards each other.

I do not believe that we have been created by a 'higher' intelligence either. Be that God or by Intelligent Design, alien or otherwise, because this to me is just fudging the issue and the reasoning behind it is completely illogical. These often used excuses – to defend the indefensible and to keep us controlled and belittle our true worth – still leaves us with the all important question unanswered: that of whom or what created God, the Alien, the Intelligence itself? God's own creation cannot have come from *nothing* just because He IS God and that He created Himself, as many people believe today.

For God to have created himself he would had to have actually existed before he was even created/born, which of course is totally impossible. Applying logic and common sense then such an explanation for God's creation can only derive from the realms of fantasy or an imbalanced consciousness. Otherwise the only possible explanation that God could have created Himself would be that some other 'Superior God' was responsible for *His (our) God's creation*? If we then follow this reasoning for (our) God's – or the Gods plural - actual existence, and His/Their coming into being, then we could go on asking the very same question: Who created the God who created this (our) God, and who then created the God who created the God that created 'our' God? And on and on we could go ad infinitum with no sensible, logical or common sense answer or explanation ever possible.

And God, or anything for that matter, cannot and could not have been created out of nothing. As fairy tales go these notions of 'proof' of God's existence are even more ludicrous an idea than most of the proposed hypotheses on natural evolution. But then that is the problem with any belief system that is not founded upon fact and truth, it has to constantly redefine itself by creating excuses to cover up the inherent flaws that are being constantly recognised in its arguments for authenticity.

We know fine well from studying nature and life that 'intelligence' develops through learning and being taught over time, *in all walks of life*. A new born baby does not have the intelligence and the wherewithal to survive on its own. It needs help, nurturing, educating and training to help it to develop and survive in this world. Just as new births in nature do too. Remember all those incredible nature programmes of the 'young' being helped, nurtured and trained by their parents? Therefore ALL species, especially humans, can only develop intelligence and survival techniques *through being taught this, and from learning from others*. It is the only way we can possibly have, and develop, any 'intelligence' at all. Just look at life around us all. How have some people become 'intelligent' or 'knowledgeable'? Were they born with it? No, they were taught, studied hard and learned it all. It is also a measure of life's experience. 'Intelligence' does not appear out of nothing and miraculously manifest itself. Intelligence, by the very nature of

what it is, *can only develop* and mature as life itself develops and this is through learning, being taught and through life's experiences.

Intelligence is merely a consequence of the creative process of life and it most certainly does NOT precede it!

So if 'God' or any 'Superior Intelligence' did design us, then the sixty four million dollar question still remains: who or what created, taught, nurtured and helped develop the intelligence of 'God/Alien'? (Well, as a matter of fact, we will discover the answer to the question of who/what created God in Book Two)

The need for an answer to the main human question *of why we are here and that of whom or what was/is ultimately responsible for creation – and thus ours and all life*, still remains unanswered. All that has happened is that the all important question has been fudge-answered by people in power; people who are, and have been, desperate to remain in control of their flock and who are totally controlled by their beliefs and the influence of external ego-consciousness. All we have done is move the conundrum posed by the original question away from humans and common sense and placed the answers onto a mythical creator who appears magically from thin air instead. Yet the fundamental point of the question has not been answered at all by these excuses and still remains, even though billions of people are conditioned to believe otherwise.

The less we buy into the illusion and the less we live in the lie of Man, the more we can live as our true being is meant to live and the more we can begin to fulfil the huge potential inherent in all human beings. The illusory world and the external deception invented by the ego provide us with a convenient blindfold which prevents us from seeing our own light and the light of others. So we fail to recognise that the core of all living beings is all one and the same energy – spirit and unconditional love. Physically we are different with varying talents and physical potentials left mainly unfulfilled by the illusion's ability to block out this simple realisation of our inherent creative powers.

When we stop looking externally for the answers and cease bringing in outside imbalanced energies, the veil of darkness we have surrounded ourselves with starts to lift and the light becomes brighter. This simple conscious act or decision enables a quantum shift to take place in our consciousness whereby we gradually begin to see through the illusion and recognise more of what is not the truth. This is an ongoing process as our soul/consciousness is gradually brought back into a state of harmony and balance as it begins to purify and return towards a more natural state of being – a reflection of our inner unconditional love and light. We begin to realise that nature does work in the same simple and uncomplicated way and that all living things are part of nature and work this way too. The illusion (astral reality) through the ego/intellect merely provides us with a false A-Z to finding spirituality. If we choose to use our own inner A-Z, which we can purchase free of charge from our inner shopping mall, then the icy grip the illusion currently has on our spiritual future begins to melt away as more and more of our inner light and warmth is allowed to come forth and illuminate the way forward.

