

CHAPTER THREE

In Chapters One and Two we have been discussing the external ego-consciousness and how it has become imbalanced and how connecting to and resonating with this consciousness enables its imbalance to enter our personal energy fields. So how has it become unbalanced and how can it enter our personal energy fields? To answer these questions we need to understand more of what consciousness is and how all things in Nature work in exactly the same way, no matter how large or small an entity or process may be. However, it is important to note that what follows are merely words, or labels, used in an attempt to explain something more profound than words or labels can ever hope to be.

We will also be looking at the detrimental effects the ego/intellect can have on internal and external consciousness when they are not used in a balanced and rounded way. I have likened the ego/intellect, symbolically, to the male linear energy in Chapter Two, and if it is used without the balancing aspect of the female circular/global energy, then it creates an imbalance in consciousness that can be very detrimental to all living things. You could also liken the male energy of the ego/intellect to the use of the left brain only without the balancing effects of using the feminine, intuitive right brain. However, these again are only words trying to describe something more profound and spiritually deeper than words can ever begin to do justice to.

CONSCIOUSNESS

There are various 'types' of consciousness - the two most well known concepts are our daily consciousness and sub-consciousness. Our daily consciousness is that which we are aware of in our waking moments, the feeling and memory of who and what we are and of what is going on around us. It is our perception, the totality of our thoughts, feelings and sensations. Sub-consciousness on the other hand pertains to everything that we are not actively aware of and it is responsible for all the millions of processes which keep the body healthy. It does this through, as an example, the Autonomic Nervous System (ANS) and its two branches, the Sympathetic and Parasympathetic Nervous System. These 'systems' work in the background, beavering away in order to maintain equilibrium without us generally having any conscious awareness or control over their actions. The subconscious also works on an emotional level. For example, unexplained phobias can stem from deep-seated fears held in our subconscious which cause us to react in a particular way, for the most part without our knowing why.

There are, however, other 'types' of consciousness that also exist on a subconscious or subliminal level. Two of these lesser-known concepts are 'pre-conceptual' consciousness and 'external' or 'outer consciousness'. In Pre-conceptual form our consciousness (Soul) is in complete union with that essence from which all things physical are created, that which is before all else: the Spirit and the Living Light of Creation, the 'energy' that animates ALL physical life. It is a 'consciousness' that is the complete and perfect image/reflection of the Living Light of Creation; or *symbolically* speaking that of the 'Virginal Spirit' or the 'Pre-existent Father', or the Oneness that is everything. These descriptions are *symbolic* of the purity of consciousness that exists at

conception, before our soul/consciousness has been affected by any external and parental influences, before it becomes aware of itself in effect.

When physical life is created and begins its development, symbolically pre-conceptual consciousness gradually begins to develop separately from its brief union with the light/spirit. Here pre-conceptual consciousness first becomes the soul through the sub-conscious mind, and then the conscious mind. A conscious mind and a soul/consciousness/sub-consciousness that are all easily influenced by the external ego-consciousness (astral and physical planes) as well as the intellect, emotion and ego of others around us.

Symbolically speaking, this is the separation of the Soul (consciousness) from Spirit (Light) in the physical third-dimension, the world of separation. Because many people today believe, and are taught, that the soul is the spirit (which is wholly incorrect) we will cover this soul/spirit relationship and their *individual* and important functions in this physical reality in Book Two.

'External consciousness' is a memory made up of the collective thought-forms and emotions of man and all living things, created by the intellect, ego and fear of the conscious mind and to a greater extent, the sub-conscious mind – our soul. It is within the Earth's consciousness, its watery environment (see 'Water' later), where the 'energy imprint' of both conscious and subconscious thought-forms are stored. Hence our emotions, beliefs, fears and thought-forms remain in constant contact or resonance with us through the Earth's consciousness. We continually contribute to, and are consequently affected by, this 'external consciousness'. As we cannot exist without interaction with the Earth's consciousness, both the good and the bad, the profound impact this 'external consciousness' has on our experience and perception of reality through our belief systems can never be underestimated. This is where the illusory reality (astral) and the imbalanced ego-consciousness reside. We shall examine this concept in detail, later in Chapter Five.

CELLULAR CONSCIOUSNESS

Each of our cells has an Electromagnetic (EM) field. This EM field is the cell's internal energy field (auric field) reflected externally that contains the 'consciousness' or 'memory' of the cell. It is the 'information' held as an energy store that determines how the cell will function. The cell's consciousness/memory is the precursor for the reproduction of its replacement cell, and it is this information, stored within the cells' energy field, that determines whether the cell reproduces itself in a healthy or unhealthy way. If chaotic and disharmonious information is stored in the EM field of the cell, the original information held there is altered, and the 'consciousness' of the cell - the energy that feeds and instructs the cell how to behave - becomes imbalanced. The cell then begins to behave erratically and in accordance with this disharmonious information.

For example, if a breast tumour were examined and then x-rayed six months later, the presence of the tumour could still be evident. However, during those six months practically all of the cells of the body have changed and renewed themselves, thousands of times. The skeleton, for example, is renewed every three months or so, the skin every month, the stomach lining every four days and a new liver in about six weeks. Therefore, after six months, the tumour is, to all intents and purposes, a brand new tumour. The

original tumour cells have all died and have been replaced by *new* tumour cells. Why is this? Why have the diseased cells not been regenerated as healthy ones?

Scientists have recently discovered that the 'memory' of a cell holds information which enables the cell to reproduce in its own likeness.¹ In the case of the tumour, this is in the same diseased way. The new tumour is replicated and reproduced from the 'memory' of the cells of the previous tumour, quite simply because the consciousness which feeds the cell and pre-determines its structure has become altered or imbalanced. The information that the tumour cells' consciousness now holds has become compromised by chaotic information (energy), which has affected the ordered and harmonious information of its original blueprint. Hence, the tumour reproduces itself in an unhealthy way and the tumour continues to exist.

Russian scientists have discovered that a healthy cell has a uniform, balanced and harmonious energy field around it, whereas an unhealthy cell has an aggressive, irregular and unbalanced energy field. Furthermore, they discovered that because of the aggressive nature of diseased cells (imbalances in their energy fields or consciousness) these cells had the ability to affect balanced and healthy cells, and, over time, influence them into becoming like-minded unhealthy cells through what is known as resonance.² Rather like a tuning fork setting off other tuning forks around it, they share their energy with healthy cells around them in the form of imbalanced or chaotic information.

Thus, it is the '**memory**' behind the cell, its energetic blueprint, which constitutes the state of the cell's 'consciousness' and how it will replicate itself.

This same principle applies to the human body and its energy fields. There are many labels attributed to the energy fields of the body, such as the biophysical field, the auric field, or the morphogenic field; all are merely labels describing pretty much the same thing. For simplicity of understanding, when we talk about Electromagnetic (EM) or auric or energy fields, we are talking about the 'consciousness' or 'memory' which feeds and determines the physical outcome that is then reflected outside of the body. This is our 'energy field' that we are sharing with everything around us. It is our own personal 'signature tune' or identity! As biophysicists have discovered, it is only when the defence mechanism (EM field) of the body becomes weakened that we become ill.³ When our energy field is balanced and strong, physically we are in good health, but when our energy field is over exposed to chaotic, disturbed and imbalanced energies, we have ill health. We too have this 'consciousness' - this 'memory' - which governs the overall health of the human organism. When this personal collective consciousness (the totality of our energy fields) is balanced we are in good physical health, and when it is imbalanced we are predisposed to illness and disease.

This same simple process applies to Mother Earth. She has Her consciousness, which when balanced encourages a clean harmonious environment and good health, but when imbalanced leads to an unhealthy environment and ill health amongst Her inhabitants. It also applies to Solar Systems and Galaxies, because Nature works exactly the same way whether it is an amoeba, seed, plant, human, planet or star. Balanced consciousness equals good health - imbalanced consciousness equals chaos and ill health.

All consciousness is interactive. All consciousness feeds and shares information, *for all consciousness is part of the greater whole of all that IS.*

But what exactly is this 'consciousness'? Where does this consciousness exist and how can the Earth's consciousness affect our own consciousness? How can our thoughts

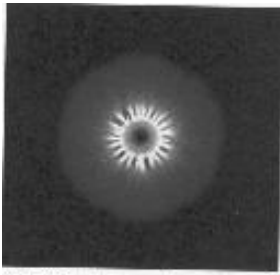


Fig. 22a: Original picture of scripta heliobacteria

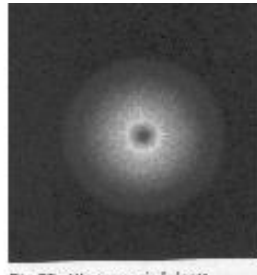


Fig. 22b: Illusion of scripta heliobacteria

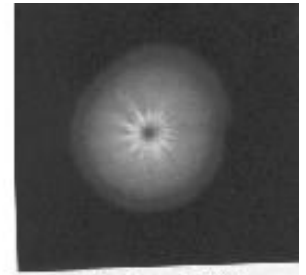


Fig. 22c: DSD of scripta heliobacteria

Just like a video or cassette tape, or the hard drive of a computer records and stores information, water records and stores information, in a similar way - through energy imprints on an energy or consciousness level. It is only because of the remarkable properties of water to store and share information that we have physical life. Scientists have discovered that our DNA emits Light (energy and information in the the form of living consciousness). It is our intra-cellular fluid (basically nutrient rich sea-water) that stores this 'information' and then shares it with the cell. This is how the cell receives it's instructions on how to behave, replicate etc. All of this happens on a biophysical level and this exchange of 'information' is the precursor for ALL biological/biochemical actions!