Spirituality and living life by our own truth and not somebody else's truth is all about not giving our power away. It is about allowing ourselves to ebb and flow, and evolve as Nature Herself does to maintain balance. The ego, as we have discovered, is all about standing still and hanging on to old paradigms and illusory concepts which stop it and us from moving forward. When we begin this journey we call physical life, we can buy the external ticket and journey into chaos, or we can purchase the internal ticket and journey into peace and oneness. However, most of us choose the external ticket to start with, but because we always have choice, *we can exchange it for the internal one at anytime*. For those of us who have been on the external journey for sometime this may mean a longer journey home than for others. Yet it is the start of the journey home and the beginning of an adventure which is rich in much splendour and exhilarating beauty, love, knowledge and the wisdom of how to apply it. A journey that becomes clearer, brighter, more colourful and more magnificent with each passing moment. A journey and an

adventure into the inner realms where we can constantly experience the many unprecedented wonders of creation in all of their glory and magnificence. An experience and journey that religion and most of its modern and external spiritual offshoots would have us otherwise believe is impossible for humans to attain and enjoy today.

Only the moment of now exists, yet even in this moment of now the illusion still deceives us. How are we expected to know what happened in the past and, therefore, what part of history is actually true? If we were not there then we cannot possibly know for ourselves what actually happened. Yet most of the conditioning today takes place by encouraging people to believe in something that may or may not have occurred thousands of years ago – and by believing it, we give our power away to this so-called history. We can all tap into the past because it is a memory stored in the consciousness of the Earth which surrounds us and feeds us. We can also tap into *what may happen* in the future because it is the thoughts and aspirations of humans stored in the ether also. They are but emotional memories – energies – stored in the consciousness of the Earth, which we can all tap into at any time because they are around us, and even within us, every minute of every day. However, if we choose to buy the internal ticket we can in time begin to tap into that inner purity of who we truly are. Then we no longer allow ourselves to become compromised by external and unbalanced emotional energies, beliefs or distortions of truth.

To me it remains a simple fact that if we don't change our perspective and image and our understanding of what IS in this moment of now, the past will continue to be projected into the future and the disease of Man will continue to spread. Just like the consciousness of a tumour cell is passed onto new healthy cells. It is only by changing and balancing our consciousness in the moment of now that we can actually ensure a change in consciousness in the future. As we begin to balance our own consciousness first, this is then reflected outside of us into the collective consciousness of the Earth, which is the consciousness everybody is interacting with. Many spiritual teachings today tell us everything is OK and exactly as it is meant to be, and as we discussed in Chapter Three, just like karma, this prevents us from understanding and accepting that *we are responsible* for what is happening in the world today.

Maybe I am looking at another world, but I still hear pensioners talking of times when they used to leave their doors open for people to come in and visit without fear of being robbed or beaten. We wouldn't dare do that today. There were no metal shutters on shop fronts when I was a child, but they are all over the place today. Policemen, Paramedics, Doctors, Nurses and Firemen are attacked today for doing no more than their jobs - trying to save lives. When I was a child this never happened on the scale it does today. In China early 21st century, we saw an unwanted new born baby girl lying dead in a street gutter, being totally ignored by passers by. Why? Because she was female!! So once again we can witness the same old religious dogma of favouring the male (ego) to the denigration of the female present in China. This is an illustration of the reality we have created today – not the illusory one that tells us this is okay and it is how it is meant to be. If we continue to believe everything is okay, then it is simply not good enough. Unless our beliefs come from that inner understanding which provides a genuine foundation to our belief and perception of reality, we will achieve nothing in our attempt to improve humanity and the environment.

It Is All About Consciousness

We discovered in Chapter Three that, if a breast tumour were examined and then x-rayed six months later, the presence of the tumour could still be evident. However, during those six months practically all of the cells of the body will have changed and renewed themselves. Therefore, after six months, the tumour is, to all intents and purposes, a brand new tumour. The original tumour cells have all died and have been replaced by *new* tumour cells. Why is this? Why have the diseased cells not been regenerated as healthy ones?

Scientists have recently discovered that the 'memory' of a cell holds information which enables the cell to reproduce in its own likeness.¹ In the case of the tumour, this is in the same diseased way. The new tumour is replicated and reproduced from the 'memory' of the cells of the previous tumour, quite simply because the consciousness which feeds the cell and pre-determines its structure has become altered or imbalanced. The information that the tumour cells' consciousness now holds has become compromised by chaotic information (energy), which has affected the ordered and harmonious information of its original blueprint. Hence, the tumour reproduces itself in an unhealthy way and the tumour continues to exist.

It is exactly the same with human consciousness (memory) as we have discovered. Somebody born into a criminal family is far more likely to end up a criminal in the likeness of the consciousness of the parent/s. This simple process of transfer of consciousness also applies to our belief systems that are deliberately created by the ego-consciousness/astral reality. We, as parents, pass on our consciousness – in this case through our beliefs – to our replacement healthy cells, our children. Then our children take on this consciousness, through belief, and so the disease in consciousness – the tumour – continues to grow and spread.