Water also has other properties. According to tests made by Engler and Kokoschinegg in 1988, water has a structural memory and a structural variability, and because of this it can store acquired information over a long period of time and pass it over to the body⁸. Thus, **water can share its memory with our bodies!** Now, just allow this information to sink in. The realisation of these truths will have a profound effect upon our psyche and our current understanding of many of the things we have been led to believe through the current 'orthodox' scientific, medical and media propaganda machines.

Furthermore, of what is the Earth mostly comprised? **Water!** *The surface of the Earth is covered by approximately 70-80% water.* The Earth's atmosphere is full of **water** molecules. Thus it becomes obvious that **the Earth is literally one big memory bank.** It is a huge library of stored information. ***Water, therefore, is, symbolically speaking, the Akashic Records of the complete history of the Earth.***

Since emotions are very strong and powerful energies, would it be fair to assume that the Earth's consciousness (its water) has stored all emotional fears since these emotions began? As discussed in Chapter One, there are only two emotions; love (which is balanced) and fear (which is imbalanced). Would it be fair to say that, in the main, the fear-based emotion of Man has prevailed throughout mankind's history and therefore this imbalanced emotional energy has been stored in the Earth's consciousness, gradually and increasingly unbalancing the Earth's consciousness? Is it merely a coincidence that in many ancient civilisations water was often referred to as the 'consciousness' or the 'emotion' of Mother Earth? Did some of our ancient cultures know about and value the 'memory' of water?

Physically, the human being is also 70 - 80% water. The brain is composed of 85% water, the muscles 75%, blood is 90%, the liver 82% and the bones 22% water. It is no

coincidence that we too are *highly emotional*. With a population of over six billion people, the collective emotional consciousness of humans is primarily fear-based and we continually feed these imbalanced emotions into the consciousness of Mother Earth, perpetuating the problem. Since the current memory of the Earth's water is mainly founded on imbalanced thoughts, actions and fear-based energies and this imbalance can be shared and stored with ourselves, (i.e. water can 'share' its memory with our bodies) we all unfortunately become increasingly prone to the imbalanced illusion of life by taking on board these external fear-based energies. Every three seconds or so we breathe in thousands, if not millions, of water molecules. Every drink we consume and each time we eat food (which contains hundreds of thousands of water molecules) we may well be bringing some of this imbalanced fear-based *emotional* memory (energy) into our bodies. Every time we wash, shower or swim we are resonating with this 'consciousness' in an energy form, and physically too through the pores of our skin. The Earth's water molecules around us share their 'memory' with us through our energy fields, through resonance, thus affecting the balance of our own consciousness, positively or negatively. So in effect, we do reap what we sow. We will be looking at positive ways of balancing and purifying our food and water, as well as our soul/consciousness, in Book Three.

Is it any wonder that we humans are becoming *more* emotional and *more* aggressive? Is it any wonder that we are finding it more difficult to see through the illusion, this 'inversion of truth' mentality? Difficult also to see through the imbalance the illusion produces; something we have created and surrounded ourselves with over time?

Water is not only polluted by our imbalanced emotions and actions. Our atmosphere is heavily polluted with chemicals and noxious gases, and oxygen levels have depleted by over half in some areas over the last hundred years. Rivers and oceans are polluted with toxic and chemical residue to the extent that some of the fish face a dilemma before they go out on a Friday night - they are not sure whether to dress as a male or a female and some even wear a shirt and tie, mini-skirt, suspenders and fishnet stockings because their sexuality has been severely compromised. They now have characteristics of both sexes within their make-up. Some may even stay at home and chat themselves up!

Time Magazine reported that over 4000 chemicals have already been found in drinking water¹⁰. And, as we now understand, our methods of treating drinking water will leave behind the energy imprints of the toxic chemicals used in this process. Additionally, water is carried through straight pipelines; contrary to the way water in nature works in a natural, curving and winding path.

Water is 'consciousness' in this physical 3rd dimensional reality. It is a memory bank of stored information and our physical means of identity.

The Earth's water/consciousness is the 'external' consciousness we have been discussing. It is a 'memory' of information, built up over time and stored in the physical and astral frequencies, the vibrations of 1-9 we covered in Chapter Two. The Earth's consciousness shares this information with our own consciousness through resonance, as all living things naturally interact with each other.

However, as a result of our greed and desire for power and control, over time the Earth's consciousness has become even more imbalanced and is now the home of the greatest Illusory Shopping Mall of all time, the great lie of Man. Using squatter's rights,

the Illusion houses all its wares, beliefs, products, teachings, tactics and its comprehensive library of misinformation within the external consciousness (memory) of the physical and astral realities. It feeds this imbalance back into our own consciousness through resonance and channelling, and through many belief systems, out of body experiences, psychic experiences, remote viewing and a host of other ways we will cover throughout this series of books. And so, as we begin to 'buy into' this lie - this imbalance - we reinforce it further through our conscious belief in it and through the consequential thoughts and actions of our beliefs. Therefore, the disease - the imbalance in consciousness we have created over time - is perpetuated and continues to grow from strength to strength, just as a tumour continues to grow and spread inside the body.

Does the concept of the consciousness of water – the memory of water - explain more about what happens at a cellular level? We know that the immune system sends 'killer' T-cells to fight infection or invasion by intruding aggressive organisms, but how does it know where to send them? Biophysicists have discovered that when a cell association dies, it dies as a complete entity, not cell by cell, not one by one, or in batches, but all at once¹¹. This demonstrates some form of intelligent cellular communication. Physicists can measure the light emitted by the body after it dies¹², which is similar to what some psychics can see. Clearly, there is some form of collective communication going on here. Since a cell has its own intracellular fluid (fluid within the cell) and each cell is surrounded by extracellular fluid (fluid between the individual cells), could the 'consciousness' contained in this fluid (salt water) - which holds memory and has the ability to share information - explain how our cells are in communication with each other at all times? Does this also explain how the immune system knows where to send its troops? Because our body and its organs, blood, tissues etc., are replete with water and water molecules – i.e. memory or consciousness?

In examining an imbalanced cell and its 'aggressive' nature, with its desire to control and manipulate other cells around it, can we see a similar occurrence repeating itself in human form? Just like the bully or the tyrant, or the politician, world leader, religious or cult leader or multinational company, who rule through fear and aggression and who influence and attempt to control the masses with threatening behaviour? Is this the same unbalanced 'cellular' consciousness at work, but on a human level? Does this extend to the concept of 'God' we find in many of today's religions, who likewise rules through jealousy, wrath, belligerence, fire and brimstone tactics - kill in My Name for you are the chosen few? All of which derive from fear-based emotions and many religions; all emotions based on the vibration of nine, the ego/intellect consciousness. Is this the same diseased cellular-level and human-level consciousness merely repeating itself within the Earth's consciousness, (the 'external' consciousness) which is then fed back into us, then into our cells, and so the merry-go-round continues? Just like nine will always be nine, as we discovered in Chapter Two. This is completely contrary to how healthy cells and a healthy consciousness works. We will look at intra- and extra-cellular consciousness – our internal Bio-Terrain – and it's implications in genetic, physical and spiritual health in greater detail in Book Three.

[Important Note: There are not many people in the world who truly understand the concept of 'consciousness' and its' profundity in physical and spiritual wellbeing. We will be covering the importance of consciousness and the many ways in which we are, and can be, affected by it in these writings. Therefore, I will offer a brief and simple

summary here of what consciousness is. This may well help the reader to understand what is written in this series of books on a much deeper level: **‘Consciousness’** in its simplest terms is the **‘Living Light of Creation infused with information’**. It is *‘information’* that has now become *alive*, or *active* and *interactive through the medium of water*, and as such, *can share this ‘information’ with, and thus influence and affect, all living things*. Especially humans! Therefore, to offer but one simple example, the food that we eat shares its consciousness with us. So if a chef and his cooks are in a bad mood, then that ‘bad-mood-consciousness’ (imbalance) goes into the food and then into us as we eat it. Thus we are then affected accordingly. As does the ‘consciousness’ (information/memory) of how it has been produced and processed, and by whom!!]

KARMA AND PAST LIVES

[At this stage of this series of books, this short introduction serves to expand our understanding of some of the implications ‘consciousness’ can have on a spiritual level. Therefore, this is just a brief look at this topic to create more awareness of how the balance or imbalance of consciousness may work. We will look at karma and past-life regression in greater detail and with a fuller understanding in Book Two.]

If this external consciousness holds the memory of everything that has happened on Earth, especially with the fear-based emotional energies of Man being so predominant - emotions being extremely powerful energies - then during a past life hypnotic regression just whose past life are we tapping into? According to our present understanding of karma, our present actions allegedly affect our next incarnation, just as our past actions affect our present. Many popular interpretations of karma, though not all, imply a Spiritual Hierarchy which sits in judgement of our behaviour here on Earth. Therefore, to accept that past-life karma is brought into this present lifetime, we would have to accept that there is a spiritual hierarchy that sits in judgement. Is this any different to the Council of Nine that we touched upon in chapter two, (and will examine in greater detail in the next chapter) who are a *judgement council*? Surely only Man himself through an imbalanced ego, the desire for power and control over others and lacking in unconditional love for all life other than himself, sits in judgement?

According to many popular beliefs, when our spirit and our soul/consciousness leave the physical body on death they cease to animate matter, and therefore both should leave behind this world of ‘separation’. *If this is true*, then the dual principles of fire and water, or spirit and consciousness (the soul) *should* become as one again. In this state of Oneness which exists beyond the separation we experience in the physical and astral realities, our consciousness/soul *should be* automatically purified through its embodiment with the spirit/fire/light principle of purification. Simply because it is no longer separate from it and, therefore, it is not now open to external influences as they were in the illusory physical and astral realities. So how can anything existing in the real spirit world of Oneness have a hierarchy or sit in judgement? The Spirit just IS - *pure unconditional love*. Not hierarchal or judgemental. Just look at the Sun. It creates and sustains all life-forms and continues to share its light and warmth with all living things, irrespective of what they have done or are prepared to do. This IS pure love for all things given unconditionally. *If there is a real God* then that is what God would be like too. Only in the physical/astral vibrations/dimensions of one to nine (1-9) do we experience this

separation of fire (spirit) and water (consciousness/soul). This leads to opposite spectrums of the same energy, such as, positive and negative, day and night, good and evil and love and hate (fear). *It is only in the physical and astral dimensional planes, where consciousness is separated from the spirit/fire element, that our consciousness/soul can become tainted through the influence of the imbalanced mind/ego/intellect.* **Therefore it is only in the physical and astral planes that we should find hierarchies and people or 'beings' sitting in judgement, surely?**

As we learned in Chapters One and Two, Creation works from the centre outwards, and it is important to realise that the physical reality is the end result of the creative process; it is the furthest away from the centre, from its source. It is the lowest vibration we can attain in order to animate matter. Creation achieves this animation of matter in separation through the light and energy we are (Spirit, unconditional love) and the medium of water/consciousness (our soul), which expands this balanced information/identity/light from within us, outwards into our conscious mind and beyond into the consciousness of the earth. So our conscious awareness of who and what we are, our true identity, should come from the memory of the light/spirit within. But due to imbalances we have created in the external consciousness (memory) and our constant search for truth and spirituality into this external imbalance, we are constantly exposing ourselves to illusory beliefs. So over time, our awareness and 'memory' of who and what we truly are has been gradually erased. This has led to many myths and legends about being surrounded by darkness, or a veil of darkness, or suffering from amnesia, and so much more.

There are numerous beliefs that state that in every other dimension of reality beyond the physical and astral planes, there is no separation. That Spirit/fire and consciousness/water are one and the same, just as they should be when they [we] leave our physical body. Therefore, if this is true then that should mean that many of the present day explanations of karma, whether found in religions, philosophies or the New Age Movement, surely would have to have been invented by the ego/intellect consciousness in order that we then overlook our responsibility to, and interference with, Nature and all natural processes. Inserted into the psyche of Humans to blind ourselves to the mistakes we repeatedly make, including our justification for the atrocities of war as we saw in the Council of Nine's justification of the Gulf War in Chapter Two. Plus Man's many other fear-based prejudices, such as racial hatred. Invented so we would not look at a person in a wheelchair or deformed by Man's interference in Nature, or someone suffering needlessly because of our materialistic and greed-driven ways, and feel the need to ask the question: **Why is this happening?** Invented so we would look and, patronisingly and dispassionately, say, 'Oh it must be a past life thing, these people need to suffer now because of something they did in a past life'. And so we turn our heads away for fear of interfering in their karma and the experiences of suffering that we believe they have to go through in order to evolve, and so we ignore the true reality of what is in front of our eyes, of what is being reflected back to us to witness and comprehend – the diseased 'memory' or 'consciousness' our past actions have created.

We should remember that the external reality is merely a reflection of the inner reality but has become distorted by the mind/ego/intellect, so what we see outside of us is exactly what we are doing to ourselves collectively. We are slowly destroying nature and ourselves in the process.

The terrible truth is that the purpose of this *popular* explanation of karma only serves to absolve us from blame and stop us looking at the *cause* behind the challenges we are facing now - the cause being OURSELVES - through the insistence (through profit and greed and an unbalanced ego) that we know better than Nature.

Yes karma exists, but is it only in our physical third dimensional lifetime and in the physical reflection known as the astral afterlife? On a consciousness/soul level, what we reflect out is what we attract back to us, but according to many beliefs, when we leave our physical body we should leave as pure energy, pure consciousness. Therefore, if we do return, then we would return as pure energy, pure consciousness. So there should be absolutely no need at all for karma in any form. Neither Nature nor Spirit is judgmental in any way; Spirit is pure unconditional love, it is androgynous, pure balance, Oneness itself. It just IS.

There appear to be two major belief systems regarding reincarnation. The first, and most popular belief is that the 'soul' is purified in God's heaven or some Spiritual heaven, re-taught and sent back down to reincarnate again on Earth to learn 'new lessons', remove previous karma and to help bring the love of God or some other Supernatural Being into the world.

Assuming this 'belief' was indeed true and if we were to apply logic and common sense to this 'belief', then it begs the question: could it be that there is no such thing as a past life 'debt' **brought** into this present physical life, which is supposedly responsible for our current individual suffering? After all, *if we did* reincarnate after being totally cleansed and restored to the Light of God or the Unconditional Love of the Spirit World, then we *should* bring with us **knowledge** and **purity of consciousness** each time we come back, shouldn't we? Yet this is not born out by accounts of past lives offered up through regressive hypnotherapy, whereby the same old religious and new age dogmas and beliefs are being upheld, along with past life illnesses and diseases too.

The second one, not commonly known about for many years until recently, is that the soul/consciousness can become trapped in the 'illusory afterlife' after the physical death of the body. This is the area ancient writings, found at Nag Hammadi in the middle of the 20th Century, referred to as the 'Middle Place'; an astral world comprising despicable elder souls, psychic thought forms and other lost souls that go astray on physical death. This is simply because these souls through their human beliefs, have bought into this illusory imbalance in physical life, and so they (their consciousness/soul) buys into it again, or attracts it towards them, in the astral afterlife. From this place of imbalance and imperfection the soul can be 'reincarnated' as an entity passing itself off as a spirit guide, angel or any other supernatural being, and it 'returns' with its previous impurity and imbalance intact, just like a tumour cell replicates itself with the same imbalances. This abhorrent 'Middle Place' is, and has often been, mistaken by many people for the real spirit realm, when nothing could be further from the truth.

So could there really be two forms of reincarnation, past and present, as believed? The diseased one where some souls do not reunite and become as one with the light/spirit after death of the physical body, and are not therefore purified by this union. Whereby 'souls' are then 'reborn' with their previous imbalances and beliefs intact, just like diseased cells replicate their unbalanced consciousness in new cells. And secondly, the allegedly natural more divine and thus 'healthy' option, whereby the soul *is* reunited with

the light of Oneness/God/Spirit after death and is, therefore, 'reborn' in the perfect image of the Light/Virginal Spirit – total purity itself – just like a healthy cell replicates itself?

To me these two beliefs in reincarnation just seemed to mirror the age-old ego-created religious dogma – that of good versus evil – in that God's Heaven would provide us with reincarnated souls that would save us, while the Devil's reincarnated souls, being entities, would otherwise destroy us.

Additionally, *if souls were reincarnated* under some form of natural order we are not yet aware of, then *just who* from our family and friends is going to be at the pearly gates to greet us? After all, there are far too many accounts from *regressive hypnotherapy* sessions detailing family members and loved ones waiting to welcome the new souls of recently deceased humans. I remember my father just before he died in hospital. He was comatose and at death's door, totally out of it. Then, out of the blue, he sat bolt upright, eyes wide open totally clear and focused and with open outstretched arms, smiling as if greeting and welcoming somebody he knew and loved. Now I could 'feel' something behind me and my ex-wife who was sat sideways on to the bed saw some black shapes coming through the wall behind me. Yet if reincarnation is true, then just *who* or *what* had arrived to help with my father's soul transition? It was definitely somebody my father recognised and welcomed, so it is likely to have been a member or members of his family. Yet if reincarnation were true, then my father's deceased family would have already reincarnated into other bodies and so they would not be available to greet him and help with his soul's transition. I was perplexed!

Another point about reincarnation that just doesn't make sense to me is to do with *identity*. If for example I do reincarnate thousands of times, then just who the heck **am I**? **Who is the real me?** Am the old life of John the Baptist, or am I Steve Gamble, or am I the future life of barny the bunny-hopping bum-bandit? Reincarnation appeared to fly in the face of all known natural laws and the whole creative process. Also, assuming for a moment that I will eventually have all of these lives then just which family members are going to greet me at the pearly gates? If they too have had many lives, then how am I going to recognise them when they are, to all intents and purposes, a new person with a new identity, new personality and looks? How am I going to recognise my mother if she is now a male transvestite stripper of oriental origin? *This also flies in the face of all the alleged stories of people speaking with the dead souls of loved ones who just haven't changed appearance, skin colour or gender at all!* Their soul in the afterlife appears to have *remained* the complete 'memory' of whom and what they were in physical life. Reincarnation just didn't appear to fit in with how I was witnessing nature and creation work.

I began at this point to wonder if there could be an even simpler, yet more profound, explanation for reincarnation. In keeping with how all of nature works I understood that our soul/consciousness grows and matures in conjunction with our physical development. Therefore, I began to appreciate that yes, there could well be a more *accurate* explanation for reincarnation. One that would answer all the questions and doubts these beliefs and counter beliefs provoke in so many people. These were questions I was asking myself at the time of writing this material. But at this stage of my spiritual journey I did not have sufficient answers or a full enough understanding of what was really going on to try to include my suspicions in this chapter. Therefore, we will discuss reincarnation and karma in full in Book Two and discover exactly what they are, what they are not and most

importantly, who or what is responsible. And we will also discover why, yet again, humanity has been duped, lied to and controlled for thousands of years.

COLLECTIVE CONSCIOUSNESS = OUR COLLECTIVE KARMA?