Looking at it another way, from our understanding of how nature works in the same simple way, no matter how small or large a process may be, all we are experiencing in the outer reality *is a disease in consciousness*, a tumour created by Man through an imbalanced ego. Which, through the process of resonance, influences all 'consciousness' around it into becoming as imbalanced and as diseased as it itself is. We create in our own image through thought, and far more so through our soul/consciousness on a subliminal level. So when we buy into the lie of Man and believe in it, are we merely reflecting this unbalanced belief and thus consciousness back into the outer consciousness of the Earth? And through our beliefs and prayers, do we continue to feed the illusion and spread this disease in consciousness even further? Everything comes from within. We cannot access this inner truth from outside of us or by focusing externally because what is outside of us is, today, merely a **distorted and diseased reflection** of everybody's 'inner light and truth'. We must first connect with it within in order for it to be reflected without. And to change the reflection we must first change the image being reflected back to us. We cannot shave by shaving the mirror – the reflection – nothing happens no matter how loving our intent may be. It is only when we shave the self that we see a change in the mirror, and in so doing, we change what is being reflected back to us.

'Why do you wash the outside of the cup? Do you not understand that the one who made the inside is also the one who made the outside?'⁶⁷

From all we have been discussing, it is clear we have the ability to project our awareness into the **external** imbalance in consciousness through methods such as remote viewing and astral travel and into the **internal** consciousness through original shamanic ways and meditation. This provides us with the knowledge and experience of these realities. As we are part of Nature this process of explosion and implosion occurs at the same time – naturally, and we are continually journeying both ways simultaneously. It becomes apparent then that depending upon where we focus our attention or awareness, this will determine our view and perspective of reality and creation. We can view both from the aspect of being the physical and beginning our journey home (implosion) and learning more about our origins along the way. Or we can view them from the aspect of being everything (Source) at the same time, fragmenting itself (explosion) to become aware of itself and what it has created.

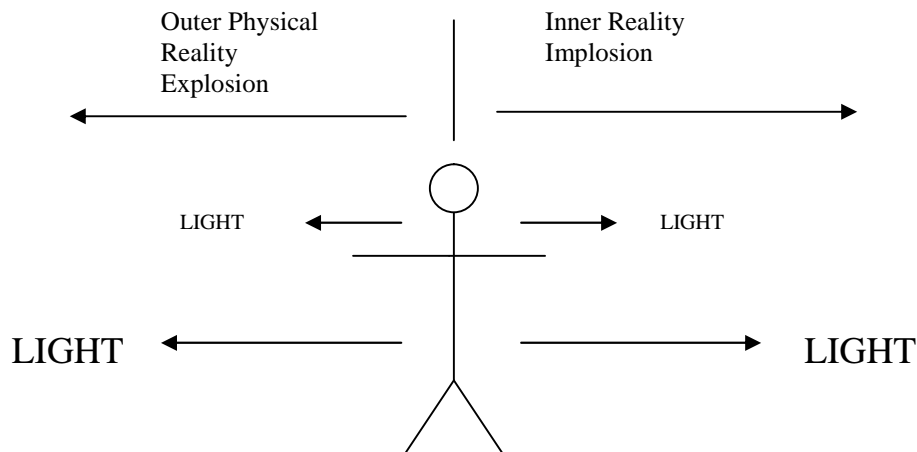
Whilst neither perspective is incorrect, neither is balanced without the other, for we are BOTH at the same time. This is the wonder of our consciousness, we can experience ourselves from any part of the explosive or implosive process and we can experience 'being' both perspectives at the same time, or separately. So, in effect, symbolically, we are returning home to

Source from being the physical and we are also the Source expanding out to become the physical - both at the same time. When we experience 'being' both at the same time we experience 'Oneness' itself, which in effect is all that we are anyway. Only we have *forgotten* - or have been deliberately made to forget - about this huge potential that is abundantly inherent in all human beings.

There is no magic bullet or pill or easy 'fix' we can take to turn us into something we already are. These methods and beliefs will only have the opposite effect and hold us back.

Spiritually we are what we are and we cannot *become* anything other than what we are - no matter how hard we try. Except of course in this physical reality where our soul/consciousness can be programmed to believe it is something that it is not. And we cannot become what we are until we stop trying to become something we are not. This is what we are all, in effect, searching for - the 'who and what' we really are. And until we realise who and what we really are, we may never have the understanding of who and what, potentially we really could be - which is exactly who and what we are now anyway.

The answer to everything comes from within. The more we journey within, the more purity we bring to our physical third-dimensional consciousness and the more purity and light (unconditional love) we reflect into the consciousness outside of us. This process will naturally help all living things - our selves included. If this were to happen, then symbolically, it would look like this:



“Accept the light for your eyes, and cast the darkness from you... Do not become a sausage made of many things which are useless, and do not become a guide in your blind ignorance... end the sleep which weighs heavily upon you. Depart the forgetfulness, which fills you with darkness, since if you were unable to do anything I would not have said these things to you...

Why do you pursue the darkness when the light is at your disposal? Why do you drink stale water though sweet is available to you? Wisdom summons you yet you desire folly.”⁶⁸

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