Could karma be, therefore, primarily, a collective thing; a collective consciousness, the **collective consciousness** of Mother Earth? What **we humans have sown** in the past is the type of consciousness, i.e. balanced or imbalanced, healthy or unhealthy, fear-based or love-based, that exists today. **In other words, do we leave the legacy behind for our children and grandchildren to inherit?**

If what I have just put forward about karma holds some truth - that in part karma does relate to the Earth's consciousness, and it is something *we leave behind* when we depart the physical body, and something our children inherit - why are we led to believe karma is individual to each of us; a personal debt that we take with us and return to in a succeeding life? In my view, this present day [mis] conception of karma is another inversion of truth - one of many we have discovered. Are we merely being deluded, once again, by the ego/intellect consciousness, into directing our attention *away* from the horrors we are witnessing all over the world today?

Would it be fair to say if Man had not been on this planet, the Earth would not currently be facing such terrible challenges? Would the air and atmosphere be polluted? Or the rivers and oceans? Would the rainforests be depleted, the soil polluted and nutrient deficient? Would the planet be compromised by nuclear energy, and so many species of birds, animals, fish, plants and insects be facing extinction? Would fish know what to do on a Friday night? Interestingly "Express reporter Lucy Johnston had one single cell of her body fat tested for toxins. Although healthy and eating a healthy diet, she found it contained 500 synthetic chemicals, including two which are deadly and have been banned in Britain for many years. This compares to an analysis of a cell from an Egyptian mummy, which had virtually none."¹³ I think it is fair to say that without Man's interference on Earth, the Earth would not be in such a dire state; to say nothing of what we are doing to ourselves.

What I am proposing is that we are ALL responsible for the illness and disease currently on this planet - the wars and the suffering and everything else. If we could accept that we could *all* be responsible for creating the outer imbalanced consciousness, over time, would it not be reasonable to assume that it is up to us *all* to *correct* this imbalance? By balancing our own consciousness, we will automatically be helping to balance the Earth's consciousness.

Nobody deserves to suffer in today's world under the false belief and premise that it is because they are paying for something they did in a past life. Are today's present misconceptions about karma merely a very convenient way of averting our eyes from the true reasons for the problems we are creating for ourselves today?

Thanks to advances in science, we now have it confirmed that we are indeed made up of light – we are in effect beings of light, or light beings. For those people who have touched upon this quintessential part of one's inner self, they will, like me, appreciate the exhilarating experience, the immensity of feeling and being the unconditional love we are, and the connectedness we have with all things through this love and light. Words cannot adequately describe the wonderment of it all and the deeply fulfilling experience

of being at one with everything, as I'm sure you will appreciate. As a being of light, full of unconditional love, we have no comprehension of imbalance, hate, anger, fear, retribution etc. Experiencing the higher aspects of ourself outside of the constraints and shackles of the physical and intellectual body makes us realise that **we could not possibly decide to incarnate in the physical body as a murderer, a paedophile, a rapist or sexual abuser, for this is totally alien to the love and light we are.** Yet modern-day perceptions of Karma and Reincarnation would have us believe otherwise, that before we 'incarnate' *we do* decide to be a sufferer or be a murderer and so forth. Or, to put in more correctly; *a Judgement Council (The Lord's Of Karma) actually decides* what 'karma' we should have, and what illnesses and suffering we will endure due to mistakes that 'they' believe we have made in our most recent life. A judgement council that even tells us what three options of dying we will face, all of which are emotionally disturbing and accompanied by horrible deaths too! All for our future development and/or ascension of course because we spiritually-dumb humans are not worthy! **This is of course, completely incorrect and we would not find this happening on any natural level of the creative process we call 'life'. Therefore, in my opinion, these kind of beliefs are an insult to the true spiritual beings we humans are, and they are also a gross insult to the true spirit world, the living Light of Creation, that is responsible for creating and sustaining ALL living things.**

The only explanation for these physical acts of barbarity and imbalance we can witness throughout the world is that consciousness, when separated from the living light of creation while we are in this physical reality, can and does become influenced by the external diseased consciousness we have created over time in this physical and astral reality. A disease we are unfortunately born into, and just like a healthy cell can be converted into an unhealthy cell by aggressive and imbalanced cells and the cellular consciousness it is surrounded by, so too human consciousness likewise becomes the disease/imbalance through other people around them and their consciousness. And also through our external search for answers and by buying into too many illusory belief systems that have been deliberately created for us by this imbalanced ego-consciousness – i.e. the astral reality.

PAST LIFE REGRESSION

I will examine Past Life Regression from an 'over all view point' and not an individual one, as there are always exceptions to the rule.

Past life regressions are generally very emotional experiences and in the main traumatic fear-based emotional experiences for those who have them. We now know the consciousness of Mother Earth holds the memory of everything that has ever happened here on Earth - and therefore, the memory and *emotion* of every life that has ever lived on Earth - and that this information, this *emotional* memory can be shared with us through the Earth's physical and astral consciousness. In view of this fact then the question we need to address is this: If we are pure when we are born in the sense that our soul/consciousness is the perfect reflection of the living light of creation (Spirit), which the vast majority of us are – just look at the energy fields of new born babies - then just whose past life are we experiencing? Is it merely a past life from our immediate forefathers that has been seeded through the genetic make-up we inherit from our parents

and our parent's parents, and so on? Or are we being encouraged to dip our feet into the external primordial pea-soup of the ego/intellect consciousness again – the disease or memory bank of imbalanced emotional energy - like so many of the modalities in the New Age Movement and the Healing Arts encourage us to do? Do we therefore bring a 'memory' or attachment of somebody's past life into our energy fields and soul/consciousness through our beliefs, prayers and external search? Do these then all serve to open up our energy fields and/or give permission for some supernatural being or other astral entity to enter? Does past life regression enable any attaching entity or 'spirit guide' to gain a greater influence on our soul/consciousness, hence we 'remember' a so-called past life experience? Could this/these attachment/s then begin to influence our thoughts, beliefs and ultimately our actions? Just like the recipient of a donor organ takes on board the personality, character, likes and dislikes of the dead donor?

From my own personal experience in dealing with people who have undergone past-life regression therapy, what I perceive happening symbolically is an energy embryo having been implanted into the psyche of the individual. By bringing in this so-called past life emotion it appears to me that yet another emotional imbalance has been seeded into the energy field and consciousness of the individual, which will have to be dealt with at a later date. (There can also be other factors involved, including lost souls, imbalanced thought forms, microwave radiation mind control etc., and we will address this matter fully in Book Two.)

I find it disturbing that most past life experiences are based on the emotion of *fear*. When we are trying in this lifetime to bring balance and unconditional love into our consciousness, why is it so easy for people to be drawn into a modality and belief that appears to bring in yet *more* emotional, fear-based imbalances through entities passing themselves off as being something spiritual or divine?

Common sense and logic tells us that something is seriously wrong with these types of beliefs that play on our human weakness, the emotional body and the ego, and the Heart tells us so much more. **We will find out exactly *what is wrong with these beliefs, and what reincarnation and past life 'experiences' really are all about, in Book Two.***

THE HUMAN ASSEMBLAGE POINT

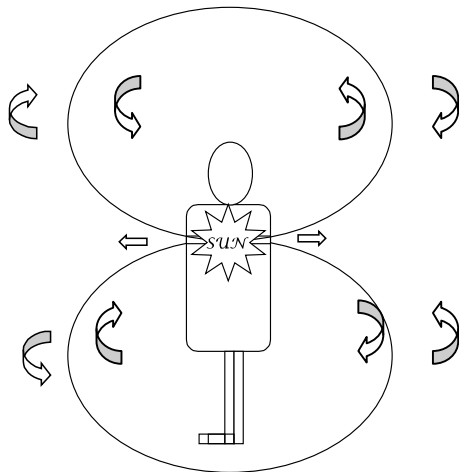
What other implications can the memory of water hold? As we have discussed in previous chapters, the Earth's consciousness has become the dumping ground for our emotional fears. Tapping into this outer consciousness by externalising our search for spirituality and truth, by giving our power away to false prophets and false masters, by using methods and modalities derived from the vibration of nine which involve invoking false gods and false angels, by using imbalanced symbols and building outrageous energy bodies such as the merkaba, will only serve to bring this external fear-driven, imbalanced consciousness into our energy fields. And, over time, this will feed us *more* emotional imbalances and create a semi-permanent connection from our energy fields to the astral reality that can ultimately block our natural flow of spiritual energy and even reverse this flow all together. This process is evidenced very clearly when we consider the issue of our Assemblage Point (A.P.) or Sacred Heart.

Not a lot of information has been written about the Assemblage Point and much of what has been written to date, infers that it is an *external connection* to our source.

This is simply not true. Our A.P., when balanced and aligned, lies in the centre of the heart chakra. It is comprised of millions and millions of filaments of light and *is an internal connection with source*, not an external one. It is our third dimensional connection with spirit. It is the fire within, the Light which animates matter, the Source of all life, and it flows from within outwardly, complementing the flow of creation.

It is the energy which allows us to exist in the physical reality and the energy which allows us to perceive the third-dimensional physical frequency in which we live. This Sun/fire/spirit energy (from the A.P.) is the energy that purifies our human consciousness (water) in third-dimensional reality. It is the only energy that can maintain balance of our soul and energy field in our physical body while our consciousness/soul has become deliberately separated from our spiritual light in this physical world, and thus left open to many external influences.

Our Spiritual energy - the inner fire, the inner sun and the light that we are - flows via the Assemblage Point (A.P.), creating a two-way flow, out of the body from the heart centre front and back, around the body and back in to the heart centre. Three dimensionally, this flow of energy creates a kind of squashed double hourglass shape around the whole body. (This pattern forms a figure of eight, the infinity symbol when represented two-dimensionally. See figure below.)



However, do not take this symbolic representation too literally. These energies need to be appreciated in their multi- dimensional form, which in some way resembles a *dandelion clock* - the seed-head of a dandelion. This is also similar to how the Earth creates its own atmosphere (energy field), which creates and sustains her life forms.

Although it is only one aspect of how our energy fields are formed, it is one of the most important. The A.P.'s source energy (spirit/light) feeds the chakras and the energy fields of the body, allowing the physical body to form within this protective layer. Nature strives to find balance - purity of consciousness - through a process science defines as implosion and explosion. Our chakras (fed by our A.P.) are twin vortices of energy which spin both ways at the same time, as well as moving in and out – implosion and explosion. They work in a similar way to Nature, by constantly trying to maintain equilibrium in our energy fields through imploding and exploding energies. Because our energy fields are

constantly resonating with this external imbalanced consciousness - more so with our external search for answers that open up our energy field, chakras etc - gradually, over time, our chakras become partially blocked and over saturated with imbalanced energies and this natural cleansing and purifying process can become impaired. The balance between implosion and explosion is therefore altered. See Chapter Five for more information.

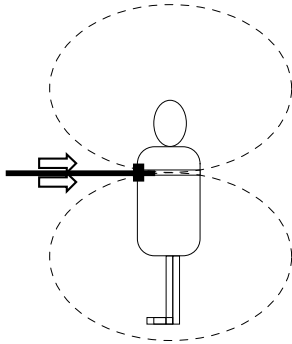
We cannot animate a car if we do not put petrol (energy) into the petrol tank. The Assemblage Point is analogous to the fuel we put into the petrol tank. The chakras are like the pistons and drive shaft, which enable us to utilise this fire/spirit fuel energy to turn the wheels, i.e. animate matter, the physical body. When everything is flowing from within us, our energy fields are working naturally; we are 'going with the flow'. However, when we keep looking externally for the answers we start to block this natural flow of energy. I see a balanced A.P. in the heart chakra looking symbolically like the figure to the left (below) with a clear centre.



For those externalising their search for answers and those who use symbols similar to those used in Reiki and Tera Mai™, which attract and connect with these external imbalanced energies, their A.P. may look like the figure on the right (above). The centre of the A.P. varies from being totally black to different shades of grey in people with external connections, to clear in unaffected people. By connecting with, and encouraging, this external consciousness to bring imbalanced energies into our own energy fields, we are blocking our natural flow of spiritual energy – the purifying aspect – from in to out, and consequently we begin to move further away from the centre of our being. In effect, we are taking on board and storing incoherent and chaotic energies/frequencies, and thus, memories, in our internal watery environment. These ‘memories’ begin to interfere with our intuition – inner tuition - and begin to mask and alter the information or ‘feeling’ we have from a deep heart level and present us with a different ‘experience’ on a conscious level. Yet we still think this is our intuition.

It is no coincidence that the Assemblage Point resembles the symbol for the Sun/Spirit/Ten - ☉ - because that is exactly what the Assemblage Point is. Our eyes too, are symbolic: resembling the ☉ - the sun/fire/spirit/A.P. connection, and have been referred to in some ancient texts and indigenous teachings as being the 'window to the Soul'. This is true, symbolically, because they are all 'eyes', which allow us to 'see' through illusion and connect with the inner truth and light we are.

The spiritual process of looking externally for answers gradually begins to plug the centre of the A.P. (see figure below), restricting its natural flow of energy and can eventually stop and even reverse this flow altogether. This then allows our consciousness to become fed, conditioned and controlled by the emotionally driven imbalance prevalent in the external ego/intellect consciousness – the astral disease. This is when the centre of the Assemblage Point starts to discolour and move out of its natural alignment in the centre of the heart chakra.



A damper on a fire acts in a similar way. If the damper is closed down and the flow of air blocked, the flames of the fire will die down and eventually go out. If the damper is opened and air allowed to flow, the flames will come to life and the fire will roar in appreciation.

It is vital to appreciate and understand the importance of our Assemblage Point and its correct alignment and balance within the heart chakra. The A.P. is our only connection with source - our inner sun, fire, spirit, the light we are - and the heart chakra is the only chakra deserving the label *solar* (sun). This brings us to another complete inversion of truth or misinterpretation existing in the New Age Movement, Spiritual Teachings and the Healing Arts. We are informed in some modern teachings and writings that the *solar* (sun) chakra relates to the area around the navel and is called the solar plexus chakra. This is simply not true. In other areas of philosophy, we are informed that the solar plexus chakra lies between the heart and the navel. This is incorrect! The heart chakra is the only chakra that should have 'Solar' attached to it, because it houses our spiritual (sun/fire) energy. Where could this misconception have originated? In some Ancient Indian and Hindu yogic traditions, the chakras were referred to as Tattwas. The navel chakra was referred to as the *fiery tattwa* or *fiery centre*. "Fire is the *nearest* (my italics) translation available for the *tejas* tattwa' - the navel chakra. "By *tejas* or 'fire' is meant the quality of energetic expansion and activity, giving rise to exertion and movement. In outward expression it can be *experienced* as calorific in nature and hot, heat being directly related to the rate of molecular or atomic movement. Thus we find that the *tejas* governs the kitchen and the larder of our body, where food is digested and stored, being made available for later use as required." ¹⁶

From this description, the navel chakra is clearly related to the physical-fire of digestion and of calorific energy - nutritional metabolism - and NOT the spiritual fire! Also, the description - fiery - to me, is more akin to the *emotional* body than the spiritual body. I do not believe the current misnomer that the 'sun' or solar centre resides in our navel area is, in any way, a result of this 'translation' or teaching. The very same teachings make it *absolutely clear* that the *heart centre* (Vayu) or Anahata, is *firmly attributed* to housing the Creative Sun Energy - vital force – Spirit or Light.

Not surprisingly, we only need to examine aspects of the Cabbala and Initiatic science to determine where this inversion of truth originates, **for it is in these beliefs and teachings where we find the *direct* association between the navel chakra and the Sun or Solar Energy.** Hence the Solar chakra is now taught in many healing modalities to be in the area of the navel.

In fact, the navel chakra is the **water** chakra and it is related to the physical, to our **emotions** (as in fiery above), and is governed by the **moon** - **not** the sun. The two principles of life are reflected and represented in our physical body because of the separation in third-dimensional reality - **fire and spirit** (the inner sun/light) resides in the heart chakra, and **water and consciousness** (our emotional centre affected by the moon), reside in the **navel** chakra.

Another important chakra which is not often referred to correctly lies between the heart (solar) and the navel (moon) chakra. The *Earth* chakra is the medium that allows fire (spirit) and water (consciousness/soul) to exist in separation and co-operation in the third-dimension and create physical life as we know it. A number of books on healing claim that the Earth chakra lies just below the feet. Is this because the feet are closest to the Earth, just like we are led to believe that because the head is closest to the heavens our most spiritual chakra resides on the top of our head (in our intellect)? Is this yet again, the 'as above so below' - 'as in Heaven so on Earth' precept, derived from the 'inverting-the-truth' mentality which prevails today? I shall examine the importance of these three chakras in more detail in Book Two.

The point I am making is, that by externalising our focus and attention, we stop feeding our inner fire and our spirit. Also, by buying into modalities which ply their respective inversions of truth in the Illusory Shopping Mall, we are allowing an *external* attachment to build up and connect with our A.P., blocking the natural passage of energy from this important energy centre. The A.P. then begins to discolour and our chakras become over saturated with external imbalanced energies. This is when an individual's energy field can start to darken and draw closer to the body as the light within becomes clouded over by the darkness (imbalance) drawn into their energy fields. We may at this stage recognise that the 'spark of life' has disappeared from behind the eyes of some people, as it appears there is little or no energy visible within the window to the Soul. Remember that the A.P. is our only connection with our inner source, with spirit, and it is, therefore, the only energy capable of purifying our consciousness/soul in our physical lifetime.

In Book Two we will look at the importance of clearing the A.P. at the rear of the heart chakra and how and why it has been blocked in humans for thousands of years, allowing thought forms and other imbalanced energies to cleave to the rear of our energy fields.

RESONATING ENERGIES

Obviously, if we keep closing the damper on our fire - our spirituality - blocking the natural flow of energy from within to without, then our consciousness - our internal water/memory - cannot be wholly purified. As a result, our consciousness will become more and more imbalanced as it increasingly takes its energy and information from the external ego/intellect consciousness. We then begin to lose our connection with the vibration of truth and effectively start to put out our 'inner fire', which ironically allows us to resonate more freely with external imbalanced emotional energies. As a consequence, we then begin to perceive these imbalanced energies as the only energies that exist and so become locked even deeper into the physical and astral illusory reality of other people's thoughts, beliefs, emotional disturbances, fears, imaginations and aspirations. When we lock into the vibration of nine, then nine is the only vibration we

will see and perceive as being the truth. And, as we understand from Chapter Two, nine can only ever be nine so we believe the physical reality as it is being played out in front of our eyes is the only reality that exists. And so the disease in consciousness, the tumour, continues to grow.

Do we, at times like the body, fail to recognise the 'disease' in consciousness which surrounds us, and therefore we start attacking the healthy 'cell' that is resonating with, and bringing us, balanced information? And so we shoot the messenger, i.e. destroy the healthy cell, simply because we have forgotten how to recognise the vibration of truth? An analogy can be found in a situation where the immune system becomes confused and starts to attack its own healthy cells (such as in Rheumatoid Arthritis) because it fails to recognise these cells belong to its host and are healthy and balanced. Years - millennia - of living with, resonating with and breathing in this imbalanced consciousness means many of us now treat the vibration of truth as being 'alien' to our spirituality. Is this why many of us react emotionally when the arrow of truth is fired towards our hearts? Simply because we fail to recognise the vibration of truth for what it is and react from our imbalanced consciousness, through fear, pride, hurt, anger, embarrassment, conditioning, by feeling threatened in some way because our thoughts and beliefs - our livelihoods and reputations perhaps - are being brought into question? Does then the process of laying the blame at somebody else's feet for our ego-driven emotional reaction merely take over, so we can protect our image and our standing in society - i.e. our ego? Therefore, are we merely absolving ourselves once again of blame?

In previous ages, could the balanced state of the ego/intellect consciousness explain why our ancestors allegedly lived for many hundreds of years (according to some scriptures and ancient texts), yet we are lucky to manage three score and ten? Is that because we have been gradually polluting the Earth's consciousness over time *with our own intellectual and fear-based consciousness*? And throughout this time have we not continued to make 'external' connections with this increasing build up of negative and imbalanced energy? Are we therefore not culpable of bringing *more* imbalance and negativity into our energy fields, and in this way continuing to weaken our defence mechanism, and our immune system? Are we guilty of perpetuating this problem with our external search for truth and spirituality, thereby unwittingly guilty of creating our present day illnesses, environmental and social problems and our reduction in life span compared to our ancient ancestors? Biophysicists have determined that we are not designed to become ill; only when our defence mechanism (consciousness) becomes weakened do we become ill¹⁴.

From a consciousness point of view, like attracts like, therefore, negativity attracts negativity, imbalance attracts imbalance - only love attracts love and, therefore, only a balanced consciousness/soul attracts balanced information and energies. Does this explain why many individuals who eventually move out of a violent relationship only seem to enter into another relationship that attracts similar forms of abuse or violence? Does the state of our consciousness merely attract like-minded energies to itself, because these are the only vibrations it can resonate and communicate with?

So do we create like for like in accordance with the state of our consciousness more so than through intellect and thought? We will examine this possibility in Book Two.

In the past, has this external imbalanced consciousness been responsible for energising catastrophic episodes on Earth? Has Nature in her own way used the

equivalent of medical chemotherapy to wipe out the Earth's diseased cells such as Man in order to holistically heal the whole organism, the Earth? Could this explain the enigma of 'lost' civilisations?

Would it be fair to propose that the modern-day Illusion which exists in areas of spirituality, religion, the New Age movement and the Healing Arts (amongst other areas) encourages us to buy into methods and modalities, that use symbols, geometry and grid references, weird gadgets and gizmos, 'saviours' and the like? All derived from Cabalistic and New Age inversions of truth as we will discover in Book Two. All of which are based on *the physical vibration* of one to nine - the imbalanced ego/intellect consciousness - which also encourage us to connect with and take on board even more external imbalanced thought form energies.

To survive physically, we eat good wholesome food, digest the goodness and then eliminate the waste matter. We would not dream of physically eating our own waste matter, would we? Yet this is exactly what we appear to be doing in our external search for spirituality. We are feeding ourselves *everybody else's waste matter on a consciousness/energy level*. Is this why we keep on making the same mistakes time and time again?

The consciousness that exists outside of us, and importantly the closest to us in vibration, is merely a distorted reflection of our inner purity. Yet we continually fail to see what is in front of our eyes. Our spiritual light and access to gnosis internally and externally has been gradually blocked by numerous veils of illusory darkness to confuse us, lead us astray, and keep us spiritually denied!

If we look into a still pond or lake, we see the water reflecting our image. The Earth's consciousness is like a pond, merely reflecting back to us the same image we are feeding it. As this external consciousness continues to be fed by the fears of Man it has become little more than a dumping ground for the collective emotional fears of humans and, therefore, the very breeding ground for man's thought forms, black magic and satanic predatory-type energies to emerge. It is difficult enough to deal with these outer imbalanced energies in our everyday living, without making their passage into our energy fields easier by using symbols, invocations and visualisations. Which for the most part are seeded and derived from the external imbalance in consciousness (the Illusion) which exists in many aspects of religion, occultism, the New Age Movement, Spiritual Teachings and the Healing Arts today. Using these methods will only serve to lock us deeper into the physical reality, when the irony of it all is we are trying to break out of it and restore health and balance to ALL consciousness – all LIFE.

THE EARTH'S ASSEMBLAGE POINT

It has been mentioned a few times in these writings that everything works in the same simple way, no matter how large or small an entity or process may be. Knowing that on an energy/consciousness level the macrocosm and the microcosm worked in exactly the same way and were merely a reflection of each other, I suspected that the Earth, being a living breathing organism, must also have her own Assemblage Point.

Figure 1.

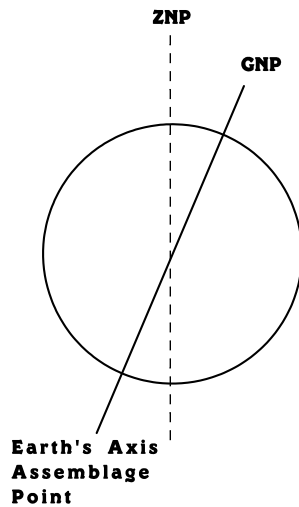


Figure 2.

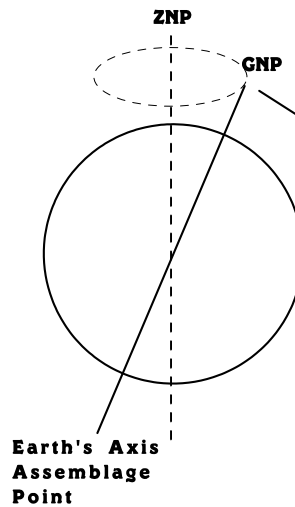
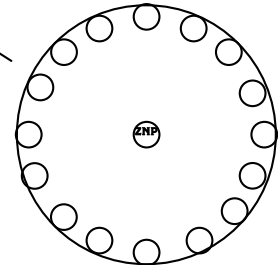


Figure 3.

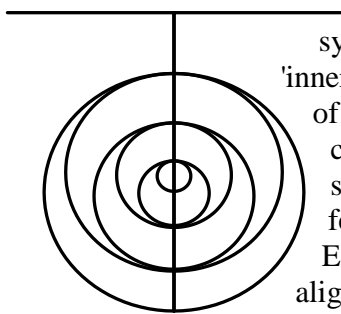


ZNP = Zodiacal North Pole and GNP = Geographic [Earth's] North Pole.

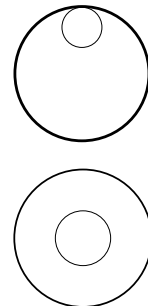
The Earth's Assemblage Point seems to run through its axis, between the North and the South Pole, (similar to our own running through the front and back of the heart chakra). Is it a coincidence that these areas are inhospitable to Man? Is this why icebergs are *pure water* (representing pure consciousness) and not salt water? Pure water that is, symbolically, the perfect reflection of the purity of the Living Light of Creation, sitting on top of sea water which is full of all the nutrients essential for all life. Ocean water that, in places like Plankton Blooms, is almost exactly the same nutritionally as the Amniotic Fluid that protects and feeds the foetus/baby, and also our extra- and intra-cellular fluid – our internal watery consciousness. Could this be why we have the occasional 'ice-age'? Could this be the Earth (Nature) attempting to purify Her own consciousness (water)?

On the Figure above, ZNP = Zodiacal North Pole and GNP = Geographic [Earth's] North Pole. Figure 1 shows that the Earth's GNP is out of alignment with the ZNP and, therefore, the rest of the Universe (by $23^\circ +$). This denotes an imbalance with universal energies. Figure 2 shows the path the Earth follows (the dotted line) during Her precessional cycle as She wobbles Her way around the ZNP over a period of 25,920 years (**nine**). The dotted ellipse in Figure 2 shows the movement of the Earth's Assemblage Point during this cycle.

Figure 3 shows a topographical view of the Earth's A.P. moving around the ZNP line. This movement is similar to the movement of the Assemblage Point in some humans, moving around the *rim* of the heart chakra. As in humans, this is a clear indication of imbalance in the energy fields or consciousness that has caused the A.P. to move out of its natural alignment. Just as in humans, the Earth's A.P. should be aligned in the centre of the heart chakra and in this case, therefore, it should be where the ZNP is depicted in Figure 3 - not running around the rim.



If we look at the Reiki double Cho Ku Rei symbol once again (to the left), we can see that each 'inner' circle is 'running' around or attached to the 'rim' of the 'outer' circle. These inner circles *are not* in the centre of the outer circle and are, therefore, symbolic of imbalance (on an energy level, which feeds the physical level). This is similar to the Earth's Assemblage Point being out of its natural alignment by running around the rim of the heart chakra as shown in figure 3. See figures to the right - top



denotes imbalance and the bottom figure denotes balance. Is it a coincidence, or is the outer (Earth's) consciousness affected by human consciousness? Which is then reflected back out and then back into human consciousness, all self-perpetuating? Our karmic debt, yet again? Can we understand why this Reiki symbol (without the aerial - see Chapter Two) is symbolic of the Outerworld being reflected within? Some of our ancestors knew that the outer imbalanced consciousness was being reflected within [Man] and this was their way of showing their understanding of what was going on. Today, we seem to have lost this older wisdom.

As with ourselves, can we see that the health of the Earth depends on how balanced Her consciousness is? The more balanced the Earth's consciousness becomes the more balanced and aligned the A.P. becomes within the Earth's heart centre and the easier it becomes for the spirit and light to maintain a balanced and purified consciousness. As said earlier, this simple process applies to our cells, to human beings, to planets and indeed, all living things, no matter how large or small an entity may be.

THE INNER JOURNEY AND BALANCE

Looking at Nature, we have tended to impose a mathematical or geometrical interpretation upon it. The intellect is fascinated with describing Nature the only way it can understand it, through intellectual perception and programming, without realising that the intellect is a much lower vibration than the vibration it is trying to understand. The vibration of **nine** can never understand the vibration of **ten**, because intellect cannot understand a vibration higher than itself. Only **ten** can understand and transcend nine. We cannot understand Nature from pure logic (intellect) alone, we can only appreciate how Nature operates, experience its immensity, yet simplicity, by understanding it through '*feeling*', and '*knowing*' through '*feeling*'. This comes from the inner journey, from looking and connecting with the light/spirit within, from balance and from working through the heart centre with the love for all living things. This is how we purify or balance consciousness, water, in this physical reality and how our cells retain or recover the 'memory' of health and eradicate the chaotic memory of disease.

Just as conventional medicine tends to make the mistake of treating the symptoms of a disease rather than the cause, are we guilty of doing the same by focusing our attention externally on the 'symptoms' instead of internally on the Source? By focusing on the Source within we can discover what methods and means are required to manifest the necessary changes we need in the external physical reality. We can only find the

answer to anything by looking at what creates the 'anything' in the first place, and to do this we need to look internally. We need to find our own ten (spirit/light) for the answers. Remember that we are not just the physical reality, we are also animated by the Living Light of Creation, the highest source of energy there is!

Why *become* the train set, when we can turn to it anytime, play with it, learn from it and enjoy its creation, thank it and walk away from it whenever we want to. *Without destroying it.* We can all learn how to recognise the false light of the illusion by being true to ourself, living life by our own truth and not giving our power away to somebody else's truth and/or beliefs. We may then understand why this illusory light is merely a physical light created by the mind/ego/ consciousness leading us further into the intellectual mind-trap and imprisoning us deeper into the physical aspect of reality - the vibration of nine – matter – clone - machine. Could this be why most of us no longer see Nature Spirits and people's energy fields? Is this the reason why we patronise our children by assuming through intellect that their 'imaginary friends' are just that - imaginary? Maybe, just maybe, in some instances they are not imaginary at all, and if that is the case we could all learn so much from our children, if only we, as the more intellectually compromised beings we are, stopped presuming we actually knew better!

Forget who or what is responsible for our amnesia. If we want to change the reflection we see in the pond (the external consciousness) then we must first change that which the water is reflecting back to us. Accepting that the external consciousness is a lower vibration of the true reality of who and what we are is enough to enable quantum changes to take place within us, altering first our own image and then the image reflected back to us. This allows us to reverse the unnatural flow of energy (from without to within), *back to within to without, just as creation flows*, enabling us to move forward with less hindrance. When we remember we are ten, that we are spirit (light), matter and water/consciousness - the 100% - we will discover our true selves and regain the 'awareness' of who and what we are, becoming more confident in our abilities and our own worth. Then we can stop giving our power away to external emotionally imbalanced influences be it physical or astral.

However, first we need to break out of this Colditz type of existence. Just like prisoners dug tunnels to try and escape their confinement, we too can start digging tunnels to our inner fire and the freedom of Oneness itself. We can unplug the external connection we have collectively brought into our A.P., allowing our inner fire to roar and flow and feed us and purify us *naturally*. By burrowing deeper within, tunnels of light will be formed which will eventually allow this light to break through into the Earth's consciousness, permeating the darkness and the veil of imbalance with which we've surrounded ourselves.

The physical world and its present state of consciousness is nothing more than a shameful imprisonment of our spirituality. We are burdened with shackles and tortures of our own making and are now suffering the consequences. However, we still have choice. We always have had and always will have; all we need to do is exercise it appropriately. Just as prisoners in Colditz worked as a team, we too can work as a team by digging tunnels within our own psyche and allowing the light of freedom to surge through and illuminate the way for others to follow. We can do this by focusing on the 99.999% of who and what we are and by remembering we are ten, spirit, the Light which created every living thing in the first place. We can also do this by looking within and exploring

this wonderful and magical space, the *who* and *what we are*, not the reflection. Go *with* the flow. It is always easier [and healthier] to swim with the tide of creation than oppose it. Remember, we are our own Spiritual Teacher if we can only access that aspect of ourselves.

This does not mean we should turn our backs on everything that is physical. The physical body is the vehicle of the Soul and the Spirit and is equally important during our life here on earth. They are interconnected, and feed and sustain each other - no part can, nor should, be neglected. This is the dilemma facing us all at all times - how to achieve balance and equilibrium by nourishing both spirit and physical body. How can we feed each aspect what it needs and ensure neither is neglected? If we feed our physical too much we become materialistic, intellectual and egotistical; our head in the sand. If we overfeed our spirit we have a tendency to live with our head in the clouds and lose touch with the present reality of the physical world. As we know, we cannot function on this earth without both aspects, nor can we function at our optimum potential without first attaining the balance between spirit and consciousness - fire and water.

Everything should be a question of attaining balance. Nature works through seeking balance. Remember playing on seesaws as children? If we sat on one end we remained there, feet firmly on the ground, unless we had somebody at the other end to help us achieve a balance, in which case we could go up and down and have fun to our heart's content. To attain balance on our own we would need to find the *centre* of the seesaw. Similarly, when playing on the roundabouts as kids we used to play a game spinning them as fast as we could to see who could stay on the roundabout the longest. The nearer to the edge of the roundabout we stood the easier we were flung off. The nearer the centre the less we were affected. If we sat in the very *centre*, our balance was not affected by the spin (chaos) at all. This is analogous to **The Eye of the Storm and the spiritual centre of the rainbow.**

Fire (spirit), water (consciousness/soul) and matter (the elements) are the means for all physical existence. Used incorrectly, too much fire will destroy us while too much water will flood and drown us. Too much water on fire will put out the fire and too much fire will evaporate the water. With the right balance, however, the right amount of water can control the fire and the right amount of fire can warm and purify the water, which can be used in a beneficial way. A flower will prosper and grow in sunlight, but it will eventually dry up, wither and die if it is not watered regularly, because it requires balance between spirit and consciousness - fire and water.

Every aspect involved in reaching a peaceful and loving coexistence throughout the world is about working through our heart centre and *achieving* balance. Balance is required in every area of our lives, and most especially between physical life and spirituality. We need balance (unconditional love) and the knowledge and wisdom of how to resonate with this balance - how to feel it, experience it, retain the experience and energy of it and so *become it* - in order we can radiate this and other wonderful energies through our everyday actions into our environment. When we find the ten/spirit within we can begin to find this balance and begin to resonate with the vibration of unconditional love so we can purify and maintain purity of consciousness, **first within** us and *then outside* of us. And we can achieve this through respecting and understanding the properties of water.

HIGHER DIMENSIONAL REALITIES AND THE INNER JOURNEY

However, the illusion has its fingers in all walks of life and we need to be aware of this. In many so-called 'Spiritual' beliefs we are promised a myriad of weird and wonderful things, such as help and/or tools to 'assist' us with our *ascension* and to help us to become one of the 'few' who will move into the *fourth dimension with Mother Earth*.

Well, sorry to be a party-pooper, but the Earth and We are already in the fourth dimension. If we were not, we would not be here. Like a single droplet of water sends its ripples to the far extremity of the pond, creation too, works from within to without, expanding outwards ever further away from its source, its origin. The physical reality is the end result of creation, the extremity of the pond so to speak. *Therefore, the Earth must exist in ALL dimensions at the same time* to have reached and be able to exist in the third dimension. Just as we are connected to, attuned with and aligned to everything that IS, *we too exist in all dimensions* from our source to this third dimension; otherwise the Earth and We would not be here.

A dimension (simply speaking) is just another frequency or vibration of light, the higher the dimension, the higher the frequency if you like. Physically we do not see these frequencies, just like we do not see radio waves. *All dimensions* co-exist at the same time and *both the Earth and humans exist in all dimensions at the same time*. We have just forgotten, that's all, because our consciousness or awareness of who we truly are has become trapped in the limiting aspects of our intellectual perception of reality. Therefore, how can we move into something and ascend into something in which we already exist? Unless we enjoy paying money to become 'attuned' to some 'energy label' when we are already attuned and aligned to the highest energy there is.

However, since most of us are locked into the frequency of the third dimension, the physical reality *is all we see*. There are some people though who can see higher and astral frequencies and higher dimensions of reality, young children in particular. In a similar way to tuning a radio to different stations; we can also tune into different stations or frequencies of creation, natural and ego-created. However, the ego-created reality is always easier to tune into. It is the false light of the illusion and easier to 'see', 'sense' and 'feel', especially in meditation. Therefore we must always be aware of this if we are to avoid being deceived by it. On a positive side though, this is what can happen during meditation. Symbolically, we can connect with purer aspects of ourselves, which exist at different frequencies in other 'dimensions' if you like, **all within our own body**. This is how we teach ourselves through inner tuition (intuition) - by consciously connecting with ourselves in these higher dimensions or frequencies of light. In other words, we become more consciously aware of these 'higher' - purer - aspects of ourselves. This is how we teach ourselves how the universe and nature works and what we need to know from time to time to help to bring this disease in consciousness we have created back into balance and health. This is how we learn about the real spiritual path and how to recognise and see through this illusory life, how to develop understanding and awareness that is beyond the restrictive capabilities of the intellect that the ego would otherwise deny us.

This is how we access greater knowledge and the wisdom to use it. *We learn from our higher inner dimensional selves*, in the moment of now, because we exist in **all** dimensions in this moment of now. It is only in the physical world of separation that we

can become more 'aware' of the disease we have created, or lose this awareness of our true higher selves. From these higher dimensions of reality (just higher and purer and more balanced frequencies of light really) that exist within each and every one of us we can either begin to remember more about who and what we are and about the 'meaning of life', *or we can become more blinded by the illusion and develop more into a diseased ego-consciousness*. Could this be another part of karma: Being born into this diseased consciousness we have created in the physical reality? Does this mean we quite literally become the disease first as we are taught to become intellectual rather than spiritual from a very early age? So *remembering* who and what we truly are after we are born is hard, yet it is very important. No wonder some ancient writings referred to the physical body as a 'prison'.

At this point it is interesting to examine the ancient gods of Egypt in a different light. The Ennead, a group of nine Egyptian deities (see Chapter Two): Atum, Shu, Tefnut, Geb, Nut, Osiris, Isis, Seth and Nephthys, form the background to the 'Council of Nine', an alleged spiritual hierarchy, the original nine Egyptian Gods who are allegedly returning to help save mankind, as 'channelled' in the book *The Only Planet Of Choice* (see Chapter Two).¹⁵ It is well documented that Shamanic practices were commonplace amongst the early Egyptian priesthood. Were the Egyptian Gods of the Ennead merely an account, or a collective account, of shamanic out-of-body experiences? Or were they more likely accounts of the priests' 'inner journey' through forms of meditation *and/or* the use of hallucinogenic herbs (part of the shamanic tradition)?

For those who meditate at this deep inner level, you will know that the description of these ancient gods is similar in many ways to the abundance of 'beings' one comes across and experiences during the inner journey. [It is important to note here that when we first begin our inner journey the first 'beings' and 'realities' we will meet will be astral, who have the deliberate intention of fooling us with gifts, tales and lies and thus leading us deeper into their astral world. This is due to the amount of external (astral) imbalances we have taken on board on a conscious and subconscious level through our lifetime because of our beliefs and the healing modalities and other practices we have engaged in. We'll look into these phenomena in more detail in Book Two]

Let us hypothesise for a moment. If the Earth were to undergo another cataclysmic event that wiped out most of mankind to the extent we had to start all over again, what would archaeologists and anthropologists of the future make of our present-day meditation diaries? How would they interpret the information? Would they be convinced that some strange beings had lived many years ago, roaming the Earth? And would they automatically think that because these beings were 'different' then they must have been Gods? Or even extra-terrestrial Gods? Despite the fact that accounts of our inner journey and our meditations were more likely to have been symbolic representations of our inner reality. Experiences with different aspects of our selves operating in higher dimensions of reality, yet purely symbolic representations of our 'inner communication' and the 'knowledge' and 'wisdom' gleaned through this particular method of learning? Learning more about our self and what created everything in the first place, through meditation, our way of inner tuition - intuition?

Is this the spring-point of the 'ancient gods' of the Ennead? Have we taken a shamanic and symbolic representation of somebody's inner journey too literally? And assumed, or been led to assume, that these symbolic representations of what may well be higher

aspects of *our own* reality, must be, therefore, 'physical gods' who actually existed in this third-dimensional plane all those years ago? After all, we know many of our ancient cultures deified their Kings and Queens, Emperors and Pharaohs, so we know that many of the ancient gods were merely our blood ancestors, of human origin and not extra-terrestrial 'gods' at all. At least perhaps, with the exception of the 'Ennead Gods', who may well have been a symbolic representation of the 'inner journey' and therefore something far more profound than we have been allowed to realise or appreciate today?

Just as our Autonomic Nervous System (ANS) works away in the background without us having any conscious awareness of what it is doing, so too do we carry out work in other dimensions of reality without any conscious awareness of what we are doing. We do not need false promises and tools derived from the 'inversion of truth' mentality, and the imbalanced ego consciousness residing in many New Age philosophies and healing modalities, to help us move into something the Earth and we already exist in!

There are many people and modalities out there that promise weird and wonderful things. Whilst there remain enough of us willing to feed their egos, they will continue to exist and so will the ego/intellect consciousness which feeds and now almost controls us. It is the same game, controlled by the same people, wearing a different hat, that's all. And they own every conceivable hat you could imagine. *The only hat they cannot own is our own.* As long as we buy our hat from our inner Shopping Mall, we can, and should, wear it with pride.

Symbolically we can look at life as a huge library of information and ourselves as individual books. We all have access to this library and as such, we can take out any book at any time, read it, assimilate information which is relevant to us at the time and *put the book back*. This way, we research our own truth and live by our own truth, expanding the pages and information of our own book as we go. *All without becoming restricted by the bindings of any single book, in a library full of infinite knowledge and wisdom.*

There is nothing wrong with reading books and articles and doing seminars and workshops, but instead of deciding what may be good for us or not, by how it sounds and appears to us through our intellect - because almost everything will 'sound' good or read well; it has to, to attract us in the first place - we should *feel* whether the 'information' is right for us or not. We should use our intuition and *feel* through our *inner knowing*, through our heart, what *is* right for us and discard that which is not. Ask our higher self, our innermost being - the living light we are and the living light that animates all things - to guide us in all that we do and with all that we read, and align us to the vibration of truth and unconditional love. Ask our inner self, our higher dimensional self, to help us to consciously recognise what is the truth more easily. This process will allow us to become more discerning and consciously break our bonds with the astral ego-consciousness, allowing our spiritual energy to flow more naturally, and our intuition to develop further. We can then gradually start to live our life by our own truth and not by, and in, the energy, thoughts and beliefs of others.

I have had communications with many people who simply quote to me other people's beliefs or ideas. When I ask them what is *their* personal experience and therefore their own personal truth on the subject matter, they generally always come back with more of what their Guru has taught them, or what they have read in a book somewhere, or what the scriptures say or what they have been conditioned to believe in through their religious or spiritual inclinations. They can never answer me from their own experiences, simply

because they have none. They are living their lives in the thoughts and by the beliefs of others and as such are allowing their lives to be controlled and manipulated. This happens far too often, people glibly quoting another person as if it is their own truth, simply to sound or appear to be knowledgeable when they have not even experienced anything, or researched anything, on the subject matter for themselves.

Too many people today allow themselves to live their lives by other people's rules and conditions instead of letting go of the crutches of the ego consciousness and experiencing reality for what it is, drawing and coming to their own conclusions and realisations as a result. This is exactly how mind control works to stop us from experiencing reality for ourselves, thus keeping us in a cage of illusory concepts and tying the veil of darkness firmly over our eyes. We will examine this subject in more detail in the next chapter.

Sadly, most of the information and modalities existing in religion, spiritual teachings, the New Age Movement and the Healing Arts are founded on Cabbalistic inversions of truth and the vibration of nine, which are seeded from the imbalanced 'external consciousness' we have created. It is, therefore, in these times that we should become more *discerning* about what we are led to believe is the truth. We should become more true to ourselves by throwing away the crutches with which the ego/intellect consciousness conveniently provides us and begin to walk once again on our *own* two spiritual feet. We may fall over a few times at first, but we will soon learn to walk and live in freedom if we first begin to lose the fear which stops us.

All we need to remember is that nobody is more powerful, better or more important than anybody else. We are all equal. We ALL have the same spiritual abilities. We are all born with the same spiritual potential. The physical differences and deformities we see in the world today are nothing to do with karma. Are they more likely to be the by-products of the collective ego/intellect consciousness and those human puppets it controls through ego, greed and the desire for power: wars, toxic medicines, GM Food, pesticides, other toxic and harmful chemicals and so forth? Many of these so-called 'karmic' issues could be no more than the consequence of our interference in nature through the conceited belief that Man is better and more important, better than what IS. Is this *why* 'past life' karma was introduced, to stop us realising this very simple truth? **Spirit just IS in every one of us.** The only difference between human beings is *awareness*; that is, *our self-awareness* of the abilities we all have. When we realise we all have the same spiritual potential we will stop giving our power away and realise we are not weak or unworthy in any shape or form at all. When we realise the immensity of self, of spirit, of balanced consciousness, we will discover the inner fire and the light within (ten) and realise *we are beings of light*. Light beings. We will discover we have been *surrounded* by darkness and an imaginary and illusory reality that prevents us from seeing our light or the light of others, and from perceiving the truth of who and what we truly are. **When we do this we will change our image and therefore, the reflection – information and energy - sent back to us.** Our spirit will begin to roar once more and maybe, just maybe, the meek *will* inherit the wonders and beauty of the Earth. We will look at how each and every one of us can achieve this in Book Three.

An old Hindu legend tells of the time when all men were gods, but they so abused their 'divinity' that Brahma, Master of the Gods, decided to remove their divine power and hide it in a place where they couldn't find it. The gods were called together to solve

the problem of where to hide man's divinity. "Let us bury man's divinity in the Earth" was one suggestion, but Brahma replied, "No, that will not do, because man will dig up the Earth and find it." The gods then said, "In that case, let us throw man's divinity into the deepest ocean." Brahma replied, "No, because sooner or later man will explore the depths of all the oceans and find it." The gods then concluded, "We do not know where to hide it. There appears to be no place on earth that man will someday not reach." Brahma said after much thought, "Then this is what we shall do with man's divinity. We will hide it in the deepest part of man himself, because that is the only place where he will never think to look."

Ever since then, man has circled the earth, has explored, climbed, dug, dived and flown to far away places in search of something that *can only be found within himself*.

We are all able to experience our own divinity by looking within ourselves. And what should we make of this inner journey? The beauty of this inner journey is we do not have to purchase any tickets for it - it costs us nothing but a small amount of our time. We can start when we want, stop when we want and recommence anytime we wish to. Within each and every one of us lies the truth and an immense and wonderful world of beauty and peace waiting to be explored. All the knowledge, wisdom and secrets of the Universe, our true selves and the reason we are here, is within each and every one of us, just waiting to be accessed, if we so desire. It is our right. We are all one and the same, yet we are individual too, just like each piece of a jigsaw. We may only see ourselves as single threads in this immense tapestry we call life, but we are the *whole* tapestry too! We just need to remember.

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